ZEMI THAI HOUSE SPA

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Zemi Thai House Spa in Anguilla.

At Zemi Beach House, located on six oceanfront acres in Shoal Bay, East Anguilla, you'll find a blend of rich island tradition and contemporary luxury. The intimate boutique hotel features 65 elegantly decorated rooms including premium rooms, penthouse suites, and beachfront villa suites. Guests enjoy the stunning natural beauty of the oceanfront retreat—perfect for finding rest and renewal, along with plenty of opportunities for adventure. From golf and kite surfing to deep-sea fishing and yoga, there are many opportunities for fun-filled activities without leaving the resort. Cuisine at the resort marries sustainability with fresh-off-the-boat seafood and imported delicacies.

Zemi Thai House Spa spans 15,000 square feet of indoor and outdoor space.

Spanning 15,000 square feet of indoor and outdoor space, Zemi Thai House Spa is a sanctuary of private spa suites and a yoga deck housed within an authentic 300-year-old Thai house. There you'll find beautiful views, rejuvenating and holistic treatments, a fresh juice bar, and the island's only hammam. The spa's treatments draw on the ancient healing traditions and wellness rituals of the Taino people. We caught up with Ary Maharini, Spa Manager at Zemi Beach House, to learn more about the ground-breaking wellness experience at Zemi Thai House Spa.

Why You'll Love It: You'll love the quality of service and the unique setting inside an authentic Thai house that was transported from Thailand to Anguilla in the 1980s.

Outdoor pool at Zemi Thai House Spa.

Key Features: Cardio and fitness center featuring TechnoGym® equipment with Active Wellness TV, 5 luxurious treatment rooms, wide range of relaxation lounges, hammock hanging rope swing, stylish and gorgeous rattan wicker-weave swing chair and yoga deck, separate men's and women's locker rooms with shower and vanity counter, hammam wet table, bohique mud deck with rain showers, therapeutic vitality pool, juice bar, outdoor tennis court, and beach cabana spa.

Insider's Tip: The Zemi Thai House Spa offers access to the island's first co-ed 'House of Wellbeing' (or hammam) with a heated gobek tasi, sun deck for mud and salt body treatments, outdoor rain showers, and vitality pool.

Spa Snacks: Ginger lemongrass tea and healthy mixed nuts.

Couples' treatment room at Zemi Thai House Spa.

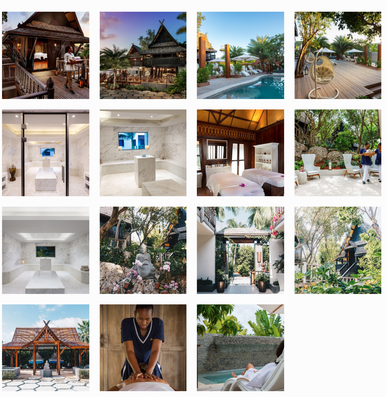
Splurge Treatment: Paradise on the Island is a three-hour treatment that begins with your choice of exfoliating body scrubs, followed by a body polish using fresh ingredients to condition your skin. A short visit to our hammam room prior to your treatment will give your complexion a healthy glow by flushing out toxins held just below the surface of your skin. Let stress and tension melt away with a flowing massage, using our own special blend of aromatherapy massage oils. Finally, enjoy a relaxing facial to cleanse, exfoliate, and leave your skin clean, balanced, and hydrated, ending with scalp massage.

Insider's Favorite: The Customized Wellbeing Massage combines stimulating grapefruit, nutmeg and rosemary with deep tissue massage therapy. This concentrated treatment will unravel tension in sore and tight muscles, relieve deep stress and tension, and enhance the body's circulation. This treatment is highly recommended for anyone suffering from chronic stress, pain, or tension.

Featured Brands: Cinq Mondes.

For more information visit Zemi Beach House and follow @zemibeachhouse on Instagram.

[Images courtesy of Zemi Thai House/Dylan Cross]



Zemi Beach House

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