

Spa Pricelist

Massage Therapy

AVEDA Aroma Massage	50 min	\$150	80 min	\$200
Hot Stone Massage			80 min	\$220
Chakra Balancing Massage			80 min	\$220
Stress-Fix™ Massage			80 min	\$220
Mother to be Massage	50 min	\$160	80 min	\$210
Massage for Two	50 min	\$380	80 min	\$480
Tropical Island Signature Massage	50 min	\$185	80 min	\$230

MASSAGE UPGRADE

Shirodhara Warm Oil Treatment	20 min	\$60
Aqua Salt Renewal	25 min	\$80

MASSAGE ENHANCEMENTS

Warm Oil Scalp Massage	\$20
Moisturizing Foot Scrub	\$20
Skin Renewing Back Scrub	\$20
Refreshing Eye Treatment	\$20
Eco-fin™ Hydration Treatment	\$20
Hot Stone Therapy	\$20
Smoothing Lip Treatment	\$20
- Combine 2 Enhancements from above:	\$35
- Combine 3 Enhancements from above	\$55
Detox Exfoliation	\$30
Hydrating Face Masque	\$30
After-Sun Rescue Treatment	\$30

Outdoor Wellness Therapy

Zen-Thai Therapy	80 min	\$280		
Traditional Thai Healing Journey	110 min	\$385		
Island-Style Cabana Massage for Two	50 min	\$440	80 min	\$540
Island-Style Cabana Massage for One	50 min	\$200	80 min	\$250

Blended Body Therapy

Tropical Island Glow	50 min	\$160
Ayurvedic Rejuvenation Experience	110 min	\$350
Tropical Retreat for Two	80 min	\$480

Skin Care Therapy

AVEDA Signature Facial	50 min	\$150	80 min	\$200
Intense Hydrating Facial	50 min	\$170		
Instant Luminizing Facial	50 min	\$170		
Pore Refining Facial	50 min	\$170		
Vitamin C Complex Transforming Facial	50 min	\$170	80 min	\$210
Botanical Skin Resurfacing Facial	50 min	\$190	80 min	\$240
Back Facial	50 min	\$160		

FACIAL ENHANCEMENTS

GLOW Perfecting Plant Peel	\$30
ENERGIZE Eye Treatment	\$30
RESTORE Eye Treatment	\$30
AFTER-SUN Restorative Face Treatment	\$30

Hair Care

STYLE

Shampoo & Blow-out	from	\$60
Shampoo, Cut & Style	from	\$90
Men's Cut & Style	from	\$50
Child's Cut (Under 12 yrs.)	from	\$40

COLOR

Touch-Up Color	from	\$70
Full Length Color	from	\$100
Highlights Half Head	from	\$175
Highlights Full Head	from	\$250
Toner/Glaze	from	\$50
Balayage Highlights & Lowlights	(*Price upon consultation)	

HAIR TREATMENTS

Damage Remedy™ Intensive Restructuring Treatment	\$25
Color Conserve™ Strengthening Treatment	\$25
Dry Remedy™ Moisturizing Treatment Masque	\$25
Botanical Repair Treatment	\$25
Nutriplenish Repair Treatment	\$25
AVEDA Shine Treatment	\$25
Swiss Apple Treatment	(*Price upon consultation)

SCALP TREATMENTS

Pramasana Scalp Treatment	\$25
Pramasana Scalp Treatment with Masque	\$50
Invati™ Treatment for Thicker & Fuller Hair	\$30

Teen Spa Therapy

AVEDA Teen Aroma Massage	50 min	\$150
AVEDA Teen Facial (Incl. deep pore cleansing & extractions)	50 min	\$150
Teen Express Manicure & Pedicure	50 min	\$65

Just For Him

Gentlemen's Facial	50 min	\$150
Gentlemen's Back Facial	50 min	\$150
Gentlemen's Manicure	30 min	\$40
Gentlemen's Pedicure	30 min	\$50
Relax HIM Retreat	120 min	\$300
Revitalize HIM Retreat	120 min	\$290

Spa Packages

Journey into Relaxation	\$300
Journey For Two	\$500
Journey into Motherhood	\$220
Journey into Harmony	\$300
The Day Tripper	\$280
Into the Groove	\$280

Bridal & Special Event Services

Bridal Hair Design	\$100 & up
Bridal Hair Sneak Peek (Excludes wash & blowdry)	\$125
Bridal Makeup Sneak Peek	\$175
Bridal Hair Wedding Day (Excludes wash & blowdry)	\$125
Bridal Makeup Wedding Day	\$150
Special Event Hair Design (Excludes wash & blowdry)	\$100 & up
Special Event Makeup	\$100
Eyelashes Add-on	\$25

Wedding Packages

Bride to be Retreat	\$400
Groom's Retreat	\$380
Happily Ever After Retreat	\$540
Mother of the Bride or Groom Retreat	\$230
Bridal Party Retreat (Party of 6) (Per Person)	\$210

Hand & Foot Therapy

Express	Manicure 30 min	\$30	Pedicure 30 min	\$45
Meditative	Manicure 50 min	\$40	Pedicure 50 min	\$60
GelFx	Manicure 50 min	\$55	Pedicure 50 min	\$75
Tropical Island	Manicure 50 min	\$45	Pedicure 50 min	\$65

NAIL UPGRADES

Gel Removal	\$20
French (Add on)	\$10
Nail Repair	\$8 & Up
Eco-Fin™ (Paraffin alternative)	\$15

Waxing

FACE

Eye Brows	\$30
Chin	\$20
Lip	\$15

BODY

Full Leg	\$70
Full Arm	\$50
Under Arm	\$25
Upper Leg	\$35
Lower Leg	\$30
Lower Back	\$30
Upper Back	\$40
Full Back	\$75
Bikini	\$45
Full Brazilian	\$100



Scan for
Spa Menu



How to Spa

Hours of Operation

Monday to Friday 10:00am – 6:00pm | Saturday and Sunday 10:00am – 7:00pm.

Appointments

We recommend you make your appointment in advance to allow you to choose the time which best suits your schedule. Appointments are held with a credit card. To make an appointment, please contact 305.908.5460 or extension 5460 from your guest room.

Arrival

Please arrive at least 20 minutes before your appointment to allow ample time for you to check-in, change and relax before your spa treatment. We recommend arriving even earlier to enhance your experience and enjoy our facilities. If you arrive later than your scheduled appointment time, your session will still end at the scheduled time as a courtesy to the next guest.

Facilities

On the day of your service, we invite you to experience our beautiful relaxation area and our aroma steam room with cool plunge shower and ice fountain, ideal for chilling down between warming up. Locker rooms for both men and women are available and feature a Swiss shower, private shower, dressing area, and Aveda bath amenities. All guests experiencing services of 50 minutes or more (excluding hair and nails) have access to our pool and beach for the day and may enjoy the use of our fitness room.

The spa front desk will issue cards to spa guests, with which they will get pool towels to use during the day. Towels and cards must be returned to the spa front desk or a fee of \$39 will be charged.

What to wear

Along with a swimsuit for co-ed areas, we recommend you wear comfortable, casual clothes for pre and post-treatment. During treatments, you may wear undergarments (disposable available), a swimsuit, or undress to your level of comfort, either way, your modesty will be protected at all times. We recommend wearing no jewelry during your treatment.

Preparing for your treatment

We recommend showering using spa facilities before your treatment. Clean skin will better absorb the essential oils, scrubs, and/or creams used in our massage treatments, facials, body treatments, and nail therapies. We also recommend using the steam room before your treatment. Warming up the muscles beforehand opens up circulation, enhances relaxation, and increases treatment results.

Age Requirement

Guests must be 16 years of age or older to enjoy spa services and facilities. Nail and hair services are available to guests 12 years and older when accompanied by a parent or guardian.

Service Charges

For your convenience, a 20% service charge will be added to all treatments. Additional gratuities are at the discretion of the guest.

Cancellations

If your plans change and you are unable to keep your appointment, please let us know at least 24 hours prior to your scheduled appointment so we may reschedule a more convenient time for your treatment. Cancellations made after this time will be charged the full amount.

Gift Certificates

Give the gift of well-being with a treatment or package at The Palms Aveda Spa. The perfect way to say thank you to friends and loved ones, and available online.

Spa Cuisine

We invite you to enhance your spa experience with breakfast, lunch or dinner at Essensia Restaurant & Bar, featuring down to earth dining at its finest, with natural inspiration, sustainable sourcing and a tropical ambiance.

Retail

We offer the full range of Aveda hair and skin products, along with the vegan-friendly nail care line SpaRitual and other selected lifestyle products to continue your spa experience post-departure.

Valet Parking

Guests of The Palms Aveda Spa receive discounted parking with their treatment. Please ask the spa front desk to validate your parking prior to departure.

