

KIDS MENU



essensia

RESTAURANT
+ LOUNGE

COMBO MEALS 15

Children 12 years and under

PROTEIN CHOICE OF

FAROE ISLANDS SALMON

CHICKEN STRIPS (GL)

CRISPY CHICKEN WINGS (GL)

CERTIFIED ANGUS BEEF
BURGER (GL)

ALL BEEF HOT DOG (GL)

SIDE CHOICE OF

FRENCH FRIES

SWEET POTATO FRIES

MASHED POTATOES (D)

PENNE PASTA (GL)

JASMINE RICE

CAESAR SALAD (GL, D, G)

SAUTEED VEGETABLES

DESSERT CHOICE OF

BROWNIE OR COOKIE (GL, D)

FRESH FRUITS & BERRIES

ICE CREAMS OR SORBET (D)

À LA CARTE

SPAGHETTI OR PENNE PASTA WITH BUTTER,
CHEESE SAUCE, OR TOMATO SAUCE (GL, D) 8

CHEESE PIZZA (GL, D) 10

DESSERTS 6

CONTAINS

(D) DAIRY | (G) GARLIC | (GL) GLUTEN | (N) NUTS | (SF) SHELL FISH

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions