

# THE Salon & Day Spa

AT THE SCOTTSDALE PLAZA RESORT

## Hours of Operation

To better serve you, we are open 7 days a week; hours may vary depending on season and occupancy

## Reservations

We recommend scheduling your spa appointments prior to your arrival. All Salon & Day Spa services are guaranteed with a credit card or room reservation. Please call The Salon & Day Spa at 480-951-5150 or by using the in-house Spa button on your room phone. All prices are subject to change without prior notification.

## Check-in

Please check-in at the Spa Reception Desk at least 15 minutes prior to your first scheduled appointment. Unfortunately, late arrivals will receive abbreviated treatments in order to keep other guests on time.

## Fitness Center

Schedule available upon request. Complimentary classes are included in your resort fee. Our fitness center features state-of-the-art cardio and strength training equipment and LCD screen monitors. Your room key will provide access to exterior gym doors 24 hours/ 7 days.

## Membership

Live well every day of the year. Lifestyle Spa/Wellness memberships are available to complement your budget and lifestyle. Reap the benefits of our services in the surroundings of our beautiful world class environment with a Spa/Wellness membership. Inquire with any of our spa staff to obtain information to start your personal journey today!

## Cancellation

As a courtesy to other guests and our service providers, there will be a 24-hour cancellation or change policy. Without this notification you will be charged in full.

## Gratuities

Spa menu pricing does not include gratuity. Spa services are subject to a 20% service charge at checkout, that is modifiable. Prices are subject to change without prior notice.

## Age Requirement

The Spa is appropriate for guests 16 years and older. If under the age of 18 years old, a parent must be present for service. Please inquire at the time of reservation regarding select salon appointments. Failure to notify Reception of age leading to decline of service will result in full charge.

## Personal Fitness

### Personal Training

50 min... \$99

Traveling doesn't mean you have to skip your workout. Train with a health and fitness professional to enhance your current exercise program. Whether you are a beginner or an elite athlete you can take part in this motivating service. Each session is 50 minutes.

### Private Yoga

50 min... \$99

In a one-on-one setting, learn easy and subtle postures to increase flexibility, enhance physical and emotional well-being and aid in stress reduction. Personalized to your preference, let one of our experienced yoga instructors work with you to create a mind/body connection.

*Weekly class schedule available upon request.*

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## Wellness Offerings

### Signature Services

#### *Mindful Mani/Pedi Duo*

2 hours

\$129

Quiet your mind from the noise and relax in this sensory experience intended to restore serenity from within. Begin with a calming or restoring fragrant mist leading into a manicure and pedicure using our vegan Spa Ritual system. Enjoy a healthy juice of your choice while enjoying your services.

#### *Sun Kissed Healing*

2 hours

\$249

The Kukui Nut lotion used within a 50-minute massage is an effective natural sunburn remedy as it soothes burned skin. Continue with a calming facial to moisturize and encourage new cell growth after sun exposure.

#### *Girlfriend Getaway*

2.5 hours

\$199

The perfect end to a girls' day out! Includes a 50-minute Swedish massage, Signature Manicure, and Signature Pedicure. A cocktail of your choice will be provided while enjoying your salon services.

#### *NuBody, NuFace, NuYou*

2 hours

\$269

A microcurrent body device helps tone and firm body skin while smoothing away the look of dimples combined with a microcurrent face device that rejuvenates your face by toning, lifting and reducing facial lines to create a new YOU by the conclusion of this service.

#### *Best of Both*

2 hours

\$209

The best of both worlds! A 50-minute customized facial catered to your individual needs and your choice of any 50-minute massage therapy.

#### *Couples Massage*

50 min. \$249

80 min. \$329

Ideal if you are looking to spend some time and share a pampering experience with a friend or loved one. The two of you will enjoy personalized massages designed to leave you refreshed while creating a lasting memory. Enjoy a glass of champagne together after your service in our Infrared Sauna.

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## Body Therapies

### Post Sun Firming Wrap

50 min. \$159 . . . . . 80 min. \$259

Your treatment begins with dry brushing to exfoliate and prepare the skin for absorption of the searonic firming serum blend applied to the full body. With your body immersed in the benefits of the wrap, enjoy a scalp massage. Finally, the wrap is removed, and the remaining blend will be massaged into the skin. 80-minute price includes full size Phytomer retail item.

### Anti-Aging Well Being Massage

50 min. \$159 . . . . . 80 min. \$259

Your treatment begins with an application of a sea-based scrub to exfoliate your full body. Next, you will receive a massage with product designed to contour, tighten, and firm the skin for the remainder of the service. 80-minute price includes full size Phytomer retail item.

### Cellulite Treatment Wrap

80 min. . . . . \$259

Your treatment begins with dry brushing to exfoliate and prepare the skin. We apply Thermosculpting mud to torso and wrap in micron foil drawing out excess toxins and reducing the appearance of cellulite. After shower, we massage with a contouring massage lotion and celluli-attack concentrate to the full body. Price includes full size Phytomer retail item.

### NuBody Microcurrent Firming Body Treatment

50 min. . . . . \$159

This service reverses signs of aging by using the NuBody micro-current device in all the right places. You will see the results in mere minutes as it helps to tone, tighten, firm, lift and smooth areas of the body such as arms, abs, thighs and glutes.

## Salon Services

### Signature Nails

25 min. Manicure \$35 . . . . . 50 min. Pedicure \$55

Our signature nails pamper from start to finish. Your nails will be perfected with shaping and cuticle clean up. A moisturizing massage followed by an expert application of our OPI polish leaves your nails meticulously manicured and totally relaxed.

### Champagne Deluxe Nails

25 min. Manicure \$45 . . . . . 50 min. Pedicure \$65

This nourishing and intensely hydrating treatment includes a luxurious champagne bubbling fizzer during the pedicure as well as a stress relieving paraffin masque during the manicure to condition and moisturize the skin. Nails and cuticles are gently shaped, and a relaxing massage completes the experience before polishing. Enjoy a glass of Champagne while receiving service.

### Spa Ritual Mindful Nails

50 min. Manicure \$55 . . . . . 50 min. Pedicure \$75

Enjoy our signature scent Close Your Eyes intended to quiet your mind while honoring your space and our environment. Using our vegan nail system and lacquer polish, immerse yourself in the world of Slow Beauty that calms the mind, soothing body and spirit. A relaxing hot stone massage and heated herbal neck pillow complete this service.

### French Nails

25 min. Manicure \$45 . . . . . 50 min. Pedicure \$65

This relaxing hand and/or foot treatment utilizes pure and natural moisturizing lotions leaving you with beautiful skin and nails, with a finish of French polish.

### Men's Nails

15 min. Manicure \$29. . . . . 15 min. Pedicure \$29

A quick pampering for hands and/or feet on the go. Begin with a soak and exfoliating scrub, followed by light cuticle work and a buffing to high shine.

### Express Pedicure

15 min. Manicure . . . . . \$29

For those of us on the go, this service will leave your feet relaxed and refreshed in half of the time.

## Nail Enhancements

Recommended within a 25- or 50-minute nail service

Nail Repair . . . . . \$10

Shellac Polish Removal (add 15 minutes) . . . . . \$20

Paraffin Wax Hand or Foot . . . . . \$20

Polish Change (buff and file) . . . . . \$20

Shellac Polish . . . . . \$30  
(excludes pedi and adds 25 minutes)

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## Facial Therapies

Treatments excluding the Express Facial include: complete skin analysis, cleansing, steam, exfoliation, massage, masque and extractions. Our aestheticians will customize the facial treatment to meet your personal needs.

### Express Facial

25 min. . . . . \$59

Created specifically for the person on the go, this customized facial is uniquely designed to give maximum results in minimum time. Treatment does not include extractions or mask.

### Customized Facial

50 min. \$129 . . . . . 80 min. \$169

In our Customized facial, your aesthetician will perform a skin analysis to custom design the perfect facial for your skin type and current skin condition. This treatment works with all skin types to reveal more youthful, healthy skin.

### Gentleman's Facial

50 min. \$129 . . . . . 80 min. \$169

Designed just for men, this treatment eases razor irritation, provides deep pore cleaning and toning to restore vitality and maintains hydration while protecting and restoring the skin.

### Osmosis RevitaPen Facial

50 min. . . . . \$149

This treatment is the "no-needle" alternative to micro-needling and offers immediate and long-term results, with our non-invasive device, to enhance product absorption and drive active ingredients deep into the skin for optimal skin restoration.

### Osmosis Infusion Facial

80 min. . . . . \$179

The first non-acid peel in the skin care industry that creates significant stimulation in collagen production. Our facial infusion feeds the dermis to encourage cellular renewal. The delivery of ingredients makes it the most effective peel on the market.

### NuFace Microcurrent Facial

80 min. . . . . \$189

This non-surgical face lift uses microcurrents to tone and lift the facial muscles to provide immediate and visible results. A deep enzyme exfoliation and a natural collagen gel masque will rejuvenate the skin resulting in a youthful radiance and glow. Best results achieved with routine at home care using Trinity Pro Device, available for retail.

## Facial Enhancements

Recommended within a 50- or 80-minute facial service

Cocktail/Lunch . . . . . \$5/\$10

Peppermint Scalp Massage . . . . . \$15

Marine Foot Masque . . . . . \$20

Anti-Aging Powder Active . . . . . \$20

Calming Powder Active . . . . . \$20

Repair Powder Active . . . . . \$20

Brightening Powder Active . . . . . \$20

Rejuvenating Powder Active . . . . . \$20

NuFace Microcurrent Zone Treatment . . . . . \$30

FACIAL Upgrade 30 minute . . . . . \$40

Brow WOW . . . . . \$40

LED Anti-Aging . . . . . \$40

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## Massage Therapies

### Swedish Body Massage

50 min. \$129 ..... 80 min. \$169

A relaxing treatment that melts away stress and tension through gentle manipulation of the muscles in combination with long gliding strokes for serene satisfaction.

### Therapeutic Deep Tissue Massage

50 min. \$129 ..... 80 min. \$169

This custom massage is designed for individuals wanting more detailed bodywork on specific muscle groups. Techniques are used for lengthening muscles and restoring range of motion to reduce muscle pain and stiffness.

### Aromatherapy Massage

50 min. \$159 ..... 80 min. \$189

Performed and personalized by our licensed and experienced therapists with the use of the Body Bliss™ Aromatherapy products to maximize the balancing, therapeutic and relaxing effect. Price includes full size Body Bliss retail lotion.

### Desert Stone Massage

80 min. .... \$189

The healing art of stone massage has been practiced in the Southwest for thousands of years. Warm Basalt stones are incorporated into this full body massage to induce deep relaxation and soothe the nervous system.

### Pre- & Post-Natal Massage

50 min. .... \$129

For our new mommies and mommies to be, this is the perfect way to help ease the various discomforts that come along with the beauty of motherhood – leaving mommy AND baby in a peaceful state. Must be outside of 1st trimester.

## Massage Enhancements

Recommended within a 50- or 80-minute nail service

Cocktail/Lunch.....	\$5/\$10
Foot Indulgence.....	\$15
Peppermint Scalp Massage.....	\$15
Mini Cold Stone Face Massage.....	\$20
Marine Foot Masque.....	\$20
Hot Stone Zone Treatment.....	\$20
NuBody Microcurrent Firming Zone Treatment.....	\$30
Cupping Zone Treatment.....	\$30
Upgrade 30 minute.....	\$40

## Eastern Therapies

### Herbal Compress Massage

50 min. .... \$159

Using warmed herbal compresses filled with traditional Thai herbs, massage strokes soothe deep muscle aches, alleviate pain and inflammation and release tension. The herbal compresses are yours to keep and can be used at home for continued benefits.

### Body Cupping Massage

50 min. \$129 ..... 80 min. \$169

This custom massage is designed for individuals wanting more detailed bodywork on specific muscle groups. Techniques are used for lengthening muscles and restoring range of motion to reduce muscle pain and stiffness.

### Himalayan Salt Stone Massage

80 min. .... \$189

Therapists use warmed Himalayan salt stones to apply pressure, using Swedish massage techniques. During the course of the treatment, the minerals are absorbed through the skin. The stone's neutral structure and natural resonant frequency help to realign energy pathways and restore balance to the central nervous system. The effect is a profound sense of well-being.

### Cold Stone Face Massage

25 min. .... \$59

Designed to rejuvenate body, mind and spirit. Cold smooth marble stones are used to gently massage the face, neck and décolleté, as inflammation and redness are reduced. The coolness of the stones refresh and soothe the skin as well as reduce tension headaches, TMJ and sinus congestion.

### Reflexology Massage

25 min. \$59 ..... 50 min. \$129

Experience a relaxing and therapeutic treatment concentrating on pressure points and massage techniques on the feet. Reflexology helps balance and detoxify, which can help alleviate tension in the body, relieve headaches, sinus congestion and most stress related conditions. Specifically designed to enhance total body wellness and general health. Not recommended for pregnant women.

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## Waxing and Tinting Services

Brow Wax .....	\$2	Brow Tint .....	\$20
Lip/ Chin Wax .....	\$15	Lash Tint .....	\$25
Full Face Wax .....	\$50	Bikini Line Wax .....	\$35
Under Arm Wax .....	\$25	Arm Wax .....	\$45
Chest Wax .....	\$50	Back Wax .....	\$50
Leg Wax, Half .....	\$45	Leg Wax, Full .....	\$65

## Makeup

<i>Banded Lash Application</i>	<i>Mini Application</i>	<i>Full Application</i>
15 min. .... \$20	30 min. .... \$49	50 min. .... \$89

## Hair Services

Beard Trim .....	\$15	Color .....	\$60
Buzz Cut .....	\$20	Women's Cut & Style .....	\$75
12 and under Cut .....	\$25	Partial Weave .....	\$90
Men's Cut .....	\$40	Full Weave .....	\$150+
Women's Cut .....	\$55	Cut & Color .....	\$120

## Dry Bar

<i>Dry Style</i>	<i>Beach Style</i>
30 min. .... \$35	30 min. .... \$45
No wash, only style	Effortless messy curls
<i>Straight Style</i>	<i>Southern Style</i>
30 min. .... \$45	30 min. .... \$45
Straight with some body	Lots of volume
<i>Sleek Style</i>	<i>In Style</i>
30 min. .... \$45	30 min. .... \$65
Straight and smooth	Elegant up do
<i>Wild Style</i>	
30 min. .... \$45	
Textured loose curls	

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## Wedding Services

Advanced reservation and deposit required. Lunch and beverage items available upon request.

*Pick 3 Mix-and-Match*  
**1.5 hours**  
**\$189 per person**

Choose one service from each of the following categories:

### Category 1

*50-minute Swedish Massage*  
*50-minute Herbal Compress Massage*  
*50-minute Customized Facial*  
*50-minute NuFace Microcurrent Facial*

### Category 2

*Peppermint Scalp Massage*  
*Mini Cold Stone Face Massage*  
*Marine Masque Foot Masque*

### Category 3

*Champagne*  
*Specialty Cocktail*  
*Specialty Mocktail*  
*Detox Smoothie*

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