

# BREAKFAST



## HEALTH

### ACAI BOWLS GF, V

#### Bowl of the Gods

Acai seeds, almond ricotta, fresh banana, local oranges, local strawberries

#### Sunnyside

Barrel cactus fruit, fresh cubed melon, local and dried berries, toasted granola

#### Hot Mess

Green tea-soaked quinoa, banana, peanut butter, chocolate, berries, golden pineapple

## BEGINNINGS

### MASON JAR PARFAIT GF, VEG

Sheep's milk yogurt, fresh cubed melons, pineapple, strawberries, homemade granola

### STEEL CUT OATMEAL VEG

Served with banana or fresh-cut strawberries

### JUST FRUIT... DF, GF, V

Honeydew, cantaloupe, orange, pineapple, strawberries, mint

## SPECIALTIES

### AVOCADO TOAST VEG

Smashed, fresh herbs, cotija cheese, toasted pumpkin seeds on multigrain bread

### COUNTRY STYLE FRENCH TOAST VEG

Warm maple syrup, soften butter

### FLAP JACKS VEG

Blueberry or Banana

Prickly pear maple syrup, butter, powder sugar dust

10

11

11

10

16

15

16

## EGG CRITERIA\*

### OMELETTE

Choice of:

**Eggs:** cage free | egg whites | egg beaters

**Hormone-Free Proteins:** country ham | applewood bacon | chicken apple sausage

**Churned Cheeses:** tillamook cheddar | gruyère | american

**Veggies:** spinach | vine ripe tomatoes | onion | sweet peppers | mushrooms

19

### EGGS YOUR WAY...

Locally sourced brown farm eggs, duck fat poached fingerling potatoes, farmer toast

Choice of Protein: applewood bacon or chicken apple sausage

17

### CORNED BEEF HASH & EGGS

Eggs your way, homemade corned beef, peppers onions, fresh thyme, hollandaise sauce

18

### BENNIE'S

**Vegan** GF, DF, V

Curry spiced tofu, heirloom tomato, avocado, shallot, spinach, EVOO, smoked salt

18

### Sonoran

Poached eggs, chorizo, black beans, tortillas, chile spiced emulsion

### Classic

Poached eggs, caramelized country-style ham, hollandaise sauce, chives

## DRINKS

**JUICE** Orange, Filtered Pineapple, Cranberry or Apple

6

### COFFEE POT

9

### TEA POT

7

**ICED TEA** Prickly Pear or Country

6

**VOSS BOTTLED WATER** Still or Sparkling

8

\*Consuming raw and undercooked food may be hazardous to your health. Prices are exclusive of tax and gratuity

DF - DAIRY-FREE | GF - GLUTEN FREE | V - VEGAN | VEG- VEGETARIAN