

Motivate and inspire your attendees by enhancing their experience through short yet effective spa services by The Palms Aveda Spa.

Treatments can be held in a meeting room, our outdoor TIKI Cabanas, within our Spa, as well as other locations throughout the hotel.

## ON SITE MINI-TREATMENTS FOR MEETING ATTENDEES

A great way to start or end your meetings as well as a welcome break in between.



Chair Massages A wonderful way to unwind before, during or after your meeting with a relaxing therapeutic mini-massage focusing on the shoulders, back and neck



## Hand Massages

Take a break with this relaxing hand massage that focuses on your unique pressure points and leaves you calm and centered for the rest of your meeting.



Finishing Touch This quick pick-me-up will leave you revitalized for the rest of the day. For women it features a mini make-up touch-up and for men a mini uplifting facial.

## SPA GROUP OPTIONS

You may also wish to schedule longer spa sessions for the relaxation of your attendees after a long and hard meeting day. These treatments are a bit longer than the Mini-Treatments, yet shorter than a regular spa treatment. These are usually held in the Spa. You may also consider renting a TIKI Cabana in our tropical garden to be used by your attendees during the day.

The services offered include 30-min Massages, 30-min Facials or 30-min Reflexology as well as TIKI Cabana Chair Massages.

## SPA TREATMENTS FOR GROUP ATTENDEES

All attendees of meetings taking place at The Palms Hotel & Spa can book regular treatments at discounted prices.

Special pricing also applies for group bookings of 10 or more guests.

Contact Spa Management for programs and prices.



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