



ZEMI THAI HOUSE





In structure and intent, Zemi Thai House Spa is, quite simply, unique to the Caribbean. Adjoining an authentic 300-year-old Thai House, it sits in complete harmony with its tropical surroundings, awakening mind, body and spirit to the cherished wellness traditions of the island's ancient Taíno people.

Among its unique features, Zemi Thai House Spa has the island's only hammam, as well as a bohique mud deck, rain showers, a therapeutic vitality pool, and an outdoor yoga deck.





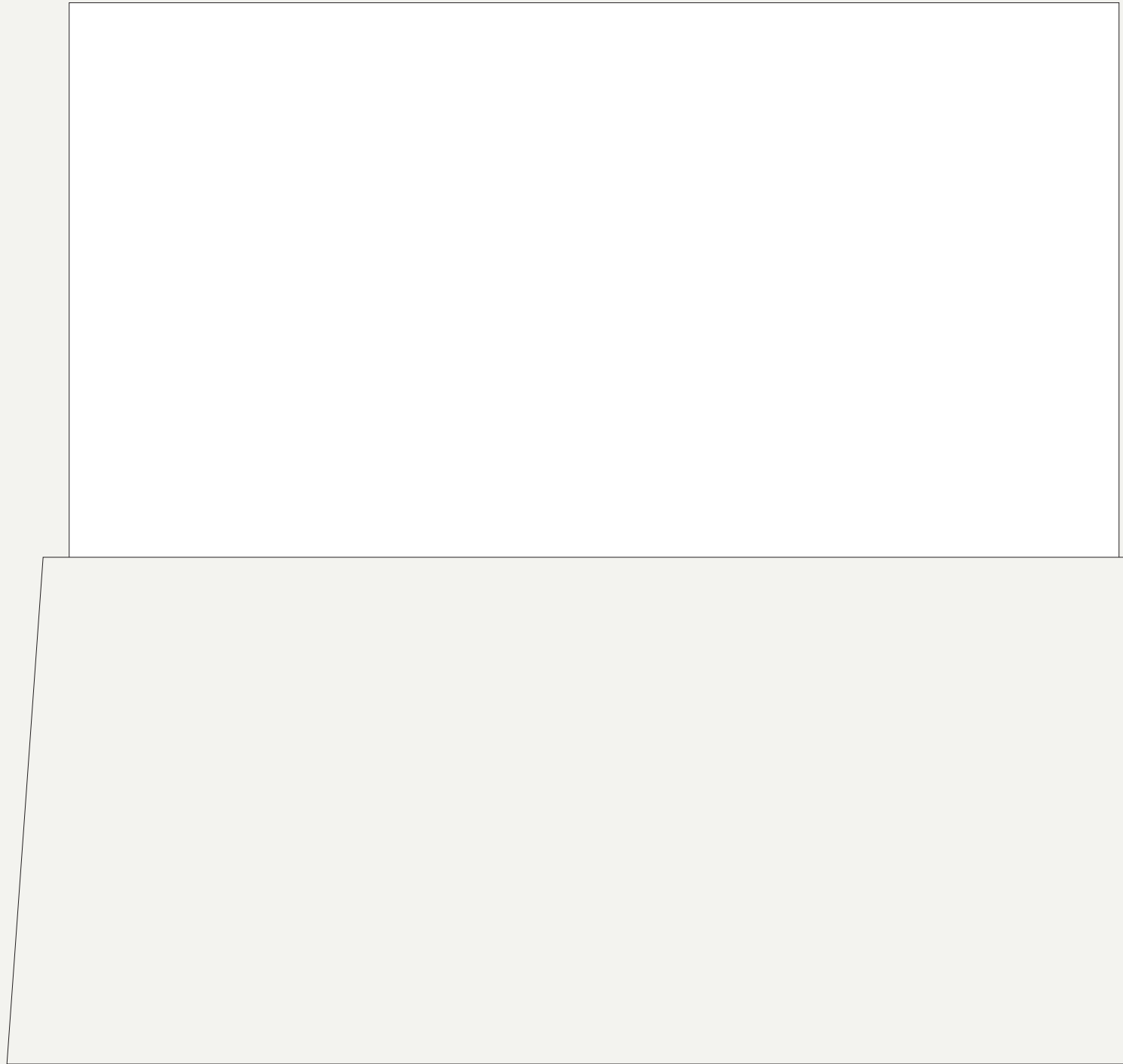
Based on the wellness rituals of the Taíno, the island's indigenous people, The Taíno social rituals included layering the body with herbs, fruits, muds and salts. Once the body was painted with the various ointments, they would lay in the sun to dry before bathing again. These methods hydrate the skin, boost the immune system, and offer an overall sense of well-being and relaxation.

A woman in a white spa uniform with blue trim is walking on a wooden deck, carrying a wicker basket filled with rolled-up white towels and a small pink flower. She is looking towards the right. The deck is part of a traditional Thai house with a dark wooden frame and a tiled roof. The house has a large open doorway showing a bedroom with a bed covered in white linens. The scene is set in a tropical environment with lush greenery and palm trees in the background. The lighting is warm, suggesting sunset or sunrise.

Transported from Chiang Mai in pieces and reassembled in Anguilla, our exquisite Thai House anchors our serene and luxurious spa sanctuary. Five spa suites with en-suite showers ensure privacy and solitude. A unique architectural element within our island setting, its Southeast Asia provenance conveys our embrace of the world's most prized wellness traditions.



Inspired by the ancient healing traditions of the Taíno people who lived in Anguilla, the spa centers on their belief that all of nature's elements had the ability to heal mind, body and spirit. At the Zemi Spa we layer these elements to create a highly unique treatment experience. Experienced therapists will guide you to blissful balance. The result is an authentic spa experience that is highly unique.





ZEMI BEACH HOUSE
RESORT | SPA & RESIDENCES

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