



ZEMI THAI HOUSE

SPA SERVICES



## *“SAWATDI KA”*

Thai House Spa Services at Zemi Beach House welcomes you to step into a world of complete comfort, relaxation and rejuvenation.

Our skilled therapist practitioners have been trained to the highest of international standards and they are ready to treat you to a decadent experience you will never forget.

**Our mission is to provide you with bespoke treatments designed to illuminate your beauty, hydrate your skin and restore your health.**

We offer an extensive and customizable menu of spa services for both men and women. Our professional staff will work hard to ensure that you have an unparalleled experience that will melt your stress and replenish your mind, body and soul.

With the atmosphere of Asian mountains accompanied by an instrumental of water dripping from the *Vitality Pool*, we invite you to wander into the white elephant region of Thailand.

Whether you book a massage, a body scrub or a facial, the Thai House Spa Services offer you blissful relaxation in a truly unique setting.

Relaxation begins with 10 minutes inside the Moroccan bath popularly known as *Hammam Maghrebi* for your tired nerves and muscles enhancing the blood circulation of the body before your treatment start. Pamper yourself with all of our Spa facilities and enjoy the relaxation during your stay.

## SIGNATURE MASSAGE

CUSTOMIZED WELL-BEING MASSAGE    *50/80 minutes*    *\$170/\$245*

Combining stimulating Grapefruit, Nutmeg and Rosemary with deep tissue massage therapy, this concentrated treatment will unravel tension in sore and tight muscles, relieve deep stress and tension and enhance the body's circulation. This treatment is highly recommended for anyone suffering from chronic stress, pain or tension.

FIVE ELEMENT HOLISTIC MASSAGE    *50/80 minutes*    *\$170/\$245*

A fully personalized treatment based on each guest's needs and desired results. It uses a combination of flowing, soothing, rhythmical and soft to medium pressure movements on the specified areas of concern to relieve muscle tension and to bring about a balanced, calm and stress-free state of being.

THAI HOUSE ORIENTAL MASSAGE    50/80 minutes    \$160/\$240

A stress relieving treatment combining a full body massage with acupressure and stretching techniques.

RELAXED FEET MASSAGE    30/60 minutes    \$80/\$150

Restore the body's balance and release aches and pressure in the feet with this signature treatment using a detoxifying oil massage with unique techniques on the meridian lines of the legs and zones of the feet.

BALINESE MASSAGE    50/80 minutes    \$160/\$240

Combination of gentle stretches, acupressure, skin rolling, flicking, gentle stroking (Asian traditional medicine technique) and the aromatherapy essence stimulate the flow of blood, oxygen and bring a sense of well-being, calm and deep relaxation.

INDIAN HEAD & SHOULDER MASSAGE    50/80 minutes    \$160/\$240

Tracing back to the ancient ways of the Ayurvedic Indians, the gentle and stimulating techniques, focusing on your upper back, neck and shoulders improves blood flow, nourishes the scalp and induces a deep sense of calm. The therapist also manipulates facial pressure points to relieve sinus pressure, increase alertness and stimulate circulation.

BEAUTY BEYOND

BIO REJUVENATING AGE SUPPORT FACIAL 90 minutes \$285

This transformational facial addresses the key underlying causes of physiological aging. By improving detoxification, enhanced cellular drainage, micro-circulation, skin nutrition and hydration, the skin's tone, elasticity, radiance and moisture levels are radically improved. This reviving and rejuvenating treatment begins with a deep cleanse and AHA exfoliation followed by acupressure to repair and revitalize the skin. This facial delivers both immediate and long lasting results.

MEN'S BALANCING FACIAL 60 minutes \$160

Our gentleman's facial combine's vitamins and marine extracts to create a healthy complexion. This treatment includes a deep pore cleansing, resurfacing of dead skin, soothing masque, and a relaxing acupressure inspired head, neck and shoulder massage to alleviate skin sensitivity, dullness and daily tension found in your day to day lives.

CUSTOMIZED FACIAL 60/90 minutes \$160/\$230

This transformative facial combines healing botanicals, vitamins and marine extracts to feed the skin and restore equilibrium while creating a more vibrant and healthy complexion. Totally bespoke, we customize the facial to address your skin's specific requirements. Incorporating deep cleansing, exfoliation, detoxification and nourishment, this treatment replenishes the skin to give immediate and long lasting results.

## BODY TREATMENTS

PAPAYA & ARGAN OIL BODY POLISH    *60 minutes*    \$155

Shed dry and flaky skin with our tropical cocktail of botanicals and skin softening essential fatty acid rich bio-oils. Leaves your skin smooth, hydrated, fresh and renewed.

CUCUMBER & ALOE WRAP    *60 minutes*    \$155

To cool and soothe sun drenched skin we will slather you in a cooling Aloe and Cucumber wrap before applying refreshing cool stones to further activate the masque. The finale of a Watermelon body tonic will leave your skin feeling cool, calm and refreshed.

SEASONAL DETOXIFYING BODY SCRUB & WRAP    *90 minutes*    \$170

This is a softening and soothing treatment that includes exfoliation and a masque of seaweed extract. Enzymes of seaweed - a great detoxifier - moisturize and tone the skin, promote regeneration, improve the color, make skin tone better and even promote weight loss.

BODY SCRUB OF YOUR CHOICE    *60 minutes*    \$165

#### NOURISHING

This velvety body scrub is suitable for normal to dry skin types. Aromatically-scented body care with macadamia nut oil will smooth your skin, while the fine structure of the bamboo-granules of this nourishing creamy scrub will exfoliate the skin very gently as it moisturizes with precious macadamia nut and papaya extract.

#### SMOOTHING

This homemade Botanicals Honey contains Organic Sugar and Raw Honey, elements known for soothing and antibacterial properties that break down and remove dead skin cells and unblock pores.

#### RADIANCE

The composition of vitamin C on the citrus creamy scrub will help destroy free radicals in your body while providing a radiant glow to your skin and rejuvenating it from the inside. The exfoliating granules help to slough off dead skin, and the rubbing action itself boosts circulation and helps drain your lymph nodes by increasing blood flow to the skin's surface. Very suitable for sensitive skin types.

## WELLNESS PACKAGE

*Please use Hammam before your treatment start.*

RELAXATION BLISS OF THE BLUE OCEAN    *120 minutes*    \$280

Our therapist will bring you to the journey of the blue ocean bliss starting with a cleansing ritual on your feet, followed by relaxing massage. Just let go and immerse in the wonderful feeling of relaxation that this package will give you - a complete rejuvenation experience ending with a custom facial.

A JOURNEY TO AN ANCIENT BALINESE HEALING    *150 minutes*    \$320

The wonderful aroma of mixed spices takes you to the paradise of Bali. Hand-crushed local ingredients such as cloves, ginger, cinnamon, coriander seeds, rice, turmeric root and nutmeg will energize and warm up your body. The sensation of deep penetrating heat melts away your tension, increases blood circulation, relieves aching joints, sore muscles and headaches. While cocooned in the wrap enjoy a heavenly scalp massage, followed by a warm shower and relaxing Balinese massage with your choice of water or wood aromatherapy oil. Perfect for sports enthusiasts and after workouts.

PARADISE ON THE ISLAND    *180 minutes*    \$385

Begins with your choice of exfoliating body scrubs, followed by a body polish using fresh ingredients to condition your skin. A short visit to our Hammam room prior to your treatment will give your complexion a healthy glow by flushing out toxins held just below the surface of your skin. Let stress and tension melt away with a flowing massage, using our own special blend of aromatherapy massage oils. Finally, a relaxing facial to cleanse, exfoliate and leave your skin clean, balanced and hydrated ending with scalp massage.

# SPA ETIQUETTE

## SPA & FITNESS OPENING HOURS

Spa 9:00am-7:00pm

Fitness Center is open 24 hours

## SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our Spa reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. Treatments can be enjoyed as a retreat for yourself or booked as a duet experience in our couple's suite. All spa treatments and packages will need to be guaranteed with a credit card.

## ARRIVAL TIME

We recommend you arrive up to 1 hour in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time. The spa will provide luxurious towels, robes and slippers and any amenities required for use during your spa visit.

## SPA FACILITIES AND ACCESS

The spa facilities are available free if you only have a booking treatment 50 minutes or longer (Valued at \$ 85 per person).

## AGE REQUIREMENT

Children between 10 and 16 years can only use the facilities under the supervision of an adult / parent. Children under 16 years may not use the hammam facilities.

## CANCELLATION POLICY

We value your business and appreciate your cooperation with our cancellation guidelines. If you must cancel or reschedule your spa reservations, please notify us at least 12 hours prior to your scheduled appointment time to avoid a cancellation or reschedule charge. Cancellations made less than 12-hour notice will be charged 50% and rescheduling made less than 12-hour notice will be charged at 50% of treatment value and no-shows full value of the service.

## DURING YOUR STAY

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity.

In light of this, please turn off your mobile phones or electronic devices, and place in your assigned lockers.

Smoking is not permitted in the Spa and Fitness Facilities.

It is not permitted to run, jump, dive or use floating devices in the Aty Vitality pool. When using the Thai House Spa facilities, customers will be required to wear:

- Men - bathing shorts
- Ladies - bikini or bathing suit

In the area of treatment it is mandatory to wear a bathrobe and slippers.

Food or drinking is not permitted inside the Hammam room.

## HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation or on your consultation form when you register at the Spa reception desk. All information provided by the customer regarding their physical condition is entirely confidential and will be treated with the utmost discretion.

## PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our knowledgeable spa team to guide you in selecting which treatments are most suitable during this special time.

## PRICES

All prices are quoted in American Dollars. All treatments are excluding the 10% service charge and 2% environmental fee. Gratuities for exemplary service is at the discretion of the guest.





**ZEMI BEACH HOUSE**  
HOTEL & SPA | RESIDENCES

Please contact 264.584.8957 or 264.584.0001 ext. 7086/7087  
to reserve your appointment. Or email: [thaihousespa@zemibeach.com](mailto:thaihousespa@zemibeach.com)