

# PALLAVI LUXURY SPA

Pallavi, meaning new leaf, is a spa sanctuary set inside the beautiful Wyndham Grand Resort. The space features a couples suite, chromatherapy experience showers, eucalyptus steam rooms, a luxurious relaxation lounge, and a private ladies lanai.

Drawing on the healing powers of water and earth, our expert therapists deliver healing and result-oriented treatments. There's no better place to turn over your new leaf for an hour, the day, or a week.

# SALT THERAPY

The Healing Power of Nature

#### Salt Inhalation 20 minutes

Breathe easy with a halotherapy treatment on our Himalayan Salt crystal table. Medical grade salt is dispersed into the air to help heal the respiratory system and soothe skin conditions.

# **Chromatherapy Crystal Healing** 20 minutes

Promote healing with color changing lights that balance chakra energies while unwinding on a warmed salt crystal table.

### **PACKAGES**

All packages are priced individually and include a complimentary glass of bubbly.

# At the Shore 4 hours

Seaweed Detox Massage 50 minutes
Deluxe HydraFacial 50 minutes
Sand & Foam Manicure 50 minutes
Sand & Foam Pedicure 60 minutes

# Pallavi Escape 3 hours

Blend Massage 50 minutes
Ocean Essential Facial 50 minutes
Refresh Manicure & Pedicure 50 minutes

# **Couples Retreat** 2 hours

Whirlpool Soak 25 minutes Swedish Massage 50 minutes Sublime Scalp Massage 25 minutes

# Couples Renewal 2 hours

Signature Body Scrub *30 minutes* Experience Shower *20 minutes* Swedish Massage *50 minutes* 

### **Create Your Own Package**

Book three (3) or more 50 minute services on the same day and receive 10% off.





### SIGNATURE MASSAGES

Better Together: All of our massages may be booked in the couple's suite for an additional \$20 per couple.

Signature massages have light to medium pressure. You may adjust the pressure for an additional fee.

#### Signature Seaweed Detox 50/100 minutes

Our signature full body massage combines the healing power of the sea with aromatherapy. A transformative warming sea mud is placed along the spine to reduce tension, pull toxins from the body and re-mineralize the skin.

### Earth & Sky 50 minutes

Ground yourself with energy healing reflexology and a pampering foot treatment. Drift away with nourishing hair and scalp oils, pressure point therapy, and massage to the face, neck, and shoulders.

### **Himalayan Salt Stone** 50/100 minutes

Carved Himalayan salt stones are used in tandem with expert hands for a muscle melting experience. The stones contain 84 naturally occurring minerals that provide nourishment to the skin.

# Peaceful Pregnancy 50 minutes

Find your peace and serenity during a side-lying massage. You are bolstered with pillows to create cocoon like comfort. This massage is for expectant mothers from weeks 13 to 39.

# PREFERRED PRESSURE

**Swedish** Relaxing, long flowing strokes, light to medium pressure.

**Blend** Soothing and therapeutic, medium to firm pressure.

**Deep Tissue** Therapeutic techniques, firm to deep pressure, addresses deeply held tensions.

## SIGNATURE BODY TREATMENTS

Better Together: Body treatments may be booked in the couple's suite for an additional \$20 per couple.

### Deep Blue Sea 100 minutes

An invigorating scrub polishes skin so that it is prepared for a firming and nourishing wrap. While cocooned enjoy a neck and scalp massage. Completed with steamed towels and a 50 minute Swedish massage with a nourishing body milk.

#### Coral Essence Wrap 50/100 minutes

A brisk dry brushing stimulates lymphatic drainage and sloughs dead skin cells. Next, you are painted with an aromatic coral firming gel and enveloped for maximum absorption. While cocooned, enjoy a relaxing scalp massage. Steamed towels are followed by a hydrating massage incorporating Thai style stretching.

#### **Signature Body Polish** 50 minutes

A full body exfoliation dedicated to removing dead skin cells and smoothing the skin. Once you are buffed and refined enjoy a 25 minute massage with light body milk.



### ADVANCED SKIN CARE

#### Ultimate HydraFacial & Body Lift 100 minutes

Our Ultimate Face and Body treatment delivers transformative results. We combine a dry exfoliation and a firming gel to smooth and tighten legs and upper arms. Our NuBODY microcurrent device visibly tones body skin smoothing away the look of dimples. Also enjoy all of the benefits of our Deluxe HydraFacial, extended LED light therapy, and a treatment infusion of serums.

#### Deluxe HydraFacial 50 minutes

The HydraFacial® resurfacing treatment thoroughly enhances the skin using patented Vortex Technology™ to cleanse, exfoliate, extract, and hydrate simultaneously. It merges soothing and invigorating spa therapies with advanced medical technology to achieve instant and lasting results.

# CLASSIC FACIALS

### **Defining Ageless Facial** 50/100 minutes

Potent pro-aging ingredients are expertly blended into this luxurious facial. A gentle but effective peel and jade rolling are used to define the features. The 100 minute option includes a warmed poultice massage, acupressure, and LED light therapy.

### **Revitalizing Antioxidant** 50 minutes

This facial boasts a powerful Vitamin C exfoliation that awakens the skin. A gemstone massage and herbal antioxidant treatment products leave skin refreshed and beautifully luminous.

#### Ocean Essential 50 minutes

Embark on a journey to skin brilliance. All products are custom-selected for you by your esthetician to create your balance and radiance. Treat congestion, sensitivity, Rosacea, combination or aging skin with essential ocean ingredients.

# **Detoxifying Facial** 50 minutes

This facial encourages skin to purge and detoxify while rebuilding the skin texture and integrity. Ideal for skin experiencing impurities and congestion. A popular treatment for gentlemen and teens.



# **HANDS & FEET**

We are proud to offer natural nail services and shellac no-chip polish. We do not currently provide dip polish or acrylic services.

#### Sand & Foam Manicure/Pedicure 50/60 minutes

An effervescent foot soak and refining scrub soften and smooth skin on hands or feet. A heated bubbling sea mud mask awakens the senses and is complemented with and extended massage. Finish with polish of your choice.

#### Ocean Breeze Manicure/Pedicure 30/45 minutes

A tropical soak and expert nail care is followed by our signature salt scrub. A hydrating massage and a perfect coat of polish leave you feeling as refreshed as a gentle ocean breeze.

### Refresh Manicure/Pedicure 20/30 minutes

A brief soak and basic nail grooming is followed by the polish of your choice. Does not include scrub, callus care, or massage.

#### Sole Revival 25 minutes

An invigorating soak and scrub start off this blissful extended massage to feet, lower legs and calves. A perfect addition to any of our services.

# HOW TO SPA

### **Booking**

Appointments and reservations are recommended and subject to availability. All appointments must be guaranteed with a credit card or a hotel room.

# **Cancellation Policy**

24 hours applies for single services, 48 hours applies for multiple services, packages, or multiple guests. 72 hours for group reservations. Charges will apply for no shows and late cancellations.

### **Arrivals**

Please arrive 30 minutes prior to the start of your spa reservation to fill out a guest intake form. Late arrivals will only receive the remainder of their appointment time so as not to delay the next guest.

### **Service Charge**

For your convenience, a 20% service charge is added to your bill. 18% is gratuity that is discretionary and can be adjusted based on satisfaction of services rendered, and is dispersed to your service provider(s). A 2% fee is retained by the facility.

# PALLAVI

LUXURY SPA

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