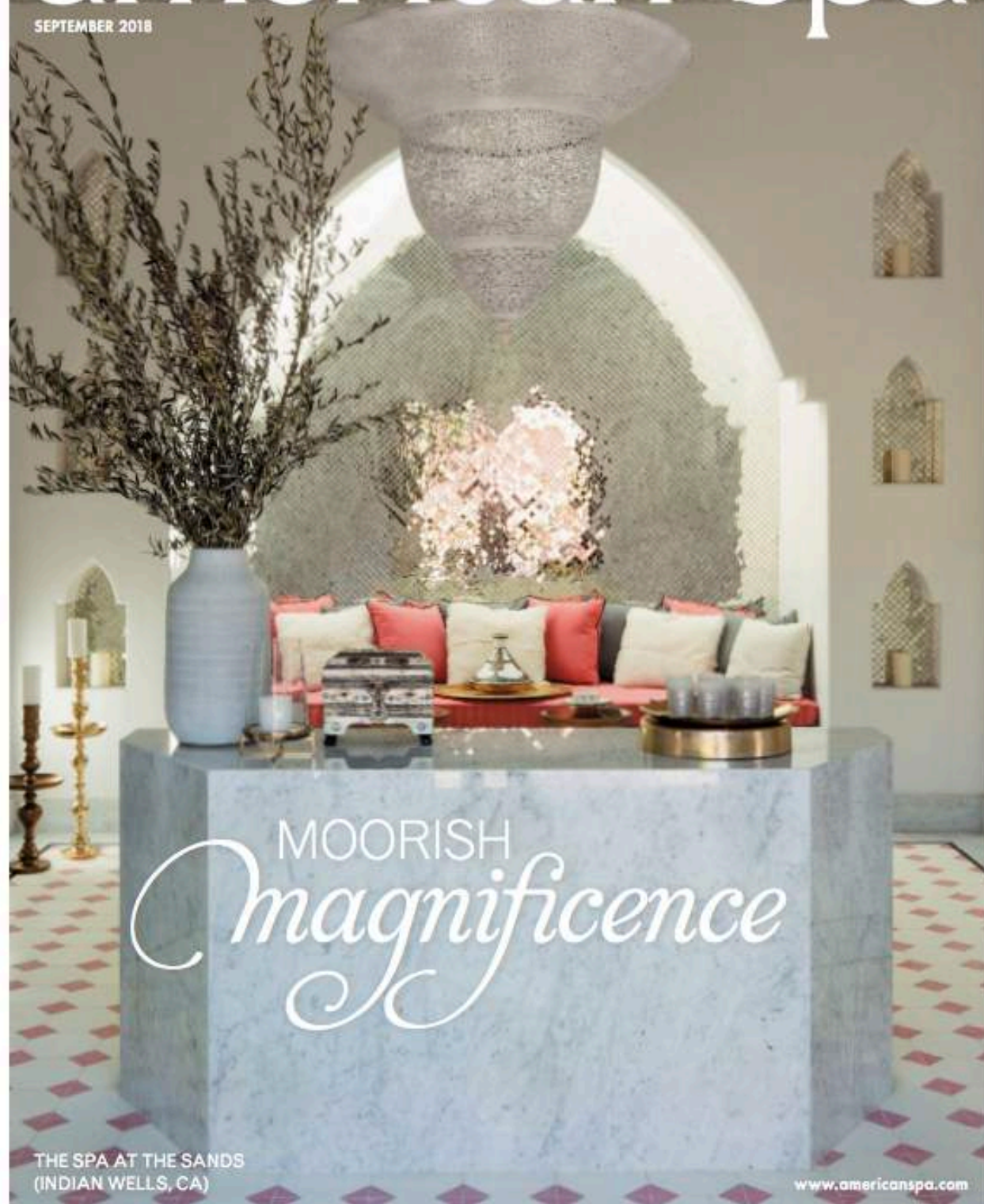


# american spa

THE SPA & WELLNESS AUTHORITY

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## MOORISH *Magnificence*

THE SPA AT THE SANDS  
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# NEWS

wellness updates from around the world

## SPA OPENINGS & UPDATES

### RENOVATED ZEN SPAS OPEN AT HYATT ZILARA IN CANCUN AND JAMAICA

Playa Hotels & Resorts has transformed the Zen Spas at Hyatt Zilara Cancun (Mexico) and Hyatt Zilara Rose Hall (Montego Bay, Jamaica). The new spas incorporate influences from their respective Mayan and Jamaican cultures. The 22,800-square-foot Cancun spa draws its inspiration from the four cardinal directions—east, west, north, and south. Highlights include 11 treatment rooms, four couples' suites with Jacuzzis, an outdoor terrace and lounge, a beauty salon, and a hydrotherapy circuit. The Jamaica retreat features four air-conditioned beachfront treatment cabanas with views of the Caribbean Sea. Guests also have access to a new full-service fitness facility.—*JULIE KELLER CALLAGHAN*



Zen Spa at Zilara Rose Hall Jamaica offers treatment cabanas with a view.

### NEW NEVADA SPA SETS SIZE RECORDS

Part of a \$100-million master renovation plan at The Row, which encompasses three resort-casino properties in the Reno and Lake Tahoe area, is **The Spa at Silver Legacy**. It is the largest treatment facility in northern Nevada, and it is being helmed by industry veteran George Powell-Lopez, who is serving as director of spa and wellness at the Silver Legacy Resort Casino. Designed in collaboration with Resources for Leisure Assets, USA and MBA Architecture + Interior Design, the 21,000-square-foot, window-filled retreat includes three couples' treatment rooms, four individual treatment rooms, five facial treatment rooms, three relaxation lounges, a salt-inhalation chamber, two private hospitality suites, seven hydrotherapy soaking tubs, two steam rooms, and two saunas. The alfresco natatorium, a rejuvenating swimming pool and focal point of the additional 8,000-square-foot deck area, includes a waterfall and a fire feature, coed hot soaking tubs, and shaded seating and sunbathing lounges intended for pre- and post-treatment relaxation. "Every finite detail of the spa—from the style and intimacy of our spa treatments to our custom-mixed scents and carefully selected color palettes—is designed with the intention to provide our guests with an unrivaled relaxation experience," says Powell-Lopez. "It's a metaphysical odyssey, allowing the conscious mind to recognize eminent beauty while the subconscious mind encounters a new level of repose and bliss."—J.K.C.



### Rosewood Spa Offers Bahama Bliss

Rosewood Baha Mar (Nassau), the brand's first property in The Bahamas, has debuted **Sense, A Rosewood Spa**, a luxe retreat inspired by Bahamian culture and the pristine natural surroundings of the islands. It features one couple's room, three single treatment rooms, and two signature spa suites. The menu offers more than 22 specialized experiences, including Lost Remedies treatments derived from centuries-old bush medicine traditions and Sense Journeys, which take spa-goers



outside of the spa for truly transformative wellness experiences. Also available are salon services, including manicures and pedicures, waxing, and hair services.—J.K.C.



### NAPA SPA UNVEILS \$3.5 MILLION RENOVATION

Carneros Resort and Spa (Napa Valley, CA) recently debuted the renovation of the **Spa at Carneros**. The \$3.5 million revamp transformed the 5,919-square-foot spa with a new entrance,

guest reception area, and retail space; an expanded relaxation area; and newly designed treatment rooms and suites. The renovation comes complete with a redesign of the menu with new services that showcase ingredients inspired by the local wine country and Carneros Resort and Spa's half-acre culinary garden. "We are constantly striving to enhance the guest experience at Carneros Resort and Spa and offer the highest quality amenities in Napa Valley," says Edward Costa, managing director of the resort. "The spa renovations reflect the resort coming full circle since its rebranding and renovations in 2016 and is the last piece to establishing the property's identity as a destination resort."—EMILY HARRIS

### Okom Opens in Playa del Carmen

Located in Playa del Carmen, Mexico, The Reef 28 is a new adults-only, all-inclusive resort. Among its many amenities is **Okom**, the property's signature spa, which offers a range of services and is inspired by the area's Mayan history. "Everything from the greenery to the lighting is designed to create a guest experience like no other," says spa manager Beatriz Nieto Lopez. "We want you to enter Okom and feel like you're on a mystical journey. Each treatment is a new experience for the client, but it is also new to us in a way, too. We never know how inspiration is going to manifest itself." Another spa standout is **Especiales Playenses**, its program for locals. With proof of residency, area residents can choose from three treatments with notable Playa motifs that incorporate techniques inspired by the ocean and rich Mayan culture.—J.K.C.

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