

The background is a solid teal color with a botanical illustration. It features several large, detailed leaves with prominent vein patterns and two clusters of small, dark, spiky flowers. The text is centered over this background.

*Spa*

— AT —

THE STARLING

## *Spa Menu*



MON - WED CLOSED  
THURS 10:00AM - 6:00PM  
FRI 12:00PM - 8:00PM  
SAT 10:30AM - 8:00PM  
SUN 10:30AM - 6:00PM





BODY TREATMENTS

Quench

A soft and creamy body mask perfect for post sun exposure and uneven skin that revives moisture and balances tone and elasticity.

\$165 | 60 min

Sculpt

An intensive mask that re-mineralizes and re-firms after heavy activity.

\$155 | 60 min

Detox

Enjoy a full body AHA peel, massage, and wrap for all-around purification that drains tissue and boosts natural detoxification.

\$145 | 60 min

\$220 | 90 min\*

\*Includes additional detoxifying massage

Glow

Boost your natural glow with our all-around body polishing and hydrating treatment.

\$100 | 30 min

ENHANCEMENTS

Hair Mask

Give damaged hair softness and shine with this nourishing treatment.

\$30

Dry Brush

Featuring an exclusive take home body brush, this exfoliation smooths, softens, and revitalizes your skin.

\$30

Revitalize

Enjoy this paraffin treatment that promises hydration and suppleness as you exfoliate hands or feet.

\$40





MASSAGE TREATMENTS

Rapid

Refresh in a flash with this targeted massage that focuses on your tension.

\$100 | 30 min

Go Deep

For deeper muscle layers and trigger points, go for this massage that boosts energy and banishes tension.

\$160 | 50 min

\$230 | 80 min

De-Stress

Using head-clearing oils and techniques designed around moderating pressure and releasing tension, this massage will reduce brain fog and revive muscles.

\$150 | 50 min

\$225 | 80 min

Reset

Light pressure techniques that lower brain waves and promote deeper sleep will have you feeling relaxed and recovered.

\$140 | 50 min

\$205 | 80 min

Nuture

Perfect during or post pregnancy, this nurturing and elasticizing treatment improves skin tone, inhibits stretchmarks, and deeply nourishes the skin.

\$165 | 50 min

\$220 | 80 min

Couples

Unwind side by side as you and your significant other treat your unique needs and preferences, exclusively in our couple's treatment room.

\$150/PER PERSON | 50 min

\$225/PER PERSON | 80 min

Sports

Concentrating on deep tissue and muscle knots, a more focused massage improves blood flow and prevents lactic acid buildup. Stretching is included to increase mobility and flexibility.

\$170 | 50 min

\$245 | 80 min

Four Hands

The ultimate luxe of rejuvenation throughout your body follows from double the care as two therapists mirror each other's movements.

\$350 | 50 min

\$425 | 80 min

ENHANCEMENTS

Melt

Warm volcanic stones melt away all tension with this perfect addition to your massage.

\$30 | 50 Min

\$40 | 80 Min

Hemp Oil

You'll be soothing sore muscles with the anti-inflammatory properties of this organic hemp-derived CBD oil to accommodate your massage.

\$30

Hair Mask

Give damaged hair softness and shine with this nourishing treatment.

\$30

Dry Brush

Featuring an exclusive take home body brush, this exfoliation smooths, softens, and revitalizes your skin.

\$30

Revitalize

Enjoy this paraffin treatment that promises hydration and suppleness as you exfoliate hands or feet.

\$40





FACE TREATMENTS

Daily

Restore the energy and glow of your skin in a facial that’s customizable for all skin types using special skin regimen products.

\$155 | 50 min

Prescription

From hydration to deep cleansing, this inside/outside recovery facial is fully customized to whatever your skin needs most. Performed with [comfort zone] products.

\$165 | 50 min

Back

A great technique to have cleansed, radiant, new skin. Back facials are seen as a preferable solution to numerous skin concerns – acne, dryness, dullness, and oily skin. They can sustain your back looking healthy and fresh in the same manner that a facial can for your face. Performed with [comfort zone] products.z

\$165 | 50 min

Rewind

A vibrant and luminous session including double peel and a lifting mask will deliver on immediate results to plump, lift, firm and restore your skin. Performed with [comfort zone] products.

\$285 | 80 min

Revive

A reviving and resurfacing facial designed to increase cell turnover and decrease fine lines and hyperpigmentation, this reviving facial is designed to infuse your skin with a vitaminized oxygen spray. Performed with [comfort zone] products.

\$185 | 50 min

\$265 | 80 min\*

\*Includes vitaminized oxygen spray & microcurrent

ENHANCEMENTS

Renew

Resurface the skin and even your skin tone in this gentle yet deep microdermabrasion exfoliation. Performed with [ comfort zone ] products

\$40

Eye Recovery

Triple action eye mask targets dark circles, wrinkles, and puffiness.

\$30

Glow Peel

Boost brightness, smoothness and luminosity with this active peel that can be added to the Prescription Facial.

\$30

Hair Mask

Give damaged hair softness and shine with this nourishing treatment.

\$30

Revitalize

Enjoy this paraffin treatment that promises hydration and suppleness as you exfoliate hands or feet.

\$40

Micro

Enjoy a deep yet gentle exfoliation that evens skin tone and addresses early signs of aging. Can be added to the Prescription Facial.

\$35

Firming

Add gentle yet effective electrical microcurrents to improve muscle tone.

\$30 | 15 Min

Hydrate

Enhance your facial with a vitaminized oxygen spray.

\$30 | 15 Min





MANI & PEDI TREATMENTS

Polish Up

Choose a shape and then tidy up your hands or feet!

\$20 | 25 min

Mani Essentials

Indulge in hand and nail essentials like cuticle work, nail shape, polish and hydrating cream.

\$40 | 30 min

Gel Mani

All essential nail maintenance finished with a glossy gel polish.

\$55 | 45 min

Lux Mani

All the essentials for a total hand overhaul includes hand peel, toning masks, and a polish or buff to have your hands feeling brighter and smoother.

\$65 | 60 min

Pedi Essentials

Indulging pedicure including hydrating foot soak, cuticle work, nail shape and polish.

\$65 | 60 min

Gel Pedi

All essential pedicure finished with a glossy long lasting gel polish.

\$75 | 60 min

Lux Pedi

Give your feet a must-needed revitalization with a complete pedicure, foot scrub and invigorating foot massage.

\$85 | 75 min

ENHANCEMENTS

Gel Polish Upgrade

\$20

French Polish

\$15

Callus Peel

\$20

Paraffin

\$20

Gel Removal

\$20

Hydrating Foot Mask

\$20



WAXING



WAX TREATMENTS

Brow

\$30

Lip or Chin

\$20

Cheek

\$30

Full Face

\$65

Basic Bikini

\$65

Brazillian

\$90

Upper Leg

\$65

Lower Leg

\$50

Full Leg

\$115

Underarm

\$30

Half Arm

\$35

Full Arm

\$60

Stomach

\$35

MEN'S WAXING

Half Back

\$65

Full Back

\$95

Shoulder

\$35

Chest

\$70

Manzillian

\$150





## Spa Guidelines

Spa services are available for guests ages 16 and older (subject to limitations and parental supervision). A selection of Nail services are available for guests of all ages (subject to limitations and parental supervision). Access to dressing rooms and the Fitness Center is prohibited to those under 16 years of age and requires parental supervision for those under 18 years of age.

### RESERVATIONS

Walk-in appointments are welcome, however guests are encouraged to make arrangements in advance. All reservations must be secured with a credit card. To schedule your appointment(s), please call our spa desk at 404-724-2570. Guests staying in the property may dial 0 from a guest room. \*Please advise us if you are pregnant or have other significant health considerations when booking your treatments. Prices in USD and subject to change without notice. Promotions and discounts do not apply to packages.

### ARRIVAL AND CHECK-IN PROCEEDURES

We invite you to use all the spa's features, including sauna & steam room before and after spa treatments. We request your arrival at least 30 minutes prior to your treatment time, providing you with ample time to check-in and prepare for your spa experience. Should your arrival be delayed, please note that your treatment time will be reduced accordingly so that we may serve the next guest on time. Later arrival will still result in full charge for your requested service, even though your actual treatment time may be reduced. We request that you do not bring jewelry or valuables to your spa experience. The Spa is not responsible for lost, stolen or misplaced items.

### CANCELLATION POLICY

Your reservations require that we schedule spa attendants and hold appointment times just for you. As a courtesy and to avoid charges in full, we require a 24-hour notice should you need to change or cancel your reservation.



