

Breakfast

STANDARD — 16

two farm fresh eggs, smoke house bacon or maple sausage, breakfast potatoes, choice of toast

RED FLANNEL HASH & POACHED EGGS — 16

corned beef, onions, fingerling potatoes, local beets, slow-poached eggs, choice of toast

AVOCADO TOAST — 14

avocado, whole wheat toast, poached egg, chili & lime marinated tomatoes, grains of paradise

PORK BELLY BLT BREAKFAST SANDWICH — 14

farm fresh egg, seared pork belly, sliced tomato, arugula pesto, grilled english muffin

MAINE BLUEBERRY WAFFLE — 14

maple syrup, salted butter, smoked almonds

FRESH START — 12

local yogurt, fresh berries, rooftop honey, bee pollen, house-made toasted almond granola

OVERNIGHT OATS & CHIA SEEDS — 9

coconut milk, Maine blueberry compote, puffed quinoa, walnuts

Lobster Eggs Benedict

two poached Maine farm eggs, Maine lobster meat hollandaise, English muffin, fingerling potatoes

— 24

Brunch

HEIRLOOM SQUASH SOUP — 9

mole powder, chili, cilantro

FRISÉE & KALE SALAD — 14

crispy anchovy, 6 minute egg, torn croutons, dill vinegar, lemon

ARUGULA & CELERY SALAD — 12

buttermilk dressing, shaved blue cheese smokehouse bacon, bread crumbs

CRISPED BRUSSELS — 9

toasted walnuts, charred lemon, aioli

SPICY CHICKEN SANDWICH — 15

bread and butter pickles and onions, deviled egg mayo

FRIED FISH SANDWICH — 16

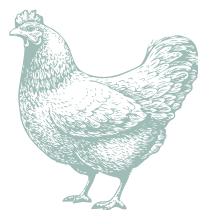
preserved lemon and dill tartar bibb lettuce, brioche

CALDWELL FARMS BEEF BURGER — 16

press sauce, LTO, smoke house bacon, cheddar cheese

UPPER EXCHANGE LOBSTER ROLL — MP

lemon mayonnaise, bibb lettuce snipped chives, two split-top rolls



Sides

TOAST — 3

ENGLISH MUFFIN — 4

FRUITWOOD-SMOKED BACON — 5

MAPLE SAUSAGE — 5

RED FLANNEL HASH — 7

TOASTED ALMOND GRANOLA & MILK — 7

DAILY FRESH-BAKED MUFFIN — 4

SEASONAL BERRIES — 9

LOCAL FARM FRESH EGGS (ONE/TWO) — 3/4

PLAIN LOCAL YOGURT — 6

BREAKFAST POTATOES — 4

Drinks

DETOX SMOOTHIE — 9

banana, apple, pear, spinach, kale, celery

KICK-STARTER CLEANSE — 6

organic apple cider vinegar, fresh ginger & turmeric, honey, lemon, cayenne



Please practice social distancing and wear your mask when not seated at your table.

Please advise us if you have any dietary concerns or food allergies. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illnesses, especially if you have certain medical conditions.