



THE ENGLISH ROOM

WELLNESS CUISINE

Seasonal Fruit Plate

Greek Yogurt or Cottage Cheese / 12

Blueberry Greek Yogurt Bowl

Almond & Pumpkin Seed Granola, Banana, Chia Seeds / 13

Breadless Eggs Benedict

Thick Cut Heirloom Tomatoes, Sliced Turkey, Avocado, Cauliflower Hash / 16

Avocado Caprese Toast

*Toasted Sourdough Bread, Smashed Avocado, Buffalo Mozzarella, Two Eggs, Heirloom Tomatoes
Fresh Fruit / 17*

Good Start Skillet

*Cauliflower Hash Brown, Quinoa, Mushrooms, Broccolini, Chickpeas, Olive-Oil Cured Tomatoes
Two Eggs / 18*

Egg White Frittata

Organic Baby Kale, Feta Cheese, Heirloom Tomatoes, Herb Salad, Cauliflower Hash / 16

Oatmeal

Golden Raisins, Organic Dates, Brown Sugar, Walnuts / 14

Continental

*Seasonal Fruit, Butter Croissant, House Made Scones, Devonshire Cream, Raspberry Jam
Orange or Grapefruit Juice / 14*

COMPLETE BREAKFAST

Served With Hash Browns & Choice of Toast

Two Farm Eggs Any Style With Choice Of:

Hickory Bacon, Turkey Bacon, Pork Sausage, Turkey Sausage, Chicken Sausage / 15

Lake Forest Breakfast

Angus Certified New York Strip Steak, Two Eggs, Grilled Tomatoes / 22

English Breakfast

*Two Eggs, Spencer Posh Bacon Rashers & Black Pudding, English Bangers, Mushrooms
Baked Beans, Hash Browns / 19*

English Benedict *(Substitute with Smoked Salmon \$7)*

Poached Eggs, Spencer Posh Bacon Rashers, English Muffin, Hollandaise Sauce / 17

Omelet

Any Way You Like It / 16

BREAKFAST SKILLET

Chilaquiles Skillet

*Tortilla Chips, Salsa Roja, Red Onions, Queso Fresco, Two Eggs, Avocado, Sour Cream
Cilantro / 17*

Smoked Brisket & Prairie Farms White Cheddar Skillet

House Smoked Brisket, Hash Browns, Green & Red Peppers, Red Onion / 18

The Butchers Block

*Hash Browns, Cheddar & Jack Cheese, Two Eggs, Ham, Bacon, Pork Sausage
Prosciutto di Parma / 19*

PANCAKES, WAFFLES FRENCH TOAST

Berry Bliss Belgian Waffle

Fresh Berries, Mascarpone Mousse, Vanilla Crème Anglaise, Blackberry Coulis / 15

Maple & Cinnamon Challah French Toast

Bourbon Butter, Candied Walnuts, Maple Syrup / 14

Old-Fashioned Buttermilk Pancake Stack

Maple Syrup / 13

ADDITIONS

Meats: *bacon \$4, ham \$5, sausage (chicken \$6, pork \$4, turkey \$5)*

Veggies: *\$4 each, potatoes, tomatoes, spinach, mushrooms, bell peppers, kale, sun dried tomatoes,
asparagus*

Cheeses: *cheddar, Swiss, American, mozzarella, goat, Stilton Blue*

Bakery Breads: *\$4, selection of house-made muffin, butter croissant, pain au chocolate*

Fresh Fruits: *whole grapefruit \$9, seasonal berries \$9, fruit salad \$7,
seasonal fruit plate \$10, fresh cut melon \$7*

BEVERAGES

Juice Selections, *\$4 (orange, grapefruit, V-8, apple, lemonade)*

Cappuccino or Latte / 6

Freshly Brewed Coffee and Specialty English Tea / 4