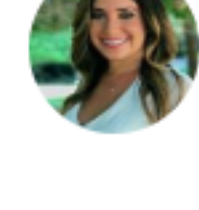


Why This Obscure Caribbean Island is Your Next Dream Vacation



Jill Schildhouse

Dreaming about spending your holiday on a small, private island? At only 16 miles long and three miles wide, Anguilla certainly qualifies as small—but instead of twiddling your thumbs in solitude, you'll be astounded by the diversity of activities, resorts, cuisine, and amenities this little island offers.

Beachfront boutique hotels



COURTESY ZEMI BEACH HOUSE

For a more romantic vibe, book an ocean-view room at [Zemi Beach House Hotel & Spa](#). Located on six acres of the island's serene Shoal Bay East beach, guests enjoy contemporary luxury mixed with island touches. Soak in the sun at the adults-only pool—one of the [10 most beautiful infinity pools around the world](#)—play a round of volleyball on the beach or tennis on the artificial turf courts, give your core a workout with standup paddle boarding, take a kayak out for an adventure before ending the day with a private candlelit dinner on the beach. Sunset happy hours come complete with specialty cocktails, appetizers, and live music. Don't miss breakfast with your toes in the sand at the casual 20 Knots restaurant or a weekend dinner at Stone, the resort's fine-dining restaurant that fuses Caribbean and Asian flavors.

Luxurious spas



COURTESY ZEMI BEACH HOUSE

To many, the fastest way to decompress from the real world is a day of pampering at the spa. For an unexpected treat, visit the Thai House Spa at Zemi Beach House Resort and Spa—this 300-year-old Thai house was flown in straight from Thailand and features the island's only hammam (Turkish bath). Cucumber and aloe wraps soothe your skin after a day at the beach, a five-element holistic massage relieves muscle tension from a long flight, and a radiance body scrub will slough off dead skin to reveal the tropical glow you deserve while relaxing in paradise. Don't miss the yoga classes, juice bar, and the relaxation deck furnished with bird-cage hanging chairs and loungers perfect for reading a book or dozing off in between treatments. Now that you're in a zen-like mood, check out [11 of the most luxurious spas in the world](#).

Rum tasting



COURTESY ANGUILLA TOURISM BOARD

As with all Caribbean islands, rum is the spirit of choice on Anguilla—you'll find it in punches, cocktails; and even desserts. If you're new to rum or haven't yet found your favorite brand, stop by the chic Rhum Room at Zemi Beach House for a few pointers. Just say the word and the staff Rhummelier will help guide you to palate-pleasing options from their collection of over 100 varieties from around the world, including a selection of small-batch, single-estate rums. Fun fact you can impress your Rhummelier with: [Captain Morgan was actually a real person—and he didn't make rum](#).