

# FIND YOUR INNER CALM

Welcome to Silversands Spa.

Prioritise your fitness and well being. Our classes have been created with our guests in mind.

Please contact the Spa on 7000 to book in for classes or to schedule private sessions.

TRANSFORMATIVE. BALANCING. REWARDING



# SPA PACKAGES

## BREAKFAST & SPA

Start your day with a sumptuous breakfast before finding your inner calm with a massage. Stay a little longer and enjoy our spa facilities.

Price per person: \$150++

Book your appointment:

[spa@silversandsgrenada.com](mailto:spa@silversandsgrenada.com)



## SPA PACKAGES

### NUMAD GIFT WITH PURCHASE

Book a treatment and take home an all-natural, local Numad avocado skin mist or a body butter.

Book your appointment:

[spa@silversandsgrenada.com](mailto:spa@silversandsgrenada.com)





# SILVERSANDS

All prices are USD and subject to 15% VAT  
and 10% Service Charge

