



# 10 RESORTS THAT OFFER SPA TREATMENTS FOR MEN

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Spas are offering more options than ever for their male guests. From grooming services to skin care and massages, guys are embracing relaxation and self-care. We take a look at 10 resorts that are offering treatments that are perfect for men.

## Zemi Beach House in West Indies, Anguilla



Zemi Thai House Spa.

[Zemi Beach House Hotel & Spa](#) is located on six oceanfront acres of Anguilla's tranquil Shoal Bay East. Blending contemporary luxury with experiences anchored in the rich island tradition, accommodations reflect the natural beauty of Anguilla. On-site dining celebrates sustainability while combining the island's freshly-caught seafood and imported delicacies.

Housed within an authentic 300-year-old Thai house, [Zemi Thai House Spa](#) is a serene and luxurious retreat featuring the island's only hammam, as well as five multifunction treatment rooms with showers, relaxation areas with beautiful views, a fresh juice bar, and a wellness boutique. A Five Element Holistic Massage that uses a combination of flowing, soothing and rhythmical pressure movements on areas of concern to relieve muscle tension is a must for active male guests.

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