



20·KNOTS
CASUAL DINING

DINNER MENU

SMALL PLATES

TUNA CEVICHE.....	18
gazpacho, mango, jalapeño, red onion, cassava bread	
OCTOPUS CARPACCIO.....	15
confit potatoes, arugula, sherry dressing	
CORNMEAL FRIED CALAMARI.....	15
eggplant achar, lime aioli, pico de gallo	
SPINACH HUMMUS.....	11
garlic naan, kalamata olives	
SPANISH GAZPACHO.....	14
vegetables, chives, toasted bread	

SALADS

CAESAR SALAD.....	12
romaine lettuce, croutons, parmesan, bacon	
add chicken.....	16
add prawn.....	19
QUINOA.....	26
marinated salmon, avocado, arugula, cilantro sour cream	
MANGO AND ZUCCHINI.....	15
local lettuce, rum glazed pineapple, coconut dressing, cashew crumble	
ORZO PASTA CURRY SALAD.....	14
sundried tomato, apple, apple dressing	

FROM OUR BRICK OVEN

MARGARITA.....	16
basil, mozzarella, san marzano tomatoes, extra virgin olive oil	
PROSCIUTTO.....	21
prosciutto, mozzarella, arugula, extra virgin olive oil, san marzano tomatoes	
MUSHROOM.....	22
portobello mushroom, goat cheese, red onion, pesto, san marzano tomatoes	
BECHAMEL.....	21
pears, sundried tomato, brie, prosciutto	
SHOAL BAY CROWN.....	25
shrimp, lobster, mussells, calamari, mozzarella, garlic sauce	
VEGETABLE LASAGNE.....	19
pomodoro and basil sauce	

MAINS

GRILLED ZEMI TACOS	
caribbean coleslaw, chili sauce, sour cream	
your choice of protein:	
local mahi, pineapple sauce.....	22
spicy prawn.....	23
grilled chicken, guacamole, lime yogurt.....	18
grilled steak, jalapenos, tomatillo sauce.....	23
LOBSTER SALAD SANDWICH.....	26
romaine lettuce, mayonnaise, parsley	
SHOAL BAY BURGER.....	21
angus beef, brioche bun, romaine lettuce, grilled tomato, pickled shallots, moroccan aioli choice of cheese: swiss, cheddar, blue cheese, add on: bacon, avocado, fried egg	
RED SNAPPER.....	33
vegetables julienne, mussels, lemon white wine sauce	
SURF AND TURF.....	44
angus strip loin, prawn, polenta, sauteed vegetables, red wine reduction, garlic butter	
CARIBBEAN CHICKEN CURRY.....	24
coconut rice, crispy cauliflower	
CLAM SPAGHETTI.....	19
garlic, parsley sauce	
PENNE PASTA.....	17
sundried tomato, mushrooms, asparagus	
GRILLED WHOLE LOBSTER.....	56
mashed potato, herb butter, mixed green salad	

SIDES

STEAMED COCONUT RICE 6	MASHED POTATO 7
organic rice	
BRICK OVEN VEGETABLES 8	HAND-CUT FRIES 7
broccoli, carrots, local squash	
SWEET POTATO FRIES 7	FRIED PLANTAINS 7
spicy mayonnaise	
	POTATO WEDGES 7