

**BREAKFAST CLASSICS**

*Served with choice of breakfast potatoes, grits, fruit, or sliced tomato*

**Sewanee Breakfast** 8.58

Two eggs cooked to order with your choice of grilled ham, thick cut bacon, or grilled sausage and served with toast.

**Eggs Benedict** 10.58

Poached eggs on English muffin with Canadian Bacon and Hollandaise sauce.

**Chef's Garden Omelet** 9.58

Sautéed spinach, diced tomatoes, peppers, onions, mushrooms, and New York cheddar.  
*Add bacon, sausage, or ham for 1.58*

**Breakfast Sandwich** 7.58

Choice of bagel or toast with scrambled eggs, New York cheddar. Choice of grilled ham or thick cut bacon.

**Monte Cristo** 9.58

Breakfast sandwich of turkey, ham, and a fried egg.

**Steak and Eggs (Low Carb)** 12.58

Two eggs your way served with a 6oz. flat iron steak, spinach, and roasted tomato.

**FIT**

**Breakfast Burrito (Low Fat)** 8.58

Scrambled egg whites, tomatoes, feta cheese, avocado, salsa verde, and fresh fruit.

**Yogurt Granola Parfait** 7.58

Layers of Blue Monarch granola, Greek yogurt, honey, and fresh berries.

**Steel Cut Oatmeal** 6.58

Cinnamon, brown sugar, blueberries, and toasted almonds.

**Traditional Continental** 8.58

Bagel or house made muffin, yogurt, and fruit; served with juice, tea, or coffee.

**BREAKFAST SIGNATURES**

**The Long Haul Breakfast** 8.58

Hand-cut battered chicken strips, biscuits, and gravy.

**Malted Waffles or Pancakes** 8.58

Strawberries, honey butter and maple syrup.

**Bananas Foster French Toast** 9.58

Hawaiian bread topped with bananas in a sugary bourbon sauce and whipped cream.

**Huevos Rancheros** 9.58

Two eggs, any style, crispy flour tortillas, black beans, chorizo, mild green chiles, and onions. Topped with white cheddar, pico de gallo, lime crème fraiche, and cilantro.

**Cumberland Skillet** 9.58

A casserole of skillet browned potatoes and onions, topped with thick cut bacon, two eggs to order with melted cheddar. Served with toast.

**Shakshuka** 9.58

Middle Eastern breakfast of roasted tomato stew and poached eggs, cooked in Lodge cast iron.

**Smoked Salmon Crepes** 12.58

Filled with fresh herbs and cream cheese, topped with a Swiss Gruyere sauce.

**BEVERAGES** 2.58

Premium Orange Juice (add 1.00)  
Grapefruit, Cranberry, Tomato, Pineapple, or Apple Juice  
Coffee – Regular and Decaffeinated  
Whole, Skim, or Chocolate Milk  
Pot of Tea

**A LA CARTE OPTIONS** 2.58

Two Eggs, any style  
Thick Cut Bacon  
Grilled Sausage  
Grilled Chicken Apple Sausage  
Grilled Ham  
Creamy Grits  
Bowl of Fruit  
English Muffin  
Bagel and Cream Cheese