



## À LA CARTE BREAKFAST

### HEARTY

#### ALL AMERICAN BREAKFAST (GF Upon Request) 18 \*

Two Eggs Any Style, Choice of Maple Smoked Bacon, Pork Thyme Sausage or Chicken-Apple Sausage, Choice of Toast

#### THREE EGG OMELET (GF Upon Request) 16 \*

Eggs or Egg Whites with Choice of 3 Toppings: Tomatoes, Bell Peppers, Onions, Choice of Cheddar, Feta, Swiss or Goat Cheese, Choice of Toast

Add: Ham, Maple-Smoked Bacon, Chicken-Apple Sausage, Jalapeños, Mushrooms or Spinach 3

#### VEGAN TOFU HASH (VGN) 12

Turmeric-Seasoned Tofu, Beyond Meat and Sweet Potato Hash, Spinach, Sliced Tomato and Avocado Salad

#### BREAKFAST BURRITO (GF) 14

GF-Spinach Tortilla, Scrambled Eggs, Cheddar Cheese, Bell Peppers, Grilled Corn, Green Onions, Guacamole, Pico de Gallo

#### EGGS BENEDICT 16 \*

Poached Eggs, Hollandaise Sauce, Smoked Ham, Sliced Tomato, Avocado & Chives on an English Muffin

Add: Sliced Prosciutto 6 Smoked Salmon 8

#### WHOLE WHEAT CROISSANT SANDWICH 16 \*

Scrambled Eggs, Swiss Cheese, Avocado, Sliced Tomato

Add: Smoked Ham 5 Smoked Salmon 8

\* Served with Breakfast Potatoes and Mixed Greens

### GRIDDLE, GRAINS & MORE

#### SEASONAL FRESH FRUIT PLATE 12

Add: Side of Greek or Vanilla Yogurt 5

#### SMOKED SALMON & BAGEL 21

Smoked Salmon, Toasted Bagel, Cream Cheese, Red Onion, Tomato, Cucumber, Capers, Arugula

#### CHIA PUDDING BOWL (V) 16

Assorted Berries, Bananas, Mango, Coconut Milk, Almond Milk, Honey

#### AVOCADO TOAST (GF upon request) 14

Sourdough Bread, Florida Cherry Tomatoes, Watermelon Radish

Add: 2 Eggs Any Style 5

#### BELGIAN WAFFLES 15

Fresh Strawberries, Pure Maple Syrup, Whipped Cream

#### BUTTERMILK PANCAKES 16

Pure Maple Syrup

Add: Banana, Blueberries, Shredded Coconut or Chocolate Chips 3

#### CHALLAH FRENCH TOAST 15

Assorted Berries, Pure Maple Syrup, Whipped Cream

(GF) GLUTEN-FREE | (V) VEGETARIAN | (VGN) VEGAN

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

### SIDES

CHOICE OF SOURDOUGH, MULTI-GRAIN, OR GLUTEN-FREE TOAST 4

TWO PASTRIES OR MUFFIN 5

BAGEL & CREAM CHEESE 6

SIDE OF MIXED FRUIT 7

MAPLE SMOKED BACON 5

CHICKEN-APPLE SAUSAGE 5

GREEK OR VANILLA YOGURT 5

AVOCADO 5

### BEVERAGES

#### FRESHLY BLENDED SMOOTHIES 10

#### ESSENTIALS SMOOTHIE

Banana, Strawberries, OJ, Vanilla Yogurt

#### MIAMI SMOOTHIE

Coconut Milk, Banana, Papaya, Mango, Pineapple Juice

#### HOUSE-PRESSED JUICES 10

##### THE DETOX

Beet, Carrot, Ginger, Lemon

##### THE REFRESHER

Pineapple, Apple, Melon, Cucumber, Kale, Lime

#### JUICES 6

Orange, Grapefruit, Tomato, Apple, Pineapple, Cranberry

### COFFEES & TEAS

KIMBO NEAPOLITAN COFFEE 5

ORGANIC TEA 5

MILK, CHOCOLATE MILK 5

HOT CHOCOLATE 5

ESPRESSO 4

CAPPUCCINO, LATTE 6

Extra shot of Espresso 3

THE PALMS SIGNATURE BLACK OR GREEN PASSION ICED TEA 3

AN 18% SERVICE CHARGE AND APPLICABLE SALES TAX WILL BE ADDED TO YOUR CHECK

# BREAKFAST BUFFET

PER PERSON 29 | PER CHILD (12 YEARS & UNDER) 14.50

## DAILY SELECTION OF FRESH FRUIT

Honeydew, Cantaloupe, Pineapple, Watermelon and other  
Seasonal Tropical Fruits

## SLICED BREADS & ACCOUTREMENTS

Daily Selection of Breads, Bagels  
Rolls, Locally Made Jams, Fruit Preserves, Nutella, Butter

## MUFFINS, CAKES & PASTRIES

Daily Selection of Muffins, Chocolate and Plain Croissants, Bagels,  
Danishes and Other Signature Specialties

## SMOKED SALMON BAR

Smoked Salmon, Cream Cheese, Red Onion  
Tomato, Arugula, Capers, Herbs and Lemon

## SELECTION OF COLD CEREALS & MILK

Skim, Whole or Soy Milk

## YOGURT PARFAIT

Greek Yogurt, House Made Granola, Tropical Fruit Compote, Fresh Berries

## CHEESE & MEAT SELECTION

Daily Assortment of Sliced Meats and Cheeses

## POTATOES

Daily Selection of Breakfast Potatoes

## BREAKFAST STANDARDS

Daily Selection of French Toast, Pancakes, Belgian-Style Waffles

## BREAKFAST PROTEINS

Daily Selection of Breakfast Meats

## MADE-TO-ORDER OMELET

Cracked Eggs or Egg Whites with choice of: Cheddar,  
Monterey Jack Cheese, Onion, Tomatoes, Bell Peppers

## 2 EGGS ANY STYLE

Cooked to your specification

## SCRAMBLED EGGS

Fresh Farm Eggs

## FRITTATA OF THE DAY

Chef's Choice

## TRADITIONAL HOT OATMEAL

Walnuts, Raisins, Brown Sugar

## MILK OR YOGURT

2% Milk (Skim, Whole and Soy Milk upon request),  
Low Fat Vanilla Yogurt or Plain Greek Yogurt

## BEVERAGES

**COFFEE, TEA OR HOT CHOCOLATE** Kimbo Neapolitan Coffee,  
Organic Tea selection or Hot Chocolate

**FRUIT JUICES** Orange, Grapefruit, Apple, Pineapple, Tomato, Cranberry

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increase your risk of foodborne illness, especially if you have certain medical  
conditions



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