

The Wine Buzz



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Spas Offer Sips Alongside a Soothing Slowdown

By Patricia Kutza

In this increasingly hectic world, slowing down is becoming essential to our health. Many wineries throughout the U.S. understand the importance of doing exactly that, and are collaborating with local spas to offer relaxing, rejuvenating spa services.

These partnerships have paved the way for consumers to enjoy the best of both, with a privacy level and price range that match their sensibilities as well as their pocketbooks.

In this national roundup, we explore, by region, options where you can sip, get a soothing massage, and best of all – slow down!

Gervasi Vineyard, Canton, Ohio

The vibe: With all of the amenities and options located on its 55-acre estate – three types of lodging, a winery, a distillery, three restaurants, a coffeehouse and a cocktail lounge – Gervasi has become the ‘go-to’ destination for an all-inclusive experience, be it for one day or an extended stay. This is resort living at its prettiest, with year-round events that include live music, tastings, pairings and tours. Sign up for its weekly “GV Club” newsletter to find out about Gervasi events and promotions.

Spa services: In-suite spa services include manicures, pedicures, facials, massages and yoga.

www.gervasivineyard.com

The Lakehouse Inn, Geneva-on-the-Lake, Ohio

The vibe: This bed-and-breakfast on the shore of Lake Erie features a variety of lodging choices – suites, traditional rooms and cottage rentals and a private Beach House – co-located with its winery and spa. Guests seeking additional privacy can book waterfront-view rooms that feature whirlpool tubs for a spa-like experience. The Lakehouse Inn Winery produces hand-crafted, small-batch wines from Ohio’s Grand River Valley grapes, local apples and honey. Enjoy a farm-to-table meal at Crosswinds Grille.

Spa services: Their full-service spa offers massages, facials, waxing, pedicures, and manicures with a variety of spa packages to choose from. The spa is also open to the public, so it’s possible to book treatments, visit the winery and tour the surrounding region – all in a day.

www.thelakehouseinn.com

Sedona Rouge Hotel and Spa, Sedona, Arizona

The Vibe: Set in a rugged landscape that is perfect for stargazing, this all-in-one destination contains a hotel, spa, on-site bistro and lounge. Sedona Rouge offers a year-round wine tour package.

Spa Services: This AAA Three-Diamond Spa boasts not only certified massage

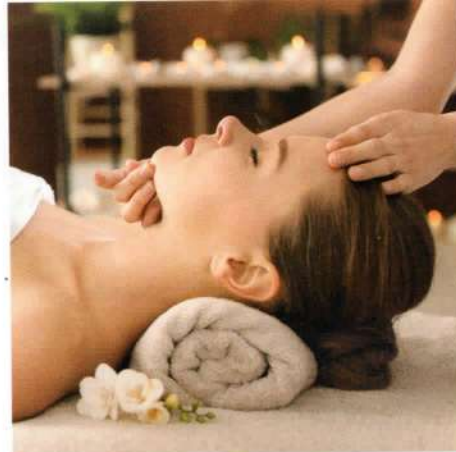


Photo courtesy Gervasi Vineyard.

therapists but also experienced estheticians who offer a full slate of regenerative services. Sedona Rouge spa guests can also use the property’s hot tubs, steam rooms, fitness room and swimming pool.

www.sedonarouge.com

Fairmont Sonoma Mission Inn & Spa, Sonoma, California

The vibe: Located in one of Northern California’s legendary wine appellations, this mission-style destination pampers its guests with lodging, restaurant and a full-service spa on beautifully-landscaped grounds. Its Wine, Roses and Romance package includes accommodations, breakfast in bed and a sparkling wine tasting at nearby Gloria Ferrer Winery.

Spa services: Guests at the inn’s Willow Stream Spa can pick from a large variety of treatments that include the Fleur de Vigne body massage that uses grape-based products. They can also use the three pools on the Spa’s property, which also include private cabanas.

www.fairmont.com/sonoma

Magical Massage & Inspiration Gallery, Glen Ellen, California

The vibe: Its location is a great conversation-starter that just happens to also be a great place for an intimate massage. Located in a converted 22-foot wine barrel, this spa offers the perfect space for singles or couples massages. Organic skin-care products as well as imported jewelry and art are available in an adjacent gallery. The spa is located in Jack London Village, an intimate grouping of wineries, restaurants and specialty shops nestled on the shore of Sonoma Creek.

Spa services: A wide variety of massages, including pregnancy massage. In-home services are also available for travelers staying at nearby accommodations.

www.magicalmassagesonoma.com



Photo courtesy Sedona Rouge Hotel and Spa.