



## Spa Month Specials 2021

### Tropical Island Journey (for one or two)

50 min | **\$139 per person**

Renew your skin and relieve your soul with this uniquely customizable massage experience enhanced by the delicate tropical aromas of Mālie Organics body polish. Choose up to two massage modalities based on your needs or your therapist's recommendation and choose to indulge alone or in company.

Modality choices:

**Swedish** – Gently flowing relaxation massage

**Reflexology** – Energy points on the feet are massaged to stimulate healing in different parts of the body

**Stretching** – Assisted stretching uses specific techniques to increase mobility and flexibility

### That Beautiful Glow

80 min | **\$139**

Choice of 50 min Tropical Island Glow Body Treatment OR 50 min Signature Facial AND Classic Manicure. (Add a Classic Pedicure to this experience for an additional \$40.)

**Tropical Island Glow Body Treatment** Nurture your skin and revive your senses with this exquisite treatment. Luxuriate in the exfoliating and re-nourishing powers of Mālie Organics body polish, clay mask and body butter which will leave your skin fully hydrated, silky-smooth and glowing and a scalp massage to top off the experience.

**OR**

**AVEDA Signature Facial** Give your face a refreshed and beautiful glow with cleansing, exfoliation, toning, moisturizing, customized masque application, facial massage and corrective techniques to restore your skin's balance.

**AND**

**Classic Manicure** Treat your hands to a thorough but not too lengthy nail treatment including a soak, nail shaping & cuticle maintenance plus a finish with a buff or your SPARITUAL polish color of choice.

### Body & Sole Renewal

50 min | **\$139**

This full body massage combines the power of AVEDA essential oils and Swedish massage techniques with a foot polish and a stress relieving foot massage to help you recover from the negative effects of stress, allowing you to feel renewed and re-energized – ready to take on the world!



## Rejuvenating Retreat

130 min | **\$199**

This 130 min relaxing and re-energizing treatment combines a full-body massage, a manicure and a pedicure to give you an all-around pampering experience. It includes:

**50 min AVEDA Aroma Massage** Our twist on the classic Swedish massage – relaxing and comforting as always but including a touch of personalized AVEDA aromas and hydrating oils which in applied with long flowing strokes will help even the tightest of muscles unwind

**AND**

**Classic Manicure** Treat your hands to a thorough but not too lengthy nail treatment including a soak, nail shaping & cuticle maintenance plus a finish with a buff or your SPARITUAL polish color of choice.

**AND**

**Tropical Pedicure** Capture the essence of the tropics with this luxurious spa pedicure service featuring Mālie Organics all-natural products with delicate floral and tropical fruit essences, a soothing foot soak, an exfoliating scrub as well as a mask, expert cuticle grooming, callus removal and warm towels topped off by a nourishing vegan SPARITUAL nail color.

**\*\* NOTE: ALL OUR MASSAGE THERAPIES CAN BE ENJOYED IN THE COMPANY OF A FRIEND OR LOVED ONE BY UPGRADING TO THE DUET SUITE FOR AN ADDITIONAL \$10 EACH.**

During this time of uncertainty and in light of citywide restrictions, our steam room and lockers are closed for the safety of our visitors and staff in compliance with CDC guidelines.

*All specials must be mentioned at time of booking and are valid July 1 – August 31, 2021. Promotions cannot be combined with other discounts or offers and are subject to availability. Combined services must be received on same day. A 20% service charge will be applied to the discounted treatment price. No substitutions or changes to the Spa Month Services as described*

Reservations: [Online](#), email: [spa@thepalmshotel.com](mailto:spa@thepalmshotel.com) or phone: (305) 908-5460