

# Breakfast

STANDARD — 16

two farm fresh eggs, smoke house bacon or maple sausage, breakfast potatoes, choice of toast

RED FLANNEL HASH & POACHED EGGS — 16

corned beef, onions, fingerling potatoes, local beets, slow-poached eggs, choice of toast

AVOCADO TOAST — 14

avocado, whole wheat toast, poached egg, chili & lime marinated tomatoes, grains of paradise

PORK BELLY BLT BREAKFAST SANDWICH — 14

farm fresh egg, seared pork belly, sliced tomato, arugula pesto, grilled english muffin

FRESH START — 12

local yogurt, fresh berries, rooftop honey, bee pollen, house-made toasted almond granola

OVERNIGHT OATS & CHIA SEEDS — 9

coconut milk, Maine blueberry compote, puffed quinoa



# Brunch

SUMMER PANZANELLA SALAD — 14

grilled focaccia, torn mozzarella, panache of seasonal vegetables, truffle vinaigrette

CRISPED BRUSSELS — 9

toasted walnuts, charred lemon, aioli

FRIED CHICKEN SANDWICH — 15

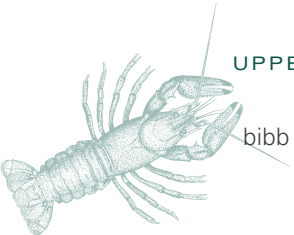
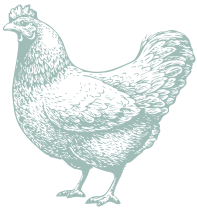
gochujang aioli, pea greens, pickled onions

CALDWELL FARMS BEEF BURGER — 16

press sauce, LTO, smoke house bacon, cheddar cheese

UPPER EXCHANGE LOBSTER ROLL — MP

lemon mayonnaise, bibb lettuce, snipped chives, two split-top rolls



# Lobster Eggs Benedict

two poached Maine family farm eggs, local Maine lobster meat, hollandaise, English muffin, fingerling potatoes

— 24

# Sides

TOAST — 3

ENGLISH MUFFIN — 4

FRUITWOOD-SMOKED BACON — 5

MAPLE SAUSAGE — 5

RED FLANNEL HASH — 7

TOASTED ALMOND GRANOLA & MILK — 7

DAILY FRESH-BAKED MUFFIN — 4

SEASONAL BERRIES — 9

LOCAL FARM FRESH EGGS (ONE/TWO) — 3/4

PLAIN LOCAL YOGURT — 6

BREAKFAST POTATOES — 4

# Drinks

DETOX SMOOTHIE — 9

banana, apple, pear, spinach, kale, celery

KICK-STARTER CLEANSE — 6

organic apple cider vinegar, fresh ginger & turmeric, honey, lemon, cayenne



Please practice social distancing and wear your mask when not seated at your table.

Please advise us if you have any dietary concerns or food allergies. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illnesses, especially if you have certain medical conditions.