

# SEA *breeze* BEACH HOUSE

## Christmas Activities Program

DEC. 21, 2022 THROUGH TO JAN. 1, 2023



Dear Guest,

Warm Christmas greetings to you and yours on behalf of the entire Sea Breeze Beach House family.

Thank you for choosing to share this festive season with us on our beautiful island home. We have an exciting experience planned for you as we emerge from the restrictions of the past! Executive Chef Ron Maynard has constructed an array of culinary delights and our annual picnic and scenic tour should not be missed.

If you are staying with us on New Years Eve, you are in for quite a treat, from the cuisine to the entertainment, to the fireworks!

From our family to yours, we wish you a memorable festive season as we welcome in 2023 together, at our Beach House.

Regards.

R. Leroy Browne  
General Manager



To have a real Bajan Christmas,  
there are a few things you  
must have this festive season.



# Must Haves

## THIS FESTIVE SEASON

1 of 3

**EGG NOG** - A drink served during the holiday season in Barbados. It is often referred to as the 'addictive drink that sneaks up on you when you least expect'.

**FALERNUM** - (pronounced fah-learn-um) - a sweet syrup used in the Caribbean in Tropical Drinks. It contains almond, ginger and lime; sometimes vanilla or allspice. The syrup form can be either alcoholic or non-alcoholic.

**GINGER BEER** - First introduced as an alcoholic drink. Today, it is sold as a soft drink. This drink is sweetened with sugar/artificial sweeteners and is primarily flavored with ginger.

**MAUBY** - A bitter-sweet cold beverage made from the bark of the Mauby tree.

**SORREL** - A drink which is made from a deep red sorrel herb. Barbados ginger -ale or falernum is added to the sorrel to give it a smooth taste.





# Must Haves

THIS FESTIVE SEASON

2 of 3

**BLACK CAKE** - This cake is similar to a fruit cake consisting of fruits and rum. Traditionally, fruit is typically soaked for a minimum of three months - most times year round, then added to the cake mixture at the time of baking. It is believed that too much consumption of the cake causes intoxication.

**CASSAVA PONE** - A delicious, traditional sweet treat introduced by the island's earliest settler, made from cassava and coconut.

**SALT BREAD** - This traditional bread made in Barbados is one of the only breads that isn't very sweet. However, don't let the name fool you. This bread is definitely not salty. Salt bread can be used to accommodate almost any filling. This local delicacy is the housing for the popular bread & two which consists of salt bread filled with two fish cakes.

**SWEET BREAD** - This oven baked bread is usually enjoyed throughout the year, however, it is a favorite during the Christmas season. Sweet bread should be served warm, sliced and accompanied by a tall glass of iced Mauby drink (a local beverage made from mauby bark) or for the Christmas holiday, Mauby can be substituted with a glass of iced Sorrel drink.





# Must Haves

## THIS FESTIVE SEASON

**HAM** - Baked leg ham glazed and garnished with cloves and pineapple rings.

**HAM CUTTER** - Islander's favorite sandwich. Salt bread filled with slices of traditional baked ham. It is often served with spicy Bajan pepper sauce.

**PEPPER POT** - Festive food often eaten on Christmas Day in Barbados. It is a stewed meat dish with flavored spices, cassareep (syrup made from cassava) and hot pepper.

**JUG JUG** - This is a traditional Barbadian dish with pigeon peas as the main ingredient. The green peas are boiled with small amounts of salt meat and pork, with the stock-poured off. The meat, peas and seasonings are minced and a quantity of guinea corn flour is added and then cooked for about 30 minutes.



# What's Happening

DAILY

Full Buffet breakfast at Mahogany	7:00 a.m. – 10:30 a.m.
Specialty Buffet Breakfast at Aqua Terra	7:30 a.m. – 10:30 a.m.
Lil Dippers open for Kids Activities*	9:00 a.m. – 9:00 p.m.
Our Pizza Station is opened at Flying Fish	10:30 a.m. – 6:00 p.m.
Enjoy Buffet Lunch in Mahogany	12:30 p.m. – 3:00 p.m.
Snack Menu at Flying Fish (Lunch at Topsy from 12:30 p.m.)	11:30 p.m. – 6:00 p.m.
Join us for High Tea in Cerulean Lounge	4:00 p.m. – 5:00 p.m.
Enjoy Sunset Champagne & Canapes On Aqua Terra Deck	5:00 p.m. – 6:00 p.m.
Dinner is Served (Please book in advance)	6:30 p.m. – 9:30 p.m.
Enjoy Live Entertainment	8:00 p.m. -11:00 p.m.
Bar Closes - Cerulean Lounge	1:00 a.m.

\*Please reserve with Guest Services daily







# Activity Schedule

DEC 21 - 24

## WEDNESDAY, DECEMBER 21

Ocean Hotels Family Picnic at Bathsheba  
(Bathsheba is located on the East Coast of the island)

10:00 a.m. – 4:00 p.m.

## THURSDAY, DECEMBER 22

Morning Stroll to Oistins

8:00 a.m. – 9:15 a.m.

Beach & Water Sports Games

10:00 a.m. – 12:00 p.m.

Kids Aqua Aerobics

2:30 p.m. – 3:30 p.m.

Carols on The Lawn with afternoon Tea

4:00 p.m. – 5:00 p.m.

## FRIDAY, DECEMBER 23

Aqua Aerobics in the Lap Pool

11:00 a.m. – 11:45 a.m.

Kids Christmas Tie Dye (Kids Club)

2:00 p.m. – 3:00 p.m.

Christmas Bottle Art (Adults & Kids)

2:30 p.m. – 3:30 p.m.

Carols on the Lawn with afternoon tea

4:00 p.m. – 5:00 p.m.

## SATURDAY, DECEMBER 24

Caribbean Dance Fit on Topsy Beach

11:00 a.m. – 11:45 a.m.

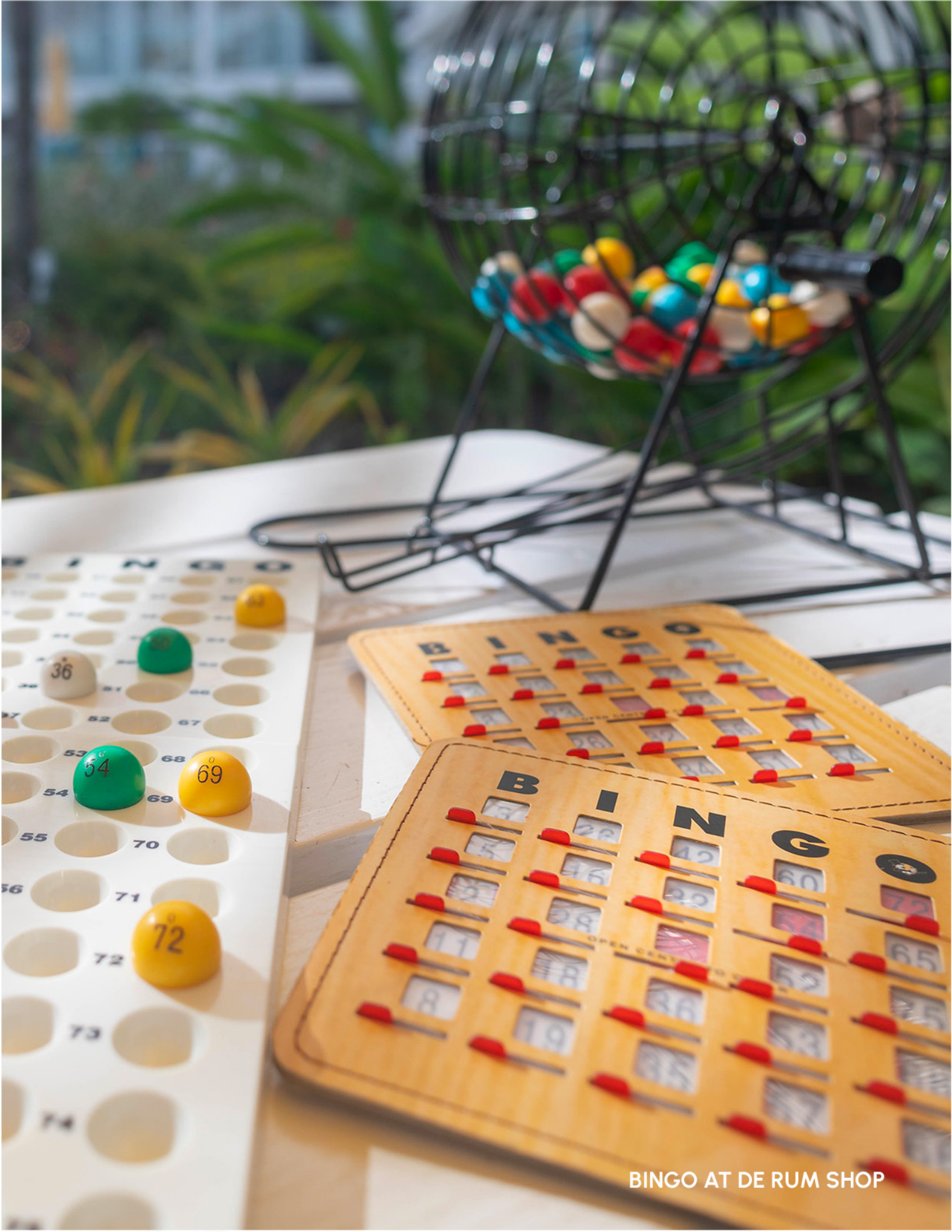
Christmas Mini Chef Baking (Kids Club)

2:30 p.m. – 3:30 p.m.

Rum Tasting at De Rum Shop

4:00 p.m. – 5:00 p.m.





BINGO AT DE RUM SHOP



# Activity Schedule

DEC 25 - 28

## SUNDAY, DECEMBER 25

Christmas Buffet Breakfast	7:30 a.m. – 10:30 a.m.
Santa Arrives	10:30 a.m. – 11:30 a.m.
Christmas Lunch Buffet	12:30 p.m. – 3:00 p.m.
Christmas Mixology in Aqua Terra	3:00 p.m. – 4:00 p.m.
Christmas Festive Dinner Buffet	6:30 p.m. – 9:30 p.m.

## MONDAY, DECEMBER 26

Aqua Aerobics in the Lap Pool	11:00 a.m. – 11:45 p.m.
Kids Christmas Mixology (Aqua Terra)	2:00 p.m. – 3:00 p.m.
Draft, Dominoes & Trivia at De Rum Shop	3:00 p.m. – 4:00 p.m.
Wine Tasting in Driftwood Lounge	4:00 p.m. – 5:00 p.m.

## TUESDAY, DECEMBER 27

Beach Volleyball	10:00 a.m. – 11:00 a.m.
Pop Up Art - Gazebo	2:00 p.m. – 3:00 p.m.
Bingo at De Rum Shop	4:30 p.m. – 5:00 p.m.

## WEDNESDAY, DECEMBER 28

Morning Stroll	8:00 a.m. – 9:15 a.m.
Aqua Aerobics in the Lap Pool	11:00 a.m. – 11:45 p.m.
Kids Pizza Chef Time	2:30 p.m. – 3:30 p.m.







RUM TASTING



# Activity Schedule

DEC 29 - JAN 1

## THURSDAY, DECEMBER 29

Yoga on the Lawn

7:30 a.m.

Beach Games

2:30 p.m. – 4:00 p.m.

Bingo at De Rum Shop

4:00 pm – 5:00pm

## FRIDAY, DECEMBER 30

Aqua Aerobics in the Lap Pool

11:00 a.m. – 11:45 a.m.

Mini Chef Baking (Kids)

2:30 p.m. – 3:30 p.m.

Tie Dye Class (Adults & Kids)

3:00 p.m. – 4:00 p.m.

## SATURDAY, DECEMBER 31

Lil Dippers Open for Kids Activities

9:00 a.m. – 12:00 a.m.

Kids Science Experience

2:30 p.m. – 4:30 p.m.

NYE Gala Dinner Buffet

7:00 p.m. – 10:30 p.m.

**'Glitter on the Beach'** NYE Party

9:00 p.m. – 2:00 a.m.

## SUNDAY, JANUARY 1

Kids Club Movie Time

3:00 p.m. – 4:30 p.m.

Mixology Demonstration & Challenge

3:00 p.m. – 4:00 p.m.

New Year's Day Sunset Champagne & Canapes

5:00 p.m. – 6:00 p.m.



# Glitter on the beach

AT SEA BREEZE BEACH HOUSE

**SEA**  
*breeze*  
BEACH HOUSE

## All Inclusive NYE Beach Party

- Gala Dinner Buffet starts at 7 p.m.
- Party from 9 p.m. to 2 a.m.
- Champagne Toast & Fireworks at Midnight
- Entertainment by DJ / Big Band



*Happy New Year!*

May the new year bring health, beach  
and happiness to you and your entire family!

**SEA**  
*breeze*  
BEACH HOUSE