

The
NATURALIST

Café & Lounge

Chef Prepared BREAKFAST

Open Daily 6:30AM - 10:30AM

Juice

Orange, Apple, Grapefruit

3

Coffee or Tea

Regular, Decaf or Tea

4

PASTRIES

Allergies: Dairy, Nut, Gluten

Croissant, Chocolate Croissant, Danish, Muffin

2.5

BREAKFAST TACOS

Allergies: Dairy, Gluten

Egg, Potato, Cheese, Flour Tortilla

2.5

YOGURT PARFAIT

Allergies: Dairy, Gluten

Yogurt, Granola, Mixed Berries, Honey

5

OIKO GREEK YOGURT

Allergies: Dairy

Strawberry, Blackberry, Blueberry

4

FRUIT CUP

Allergies: Dairy, Nut, Gluten

Honey Dew, Cantaloupe, Pineapple, Grapes, Mixed Berries

4

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SNACKS

Candy

Hershey, Snickers, M&M Plain,
M&M Peanut, Skittles

2

Potato Chips

Sea Salt, BBQ, Jalapeño

2

Planters Trail Mix

Trail Mix

2

Ice Cream Bars

Big Alaska, Crunch Bars, Nuttin Butter

3.5

Kind Bars

Dark Chocolate, Sea Salt Caramel,
Cranberry

2.5

Pringles

Plain, Sour Cream & Onion

2

Jerky

Original

3

Whole Fruit

Banana, Orange, Apple

1

Oiko Greek Yogurt

Strawberry, Blueberry, Blackberry

4

Naturalist Café & Lounge

6750 Main St. | Houston, TX 77030

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