

LUNCH MENU

SOUPS

Roasted Pumpkin, Sweet Potato and Ginger Soup \$11





Carrots | Okra | Cabbage | Seasoning Peppers | Scallions | Soft Yeast Buns

SALADS

The Landings Caesar Salad \$16

Romaine | Egg | Sun-Dried Tomato Focaccia Crouton | Parmesan Crisp | Kalamata Olives Add Chicken - Add Local Catch - Add Grilled Shrimp \$12.75

Caribbean Influenced Ouinoa Bowl \$16







Okras with Cilantro | Roasted Pumpkin | Tomato Choka | Eggplant Choka | Fried Plantain Pumpkin Seeds | Shaved Goat's Cheese | Lime Dressing Add Chicken - Add Local Catch - Add Grilled Shrimp \$12.75

Roasted Butternut Squash and Tofu Salad \$14







Arugula | Seasoned Crispy Fried Tofu | Sunflower Seeds | Cucumbers | Red Peppers | Tomatoes Christophene | Dried Banana | Dried Pineapple | Tahini Salad Dressing

Organic Garden Tossed Salad \$16







Red and Green Leaf Lettuce | Cherry Tomatoes | Cucumber | Red Onions | Carrots Radish | Crumbled Feta | Cucumber & Mint Dressing

Spiced Yellowfin Tuna Nicoise \$20

Haricot Vert | Kalamata Olives | Eggs | Fingerling Potatoes | Tomatoes Papaya | Avocado Dressing

Surf and Turf Cobb Salad \$29



Smoked Flank Steak | Chimichurri Shrimp | Smoked Bacon | Egg | Tomatoes | Feta Cheese Red Onions | Kalamata Olives | Mango Dressing



Vegetarian





Gluten Free



TAPAS

Coconut Crusted Tiger Shrimp \$30

Orange Marmalade Sweet Chili Sauce | Pina Colada Aioli





Sesame Sauce / Charred Pineapple Chutney

Salted Pollack and Breadfruit Accra \$12

Spicy Red Bell Pepper Sauce

Crispy Wings \$15

Passion Fruit Chili Sauce | Souskai Dressing

Chili Chargrilled Rubbed Beef Skewers \$23

Thai Lime Basil Dip

Steamed Mussels with Pernod and Cream \$17

Plum Tomatoes / Coriander

SANDWICHES

The Landings Gourmet Black Angus Burger \$20

Herb Mayo | Cucumber | Tabacco Onions | Fried Tomato | Beef Brisket | Provolone Cheese | Bacon

Blackened Dorado Sandwich \$22

Sesame Brioche | Cilantro Crema | Mango Papaya Chutney | Pickled Cucumber

Grilled Chicken Breast Sandwich \$22

Baby Lettuce | Herb Mayo | Chimichurri | Pumpkin & Coconut Chutney | Sriracha Honey

Classic Smoked Chicken Club Sandwich \$16

Multigrain Bread | Hard-boiled Egg | Crispy Bacon | Organic Lettuce | Tomato | Remoulade

Vegetable Pita Pocket \$14

Grilled Market Vegetables | Hummus | Arugula | Goat's Cheese | Spicy Yoghurt









Atlantic Spiced Salmon Wrap \$20

Baby Greens | Grilled Vegetables | Chive Cream Cheese | Capers

Smoked Beef Brisket Melt Wrap \$20

Roasted Peppers Piperade | Arugula | Smoky Mayo | Piton BBQ Sauce Pickled Cucumber | Mushrooms | Cheddar Cheese

Free Range Jerk Chicken Wrap \$22

Tamarind Chutney | Charred Onions | Grilled Peppers

Eggplant and Potato Wrap \$14

Tamarind Raisin Ketchup | Cucumber + Tomato Raita

All Sandwiches are served with French Fries or Sweet Potato Fries or Island Chips or Garden Salad or Coleslaw

CHEF SPECIALTIES

Line Caught Catch of the Day \$29

Green Garlic Mashed Potatoes | Souskai | Spiced Puy Lentils | Sauce Vierge

Slow Cooked Baby Back Pork Spare Ribs

Slaw | Orange BBQ Sauce | French Fries 1/2 Rack - \$33 Full Rack - \$60

Char Grilled 8 oz Sirloin Steak \$39

Garlic Confit Mashed Potatoes | Roasted Vegetables | Sautéed Onions | Pink Peppercorn Sauce

Landings Green Fig and Salt Fish \$14

Cucumber Salad

Thai Shrimp Curry \$30

Basmati Rice | Stir Fry Vegetables | Dressed Cilantro

Creamy Chicken Alfredo \$25

Fettucini Pasta | Mushrooms | Grano Padano

Shepherd's Pie \$20

Mashed Potatoes | Onions | Carrots | Garden Herbs | Braised Beef Stew

Beetroot and Eggplant Lasagna \$15

Tomato Sauce | Bechamel | Goat Cheese









BBQ Smoked Chicken Pizza \$21

Roasted Red Peppers | Caramelized Onions | Mozzarella Cheese

Seafood Pizza \$26

Fried Capers | Tomatoes | Basil | Mozzarella Cheese

Grilled Vegetable Pizza \$16

Kalamata Olives | Mediterranean Vegetables | Sun-Dried Tomatoes | Fried Capers Arugula Pesto

Margherita Pizza \$15

Plum Tomatoes | Tomato Sauce | Basil | Mozzarella Cheese

Pepperoni Pizza \$18

Tomato Sauce | Basil | Mozzarella Cheese

Meat Lovers Pizza \$22

Pepperoni | Ham | Smoked Bacon | Chicken | Tomato Sauce | Mozzarella Cheese

Build your own Pizza Topping - \$2

Pepperoni | Peppers | Tomatoes | Kalamata Olive | Smoked Ham | Bacon | Pineapple | Sausage Caramelized Onions | Fried Capers | Mushrooms | Chicken | Seafood | Goat's Cheese

SIDES \$5

Basmati Rice | French Fries | Sweet Potato Fries | Confit Garlic | Mashed Potatoes | Garlic Bread

DESSERTS

Warm Bread and Butter Pudding \$10

Bounty Rum Cream Sauce

Granny Smith Apple Pie \$12

Vanilla Bean Ice Cream

Valrhona Chocolate Brownie \$10

Vanilla Ice-Cream | Chocolate Sauce

Banana Split Sundae \$7

Caramel | Marshmallow | Chocolate Sauce

Marinated Fruit Salad \$7

Sorbet of Your Choice

Assorted Ice Creams + Sorbet \$5





