



INSPIRED BY
THE SAND AND SEA



FACIALS...

aquanox classic facial

This facial is individually tailored to the uniqueness of your skin. Visibly smoothes skin texture while giving you a healthy glow. This treatment includes skin analysis, cleansing, steam, exfoliation and extractions.

50 minutes \$130 80 minutes \$180

sensitive skin facial

A calming and restorative skin treatment for anyone with sensitive skin. A combination of vitamins and antioxidants rebalance and restore your skin. This treatment includes skin analysis, cleansing, steam, gentle exfoliation and extractions.

50 minutes \$130 80 minutes \$180

key lime citrus facial

Quench your skin with citrus fruit extracts. This facial naturally brightens, stimulates the renewal of skin cells and helps restore balance. This treatment includes skin analysis, cleansing, steam, exfoliation and extractions.

50 minutes \$140 80 minutes \$190

seaweed collagen facial

An ultra hydrating facial incorporating seaweed, collagen, and vitamin C concentrate. Our seaweed mask plumps and restores your skin to a youthful glow. This treatment includes skin analysis, cleansing, steam, exfoliation and extractions.

50 minutes \$150 80 minutes \$200

deep cleansing power facial

The facial absorbs impurities and excessive oil and balances pH. Deep cleansing helps eliminate the appearance of blackheads, whiteheads and congestion. This treatment includes skin analysis, cleansing, steam, exfoliation and extractions.

50 minutes \$155 80 minutes \$200

regenerating vitamin C facial

This ultimate results-driven facial features a double exfoliation with natural fruit acids to whisk away dead skin cells. The vitamin C mask delivers super antioxidants to repair free radical damage, improve pigmentation and reverse the signs of aging. This facial is perfect for those concerned about sun damage, breakouts, and uneven skin tone. This treatment includes skin analysis, cleansing, steam, double exfoliation and extractions.

50 minutes \$160 80 minutes \$210

anti-aging stem cell facial

This facial combines natural botanicals, fruit acids, and power antioxidants to improve visible signs of aging. The apple stem cell mask helps tone and tighten, delivering an immediate lifting effect to improve the appearance of fine lines and wrinkles. This treatment includes skin analysis, cleansing, steam, exfoliation and extractions.

50 minutes \$170 80 minutes \$220

FACIALS...

just for him facial

This custom facial features a two-part exfoliation to remove dead skin cells while vitamins, minerals, and botanical extracts improve tone, texture and address irritation associated with shaving. This treatment includes skin analysis, cleansing, steam, exfoliation and extractions.

50 minutes \$130 80 minutes \$180

just for him high performance facial

Enjoy a cranial massage followed by this custom facial features a two-part exfoliation to remove dead skin cells while vitamins, minerals, and botanical extracts improve tone, texture and address irritation associated with shaving. This treatment includes skin analysis, cleansing, steam, exfoliation and extractions.

80 minutes \$220

FACIAL ENHANCEMENTS...

These may be added to any Aquanox facial treatment

collagen lip plump

An intensive hydrating mask for the lips that leaves them moist, smooth and plump.

\$20

revital-eyes

Awaken tired and fatigued under-eyes. This treatment helps alleviate under-eye puffiness, pigmentation, dryness, fine lines and wrinkles.

\$30

emergin-C power peel

This power peel includes three advanced forms of vitamin C, as well as antioxidants to remove dead skin cells, repair sun damage, smooth lines and wrinkles.

\$40

age-defying neck and décolleté treatment

This treatment uses an apple stem cell mask that helps tone and tighten sagging skin, wrinkles and skin texture. This mask delivers an immediate lifting effect.

\$70



MASSAGES...

total relaxation massage

This treatment features techniques from traditional Swedish massage. This massage uses long flowing strokes with light to medium pressure designed for relaxation.

50 minutes \$130 **80 minutes** \$180

aromatherapy flame massage

Featuring warm oil from a lit organic candle infused with aromatherapy, this treatment transforms a traditional Swedish massage into an unforgettable experience.

50 minutes \$140 **80 minutes** \$190

miami muscle melter massage

Using deep tissue and sports massage techniques, this treatment is ideal for those preferring a much firmer massage to release muscle pain and eliminate tension. Mild soreness may result.

50 minutes \$150 **80 minutes** \$200

neuromuscular therapy massage

This treatment is firmer than our deep tissue massage. Intensive manipulation of the deep layers of the muscles brings relief to recent or chronic muscle tension. This massage restores and heals overextended muscles. Mild soreness may result.

50 minutes \$170 **80 minutes** \$220

hot stone massage

The art of using heated stones to penetrate deep into the muscles. This healing massage improves circulation with Swedish massage techniques melting away tension and stress.

80 minutes \$200

lymphatic drainage detoxification massage

An ultra light touch massage using no oil is designed to detoxify the lymphatic system and stimulate lymph flow to eliminate toxins and release tension.

50 minutes \$170 **80 minutes** \$220

prenatal massage

This massage performed on a comfortable pregnancy pillow is designed for expectant mothers in their second or third trimester of pregnancy to pamper and comfort during this special time.

50 minutes \$160

couples massage

Share your spa experience with that someone special with a side-by-side Aquanox Total Relaxation Massage in our private couple's suite.

50 minutes \$280 **80 minutes** \$380

couples deep tissue massage

50 minutes \$320 **80 minutes** \$420

ADD-ONS...

These may be added to any Aquanox spa treatment

ultra moisturizing hand & foot treatment

This unique hydrating treatment features a hand and foot massage using moisture rich massage butter. To enhance the experience, heated gloves and booties are incorporated.

20 minutes \$50

milk & honey scalp treatment

This extraordinary Fijian experience features a nourishing scalp massage using the finest cold press virgin coconut oils.

20 minutes \$45

relief for tattered tootsies

This knock-your-socks-off foot treatment includes a warm cleansing wrap, a down and dirty scrub, and a rescue-me moisturizing foot massage.

20 minutes \$50

EXPRESS TREATMENTS...

mini facial

An effective express facial comprised of cleansing, exfoliation, and moisturizing for a quick refreshing glow. (Extractions not included).

25 minutes \$75

quick fix massage

This massage targets the back, neck and shoulders for a quick effective massage, perfect for the traveler or anyone on the go.

25 minutes \$75

heavenly leg & foot massage

The treatment focuses on the lower legs and feet. Increase circulation and nourish tired achy feet and legs. Invigorates, refreshes, and helps reduce soreness with deep penetrating botanicals.

25 minutes \$75

asian reflexology

Alleviate tension throughout the entire body; this Asian technique applies pressure on the trigger points of the hands and feet.

25 minutes \$95

TO BEGIN YOUR SPA JOURNEY,
PLEASE CALL 305.692.5730.



BODY TREATMENTS...

south florida sugar polish

This luxurious full body exfoliation features our natural Florida sugar cane scrub rich in antioxidants and vitamins. An application of moisture body butter is then applied leaving the skin soft and glowing. Your choice of: Key Lime, Grapefruit, Mango, Coconut, Lavender or Island Vanilla.

50 minutes \$140

sunburn rescue wrap

Using exotic Pure Fiji Dilo oil rich in vitamins A, B, C and E, this wrap provides instant relief and restores hydration for skin overexposed to the hot Florida sun. While the wrap treats the body, relax and enjoy a soothing foot massage.

50 minutes \$140

detoxifying seaweed body wrap

Uses elements from the sea such as seaweed extracts, algae & clay that cleanse, purify, stimulate and detoxify the skin and body. This special blend draws out toxins and delivers essential vitamins and minerals. While the wrap treats the body, relax and enjoy a soothing foot massage.

50 minutes \$140

body luxe hydrating wrap

Features shea butter rich in Vitamin E and helps to restore and hydrate skin. Nourish and tones for healthy glowing skin with deep lasting hydration and protection. While the wrap treats the body, relax and enjoy a soothing foot massage.

50 minutes \$140

PACKAGES...

aquanox signature experience

Pamper yourself from head to toe. This package includes our Aquanox Total Relaxation Massage focusing on your individual needs and our Aquanox Classic Facial designed for all skin types.

100 minutes \$260

aquanox signature body experience

Indulge and escape with this whole body ultimate experience. Start with our South Florida Sugar Glow, then a Total Relaxation Massage.

100 minutes \$270

VIP pamper package

Indulge and escape with this whole body ultimate experience. Start with our South Florida Sugar Glow, then a Total Relaxation Massage followed by our Aquanox Classic Facial.

150 minutes \$400

ultimate couples journey

Share the ultimate spa experience with that someone special. Both guests will enjoy our Aquanox Total Relaxation Massage and our Aquanox Classic Facial side-by-side in our private couple's suite.

100 minutes \$560

FITNESS & WELLNESS...

posture for life

Poor posture and spinal mechanics are common contributors to headaches and muscle pain. Meet with a licensed physical therapist who will teach you the mechanics of your spine and how your daily activities are affecting you. You will also learn how to promote postural awareness, improve your posture forever, and prevent back/neck pain.

60 minutes \$180

flexibility boost

Knock out muscle and joint stiffness with a personalized stretching session. Our licensed physical therapist will apply mechanical, active, passive, and neuromuscular facilitation techniques in order to maximize the mobility of your joints and elasticity of your muscles.

30 minutes \$120

fitness consulting

Meet with a Doctor of Physical Therapy who will conduct a comprehensive musculoskeletal assessment in order to determine your body composition, muscular performance, and aerobic capacity. Next, a personalized fitness program will be created for you aimed at addressing your musculoskeletal needs and achieving your fitness goals.

60 minutes \$250

personal training

The ultimate bridge to your wellness goals. Whether you're looking to lose weight, improve your cardiovascular endurance, boost your balance, or enhance your build, our licensed health and fitness professionals have the solution to get you from where you are to where you want to be.

Our Doctor of Physical Therapy will curate a program to address your specific needs and will provide you with periodic updates as you progress towards your goals.

Our licensed health and fitness professionals will work with you hands-on in order to maximize safety and results.

Think of it as personal training with a doctorate degree.

A better you awaits.

One 60 minute session \$160 **Ten 60 minute sessions** \$1400



GENERAL INFORMATION...

hours of operation

monday - saturday 9:00 am - 6:00 pm | sunday 9:00 am - 5:00 pm

reservations

We recommend booking your spa appointments in advance to ensure the desired time is available for you.

arrival

We kindly request that you check-in a minimum of 20 minutes prior to the start of your scheduled treatment. Our treatments begin promptly as scheduled. When possible, we will accommodate late arrivals. Unfortunately if we are unable to accommodate a late arrival, your treatment time might be shortened at the full service price.

guest information

Valet parking is complimentary for spa guests. Aquanox Spa is an adult environment for relaxation and tranquility. The use of the spa and all of its facilities including locker rooms is reserved for guests 18 and older. The use of cellular phones is not permitted in the spa.

attire

A robe, slippers and locker will be provided for you upon arrival to the spa. Please disrobe to the level of your comfort.

pregnancy & special health considerations

Please advise our staff if you are pregnant, recovering from a recent surgery, or have any existing medical conditions.

cancellation policy

All treatment times are reserved for you. As courtesy to all, we ask that 24-hour notice be given to cancel or change an appointment. Groups of 4 or more require 48-hour notice. No shows and appointments canceled inside of this time will be charged at full treatment prices.

payment and service charge

For your convenience, a 20% service charge will be automatically charged to your bill. Additional gratuities are at your discretion and should reflect your satisfaction with your service.

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