



A serene respite from the stresses of daily life...



Armonia Spa Awards:  
**Condé Nast Traveler** | Readers' Choice Awards: #5 of the Top 5 Best Spas in the World 2015  
**Travel + Leisure** | World's Best Awards: #1 on the Top Hotel Spas in Mexico List  
[www.pueblobonito.com](http://www.pueblobonito.com)







# Spa Rituals

## CITRUS SUPREME

**Revitalizes – Nourishes - Tightness**

Moisturize your skin with an intense hydrating and firming C+C ritual for face and body. This revitalizing ritual begins with an exfoliating wrap formulated with mandarin, followed by a citrus soufflé body mask providing deep hydration. The treatment is completed with a luxurious application of C+C Vitamin Body Cream leaving the skin with a luminous and radiant look.

**80 minutes – Exfoliation & body wrap**

**110 minutes – Exfoliation, body wrap & purifying Vitamin C Facial**

## DIAMOND WELL LIVING SCRUB

Experience the genuine power of touch and immerse yourself in a universe of sensations. Diamond well-living is a Mosaic of textures, scents, pressures and sensations, a reason to love and care for yourself. It is an occasion to experience a journey that transforms your mood, a pathway to health and well-living. This collection is a Mosaic of natural ingredients that are vegan-friendly and sustainably sourced.

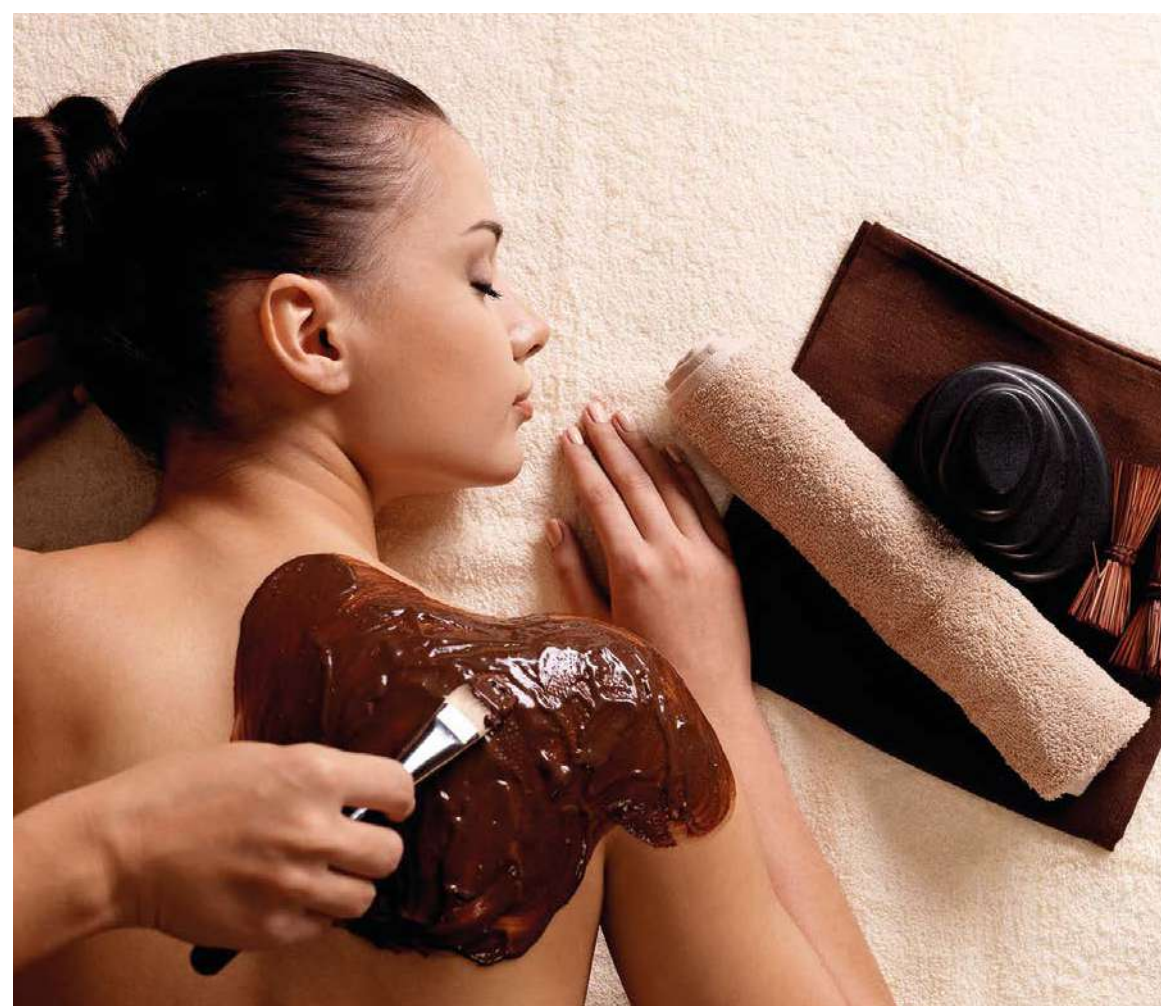
**50 min – Body Scrub**

## PREHISPANIC RITUAL

A holistic ritual that fuses the ingredients and techniques used by the prehispanic cultures of our ancestors to achieve physical, mental and spiritual balances as with Copal, an important element of them. Start with a Deep exfoliation base don a selection of Mexican herbs such as toronjil (Melissa), Rosemary among others. A detoxifying and healing mask will be applied throughout the body. We continue with a healing therapy with hot herbal compresses and finish with a full body massage with rich butter to relieve stress and contracted muscles. Indulge yourself into a pure serenity, peace and balance, like a true temazcal.

**110 minutes**

 Popular treatment.



# Organic Collection

ARMONIA SPA ORGANIC introduces its new cosmetic line 100% certified Organic, these three new Spa rituals are designed carefully thinking about your health and wellbeing, body scrubs, masks and body creams contain natural ingredients grown organically and handmade; some of its main ingredients are shea butter, Bach flowers, essential oils, dead sea salts, cocoa butter, among others. We employ the most advanced massage techniques to obtain the great benefits that nature offers for an emotional and spiritual healing.

## DETOXIFYING ORGANIC RITUAL

**Anti-Cellulite**

This session begins with an exotic exfoliation with dead sea salts, juniper, laurel and jojoba essential oils that help remove skin impurities achieving a silky skin. Followed by a honey and aloe mask application that helps the detoxification process. A reductive and anti-cellulite massage specially designed for this ritual.

**75 minutes – Exfoliation, body wrap & detoxifying massage**

## INVIGORATING ORGANIC RITUAL

**Anti-Fatigue**

This ritual initiates with a dead sea salt, rosemary, jojoba and almond essential oils exfoliation, followed by a homemade oatmeal mask leaving the body with a fresh sensation. Concludes with an invigorating massage technique applying shea butter and geranium essential oils, neroli and rosemary body lotion ideal for muscle fatigue. The perfect way to start your day with energy.

**75 minutes – Exfoliation, body wrap & invigorating massage**

## ANTIOXIDANT ORGANIC RITUAL

**Anti-Stress**

A gentle exfoliation with coffee beans, cocoa and almond oil, activates antioxidants in the body and stimulates circulation through a delicate, nourishing and relaxing massage. Continued by a gentle soufflé artisan chocolate mask and finishing with a relaxing cocoa shea butter massage. Leaving you ready for a relaxing day.

**75 minutes – Exfoliation, body wrap & relaxing massage**

 Armonia Spa Organic.





# Signature Rituals

## HEALING THERAPY

### Repairs – Heals

Specialized treatment formulated to repair sensitive skin with professional active ingredients such as aloe vera, cucumber and tepezcohuite; ideal to soothe, hydrate, heal and regenerate the skin from the damage caused by the environment and constant sun exposure. **50 minutes**

## LAVENDER & WHITE TEA

### Relaxing

The combination of lavender and white tea properties are ideal for this anti-inflammatory and sedative treatment, which regenerates the cells providing a physical, emotional and spiritual wellbeing.

Available selection:

**50 minutes – Body exfoliation**

**80 minutes – Exfoliation, body wrap & massage**

# Luxury Facials

## DIAMOND LIFE INFUSION

### Anti-Aging Cell Regeneration

An innovative treatment that infuses life into your skin to preserve youth and beauty. This revolutionary experience provides unprecedented rejuvenating action by regulating the 4 key skin-age biomarkers. Redefines your facial contour, improves skin texture and fades wrinkles and expression lines in just one session. **80 minutes**

## DIAMOND COCOON EXPERIENCE

Diamond Cocoon Collection was born out of a great concern: to treat the growing and still little known aggressive effects that blue light and invisible pollution particles cause on your skin. A complete collection that frees your skin from toxins and impurities; fortifies and repairs it; and shields it against different types of pollutants to prevent premature aging and other skin damage. Your skin will be protected, strong and glowing, so that you can enjoy your lifestyle with absolute freedom. **80 minutes**



## V-NECK TREATMENT

Focus on definition & lifting, this treatment has been created to intensely treat and transform the neck and décolleté, reshape your neck with a concentrated lifting and firming treatment that treats sagginess, Venus rings and wrinkles. This ritual will redefine the jaw line and reinstate a youthful profile, an ultra-effective luminosity skincare treatment that fights dark spots and helps reveal incredibly supple and glowing skin in your face contour as well.

**50 minutes**

## INSTANT RECOVERY

### Sensitive Skin - Relief

Soothing, decongestant, refreshing, revitalizing and moisturizing facial which helps and alleviates sensitive skin combating irritation caused by internal and external factors. This facial utilizes a hypoallergenic line that is paraben and alcohol free.

**50 minutes**

# Facial Care

## PURIFYING VITAMIN C FACIAL

### Revitalizes – Firms - Stimulates

Antioxidant treatment that relieves sun-damaged skin and helps fight the signs of premature aging. A high concentration of Vitamin C and other essential nutrients revitalize the skin, stimulates collagen production to renew skin's firmness and elasticity.

**50 minutes**

## THE CURE

### Detoxifies - Restores

A true antidote against the ravaging effects on our skin resulting from our modern lifestyle. This deep cleansing facial includes an innovative enzymatic detox and steam to open and purify the pores revealing extraordinarily hydrated, radiant skin and restoring cellular damage.

**80 minutes**

## OXYGENATING

### Purifies – Brightens - Balances

Awaken your skin with the revitalizing energy of pure oxygen to decongest, brighten and clarify a dull complexion. Thanks to the benefits provided by hydrogen peroxide we can provide your skin with an extra dose of oxygen.

**50 minutes**



### 3D COLLAGEN FACIAL + V NECK TREATMENT

#### Triple firmness, triple elasticity

The neck and décolleté are constantly subjected to movement and bad posture which accelerates the aging process, that is why, we have designed the first skincare masterplan to specifically treat this area and combined with our Essential Shock 3D Collagen facial, is powerful regenerative and rejuvenating treatment based on a smart combination of collagen and hyaluronic acids, is the perfect duo of ground-breaking face and neck which instantly firms and visibly lifts.

**80 minutes.**

### ORGANIC FACIAL

#### Natural - Restore

A 100% certified Organic Facial, is an ideal solution to restore the natural balance of the skin, regenerate and restructure at the cellular level. The treatment includes cleansing, exfoliation and the application of active principles of organic origin. The products we use are conservative free and handmade, taking the best of nature to achieve effects on the skin softer, smoother and hydrated.

**50 minutes**

### GENTLEMEN NOURISHING FACIAL

#### Cleanses - Nourishes

Deep moisturizing facial exclusively designed for men providing firmness and nutrients to revitalize skin protecting it from free radicals.

**50 minutes**

### FACIAL 4 TEENS

#### Young Skins

Optimal for combination, oily or acne prone skin types. Ideal for adolescents seeking a matte effect, prevents impurities and clogged pores.

**50 or 80 minutes**

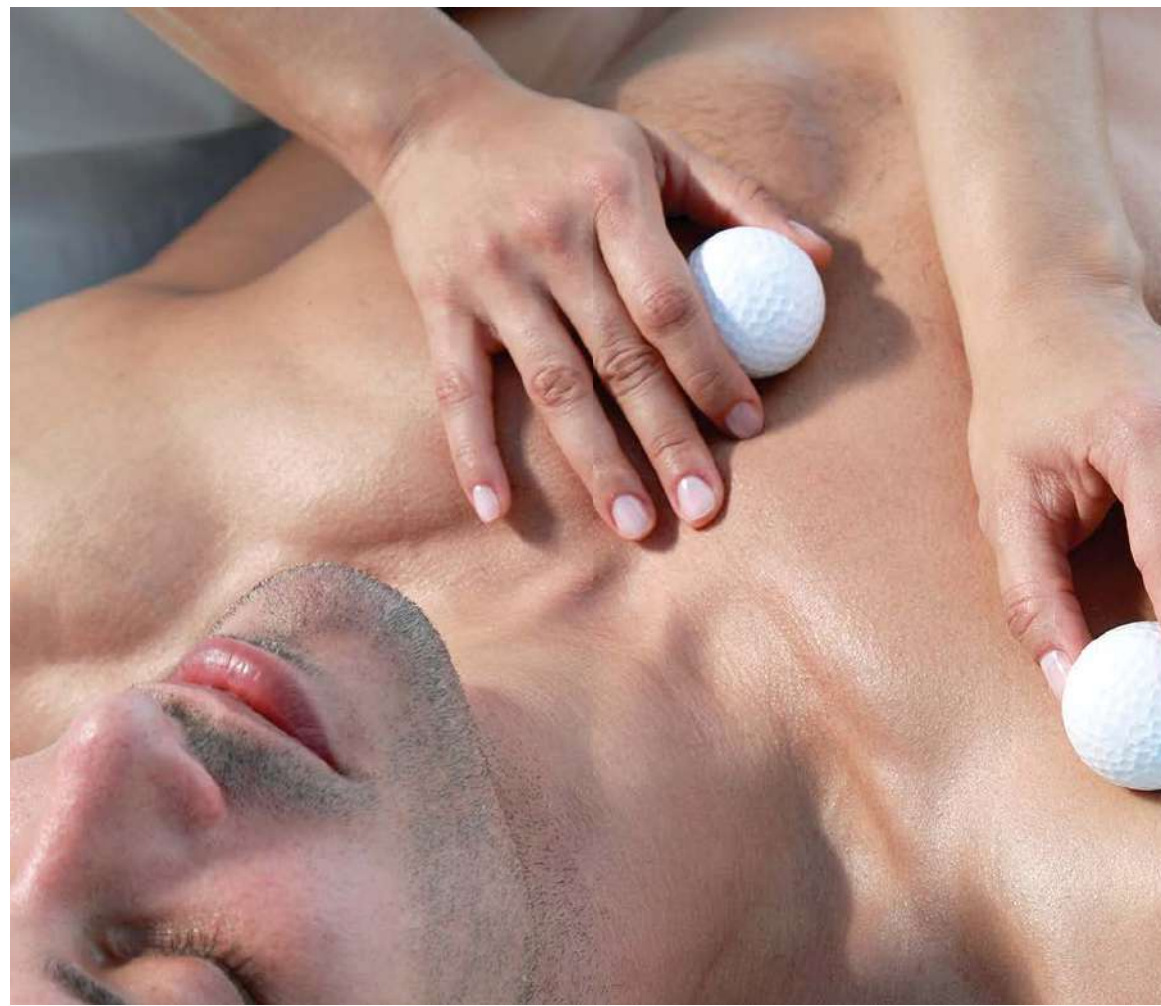
### V-NECK TREATMENT ADD ON

We have created a comprehensive skincare master plan for your neck and décolleté: To address all your concerns related to this delicate area, that is why we create this option to complete your favorite facial, you can choose between the following options:

**Focus on Contour**, our focused ritual to redefine the jaw line and reinstate a youthful profile, to sculpt your double chin and firmer, smoother, tighter skin with well-defined angles.

**Focus on Lifting**, reshape your neck with a concentrated lifting and firming treatment that treats sagginess, Venus rings and wrinkles, also restore luminosity to this area, treatment that fights dark spots and helps reveal incredibly supple and glowing skin.

**Add this treatment to the 50 or 80 minutes facial of your choice**



## Massages by Natura Bissé

### LUXURY MASSAGE C+C VITAMIN AROMA BALM

#### Firmness - Tones

Recharge the vitality of your skin with this treatment based on the benefits of vitamin C. Enjoy a powerful infusion of antioxidant properties in a true sensory treatment and immerse yourself in a wonderful citric atmosphere while immersed in a lymphatic drainage massage. **80 minutes**

### QUIROGOLF MESSAGE

#### Improves Flexibility

A deep massage that is ideal for relieving and reducing muscle tension, joint pain and stiffness. Unique technique with golf balls to help release trigger points and roll out sore muscles. Available at Sunset Beach, Pacifica & Montecristo Armonia Spa. **80 minutes**

*\*Only available Pueblo Bonito Pacifica*

### QUIROSPORT MESSAGE

#### Invigorates

A targeted treatment for the sports enthusiast to relieve muscle tension. A unique massage ideal for total body recovery after an intense exercise session. It includes therapeutic stretching.

*\*Recommended for those who practice sports.*

Couples option available. **50 minutes & 80 minutes**

## Massage Therapies

### DEEP TISSUE MESSAGE

#### Relieves Fatigue

Its main function is to work deep in the muscle aimed at relieving stress, fatigue, pain and muscle spasms utilizing pressure points and forearm.

*\*Recommended for those who take massages frequently.*

Couples option available. **50 minutes & 80 minutes**

### SWEDISH MESSAGE

#### Relaxes

A full-body massage designed to promote wellness. This classic technique of muscle manipulation eases tension and greatly improves blood and lymphatic circulation. The result is a sensation of enhanced relaxation and an overall sense of well-being. Couples option available.

*\*Recommended for those who do not take massages frequently.* **50 minutes & 80 minutes**



*Popular treatment.*



*Armonia Spa Organic.*



## ORGANIC MASSAGE

### Natural Skin Sensation – Harmony

This unique Massage combines a 100% Certified Organic Handmade Mousse with a relaxing, sport or deep tissue technique of your preference.

The result is a feeling of relief and total relaxation, leaving in your skin a velvety hydration sensation.

**50 minutes & 80 minutes**

## ULTIMATE STRESS RELIEF

### Localized Stress Areas

Our massage is designed with a combination of techniques that provide the ideal relaxation in body areas more prone to stress.

Available selection:

*Back, Neck & Foot Massage – 50 minutes*

*Cranial & Foot Massage – 50 minutes*

*Leg & Foot Massage – 50 minutes*

## ARMONIA SIGNATURE MASSAGE

### Tailored to Your Needs

Our expertly trained massage therapists will tailor this session to reflect your body's needs. Combining different techniques with deep or light pressure throughout the massage. **80 minutes**

*\*Only available at the Armonia Spa in Emerald Bay*

## THERAPEUTIC STONE MASSAGE

### Soothes

A wonderful soothing treatment that includes a variety of massage techniques combined with the healing properties of heated stones to relax, relieve tension, stimulate circulation, soothe and harmonize the body and mind. This massage is designed to take you into a deep state of relaxation. **80 minutes**

## SHIROABHYANGA MASSAGE

### Energy Balance

This is a classic ancient Ayurveda ritual from India to detoxify and rebalance the body's energy channels. A delicate stream of warm sesame and herbal essential oils is poured over the third eye applying a gentle but stimulating cranial massage. This relaxing therapy will leave you with a comforting sensation of harmony of mind, body and spirit. **80 minutes**

*\*Temporarily not available.*

 Popular treatment.  Armonia Spa Organic.



## FOUR HANDS MASSAGE

### Unique Experience

Two massage therapists work in gentle and perfect coordination, focusing simultaneously on the upper and lower parts of the body. This treatment is recommended for those who wish to experience total relaxation. Constant manipulation of muscle tissue creates a deep sense of well-being.

**50 minutes & 80 minutes**

## EXPECTANT MOTHER MASSAGE

### Comforts - Relaxes

This caring massage is designed to promote total relaxation of fatigued muscles, particularly in the back and legs, improving blood circulation, alleviating swelling in hands and feet, while giving special and respectful care to you and your baby. Recommended after second trimester of pregnancy. **50 minutes**

## RECOMMENDED PROFESSIONAL COMPLEMENTS

### Hypoallergenic Massage Cream

Our VIP Spa Suite offers an intimate environment and luxurious amenities for a memorable experience. Available at Sunset Beach, Pacifica & Emerald Bay Armonia Spa

*Please consider a special fee and make reservation in advance.*





LADIES  
LOUNGE

MEN'S  
LOUNGE







## Spa 4 Kids (Under 10 years old)

### KIDS BEAUTY TREASURE

A soothing and relaxing massage for children followed by a personalized basic facial cleansing for young skin, ideal for your initiation into the Spa experience.

**50 minutes**

### MAGIC HANDS & HAPPY FEET

A gentle treatment including exfoliation and conditioning creams with delicious aromas.

**50 minutes – Includes manicure & pedicure**





# Spa Express

A special selection of express treatments that can be combined according to personal preferences, or selected individually as a short escape for time-challenged guests.

## EXPRESS RENEWAL 25 minutes

Available selection:

*Back & Neck Massage*

*Leg & Foot Massage*

*Reflexology*

## EXPRESS FACIAL CARE 25 minutes

### Prepares Skin

Perfect for moisturizing and preparing the skin before a special occasion makeup session or for those who only need an express skin rehydration returning a sense of cleanliness and brightness effect.

# Beauty Parlor

## \*\*ORGANIC MANICURE OR PEDICURE

The ultimate restorative hands or feet treatment which exfoliates with dead sea salts, lemon, arnica and essential oils helping remove impurities from the skin. Includes a reflexology massage with a camphor, eucalyptus and shea butter fusion 100% organic. Skin emerges radiant and glowing.

## \*CLASSIC MANICURE OR PEDICURE

A gentle exfoliation to remove dead cells from the skin, allows greater hydration when applying a conditioning cream rich in amino acids, to provide the last blast of nourishment. Available for manicure or pedicure.

*\*\* Includes a non-alcoholic drink from our Spa refreshment menu.*

 *Popular treatment.*

 *Armonia Spa Organic.*



## HAIR TREATMENTS

Shampoo & Blow-Dry

Shampoo & Style (curling iron or hair rollers)

Bride's Hairstyle

Haircut Women

Haircut Men

Hair Treatment

## MAKEUP

## BRIDE & GROOM PACKAGES

Relaxation and pampering for the most important day of your life.

*Ask for our packages at the Spa front desk.*





# Spa Information

## SPA HOURS

- Spa therapies are available from 8:00 am to 7:00 pm daily.
- Gym and Spa facilities are open from 6:30 am to 8:00 pm daily.

## SPA GUIDELINES

- We encourage you to make Spa reservations as far in advance as possible to ensure the availability of your preferred treatments and times.
- For your comfort, the use of the Spa facilities is subject to advance reservation and availability.
- In order to assure the proper experience, 24 hour advance reservations are required for any Spa class.
- Spa guests must be at least 16 years of age to use the Gym, the Spa facilities and to experience a Spa treatment. There are some special Spa programs for parents and their children under the age of 16.
- For your safety, proper clothing and athletic shoes are required to workout.
- We recommend our guests to arrive at least 30 minutes prior to the scheduled appointment time, in order to enjoy our facilities.
- If you have health concerns or are pregnant, please be sure to notify when booking your treatment. Our staff members can offer guidance as to which treatments will be the most beneficial and those that should be avoided due to physical limitations or sensitivity.
- Use of the Spa facilities and treatments involving heat are not recommended if pregnant or for guests with health concerns or those currently undergoing treatment by a physician for certain medical conditions. All guests will be asked to sign a waiver prior to services and Spa facilities use. Please respect the timing recommendation for the Spa facilities use in order to prevent dehydration, dizziness and assure your safety and well-being.
- Robes, slippers and amenities are provided for your Spa experience as well as disposable undergarments for privacy during body treatments.

- All therapists are highly trained professionals and you will be properly draped throughout your treatment. We suggest you undress to your level of comfort and communicate any concerns to your therapist.
- We invite you to communicate all personal preferences to your therapist: room temperature, level of pressure, specific areas of concern, soreness or tension or music selection. All of our therapists are certified under the Spa Mexican Law NMX-TT-009-IMNC-2004 as Esthetician, Masseur and Cosmetologist.
- The Spa is a serene zone where we invite you to shed stress and immerse in deep relaxation. For a tranquil environment, please respect each Spa guest's right to privacy and peace.
- For your safety, treatments will not be rendered to any guest under the influence of alcohol or drugs.
- Smoking, food, beverages, cellular phones and bare feet are not allowed inside the Spa.
- Please leave all valuable personal items in your hotel safety deposit box. The Spa is not responsible for lost or forgotten valuables.
- We recommend that you allow at least one hour between your last meal and your Spa experience.
- Generally, shaving is not recommended prior to any treatment. However, it is recommended that men shave prior to a facial treatment at least 2 hours before the scheduled appointment time.
- Timeshare certificates are not valid with any other promotions.
- For cancellations or rescheduling, please notify the Spa twenty-four hours in advance. Otherwise, a 50% penalty fee will apply.
- Sunburn may prevent you from enjoying a Spa treatment. Always use safe sun protection.

