



A serene respite from the stresses of daily life...



Armonia Spa Awards:
Condé Nast Traveler | Readers' Choice Awards: #5 of the Top 5 Best Spas in the World 2015
Travel + Leisure | World's Best Awards: #1 on the Top Hotel Spas in Mexico List
www.pueblobonito.com



Spa Rituals

CITRUS SUPREME

Revitalizes – Nourishes - Tightness

Moisturize your skin with an intense hydrating and firming C+C ritual for face and body. This revitalizing ritual begins with an exfoliating wrap formulated with mandarin, followed by a citrus soufflé body mask providing deep hydration. The treatment is completed with a luxurious application of C+C Vitamin Body Cream leaving the skin with a luminous and radiant look.

80 minutes – Exfoliation & body wrap

110 minutes – Exfoliation, body wrap & purifying Vitamin C Facial

DIAMOND ROSE BODY

Rejuvenates - Nourishes

A luxurious and romantic ritual with outstanding restorative effects that provides dramatic results on the skin. A delicate exfoliation with a scrub that includes Damask rose and diamond dust will leave your skin renewed and flexible, while a massage and the finishing products will reveal a vibrant, silky and supple skin, transporting you through a journey of restoration and well-being in a wonderful atmosphere of roses.

50 minutes – Exfoliation & gentle massage

110 minutes – Exfoliation, massage & anti-aging Diamond Facial

PREHISPANIC RITUAL

A holistic ritual that fuses the ingredients and techniques used by the prehispanic cultures of our ancestors to achieve physical, mental and spiritual balances as with Copal, an important element of them. Start with a Deep exfoliation base don a selection of Mexican herbs such as toronjil (Melissa), Rosemary among others. A detoxifying and healing mask will be applied throughout the body. We continue with a healing therapy with hot herbal compresses and finish with a full body massage with rich butter to relieve stress and contracted muscles. Indulge yourself into a pure serenity, peace and balance, like a true temazcal.

100 minutes

 *Popular treatment.*



Organic Collection

ARMONIA SPA ORGANIC introduces its new cosmetic line 100% certified Organic, these three new Spa rituals are designed carefully thinking about your health and wellbeing, body scrubs, masks and body creams contain natural ingredients grown organically and handmade; some of its main ingredients are shea butter, Bach flowers, essential oils, dead sea salts, cocoa butter, among others. We employ the most advanced massage techniques to obtain the great benefits that nature offers for an emotional and spiritual healing.

DETOXIFYING ORGANIC RITUAL

Anti-Cellulite

This session begins with an exotic exfoliation with dead sea salts, juniper, laurel and jojoba essential oils that help remove skin impurities achieving a silky skin. Followed by a honey and aloe mask application that helps the detoxification process. A reductive and anti-cellulite massage specially designed for this ritual.

75 minutes – Exfoliation, body wrap & detoxifying massage

INVIGORATING ORGANIC RITUAL

Anti-Fatigue

This ritual initiates with a dead sea salt, rosemary, jojoba and almond essential oils exfoliation, followed by a homemade oatmeal mask leaving the body with a fresh sensation. Concludes with an invigorating massage technique applying shea butter and geranium essential oils, neroli and rosemary body lotion ideal for muscle fatigue. The perfect way to start your day with energy.

75 minutes – Exfoliation, body wrap & invigorating massage

ANTIOXIDANT ORGANIC RITUAL

Anti-Stress

A gentle exfoliation with coffee beans, cocoa and almond oil, activates antioxidants in the body and stimulates circulation through a delicate, nourishing and relaxing massage. Continued by a gentle soufflé artisan chocolate mask and finishing with a relaxing cocoa shea butter massage. Leaving you ready for a relaxing day.

75 minutes – Exfoliation, body wrap & relaxing massage

 *Armonia Spa Organic.*



Signature Rituals

HEALING THERAPY

Repairs – Heals

Specialized treatment formulated to repair sensitive skin with professional active ingredients such as aloe vera, cucumber and tepezcohuite; ideal to soothe, hydrate, heal and regenerate the skin from the damage caused by the environment and constant sun exposure. **50 minutes**

LAVENDER & WHITE TEA

Relaxing

The combination of lavender and white tea properties are ideal for this anti-inflammatory and sedative treatment, which regenerates the cells providing a physical, emotional and spiritual wellbeing.

Available selection:

50 minutes – Body exfoliation

80 minutes – Exfoliation, body wrap & massage

Luxury Facials

DIAMOND LIFE INFUSION

Anti-Aging Cell Regeneration

An innovative treatment that infuses life into your skin to preserve youth and beauty. This revolutionary experience provides unprecedented rejuvenating action by regulating the 4 key skin-age biomarkers. Redefines your facial contour, improves skin texture and fades wrinkles and expression lines in just one session. **80 minutes**

D WHITENING SKIN SYSTEM

Depigmentation

The effectiveness of this depigmentation method is based on 3 pillars: renewing, depigmenting and illuminating the skin. It delivers remarkably even tone and skin texture, preventing the imbalances in pigmentation that age your skin. **80 minutes**

 Popular treatment.



DIAMOND COCOON EXPERIENCE

Diamond Cocoon Collection was born out of a great concern: to treat the growing and still little known aggressive effects that blue light and invisible pollution particles cause on your skin. A complete collection that frees your skin from toxins and impurities; fortifies and repairs it; and shields it against different types of pollutants to prevent premature aging and other skin damage. Your skin will be protected, strong and glowing, so that you can enjoy your lifestyle with absolute freedom.

80 minutes

INSTANT RECOVERY

Sensitive Skin - Relief

Soothing, decongestant, refreshing, revitalizing and moisturizing facial which helps and alleviates sensitive skin combating irritation caused by internal and external factors. This facial utilizes a hypoallergenic line that is paraben and alcohol free.

50 minutes

Facial Care

PURIFYING VITAMIN C FACIAL

Revitalizes – Firms - Stimulates

Antioxidant treatment that relieves sun-damaged skin and helps fight the signs of premature aging. A high concentration of Vitamin C and other essential nutrients revitalize the skin, stimulates collagen production to renew skin's firmness and elasticity.

80 minutes

THE CURE

Detoxifies - Restores

A true antidote against the ravaging effects on our skin resulting from our modern lifestyle. This deep cleansing facial includes an innovative enzymatic detox and steam to open and purify the pores revealing extraordinarily hydrated, radiant skin and restoring cellular damage.

80 minutes

OXYGENATING

Purifies – Brightens - Balances

Awaken your skin with the revitalizing energy of pure oxygen to decongest, brighten and clarify a dull complexion. Thanks to the benefits provided by hydrogen peroxide we can provide your skin with an extra dose of oxygen.

50 minutes

 Popular treatment.



THE 3D COLLAGEN SHOCK FACIAL

Triple firmness, triple elasticity

A powerful regenerative and rejuvenating treatment based on a smart combination of three types of collagen with different molecular weights that exceptionally increases skin firmness. With an incredible lifting and redensifying effect, this innovative facial improves skin density and minimizes wrinkles and fine lines while preserving optimal moisture. It also incorporates the Active Face Contouring Technique massage that visibly redefines and sculpts your facial contour.

50 minutes.

ORGANIC FACIAL

Natural - Restore

A 100% certified Organic Facial, is an ideal solution to restore the natural balance of the skin, regenerate and restructure at the cellular level. The treatment includes cleansing, exfoliation and the application of active principles of organic origin. The products we use are conservative free and handmade, taking the best of nature to achieve effects on the skin softer, smoother and hydrated.

50 minutes

GENTLEMEN NOURISHING FACIAL

Cleanses - Nourishes

Deep moisturizing facial exclusively designed for men providing firmness and nutrients to revitalize skin protecting it from free radicals.

50 minutes

FACIAL 4 TEENS

Young Skins

Optimal for combination, oily or acne prone skin types. Ideal for adolescents seeking a matte effect, prevents impurities and clogged pores.

50 or 80 minutes

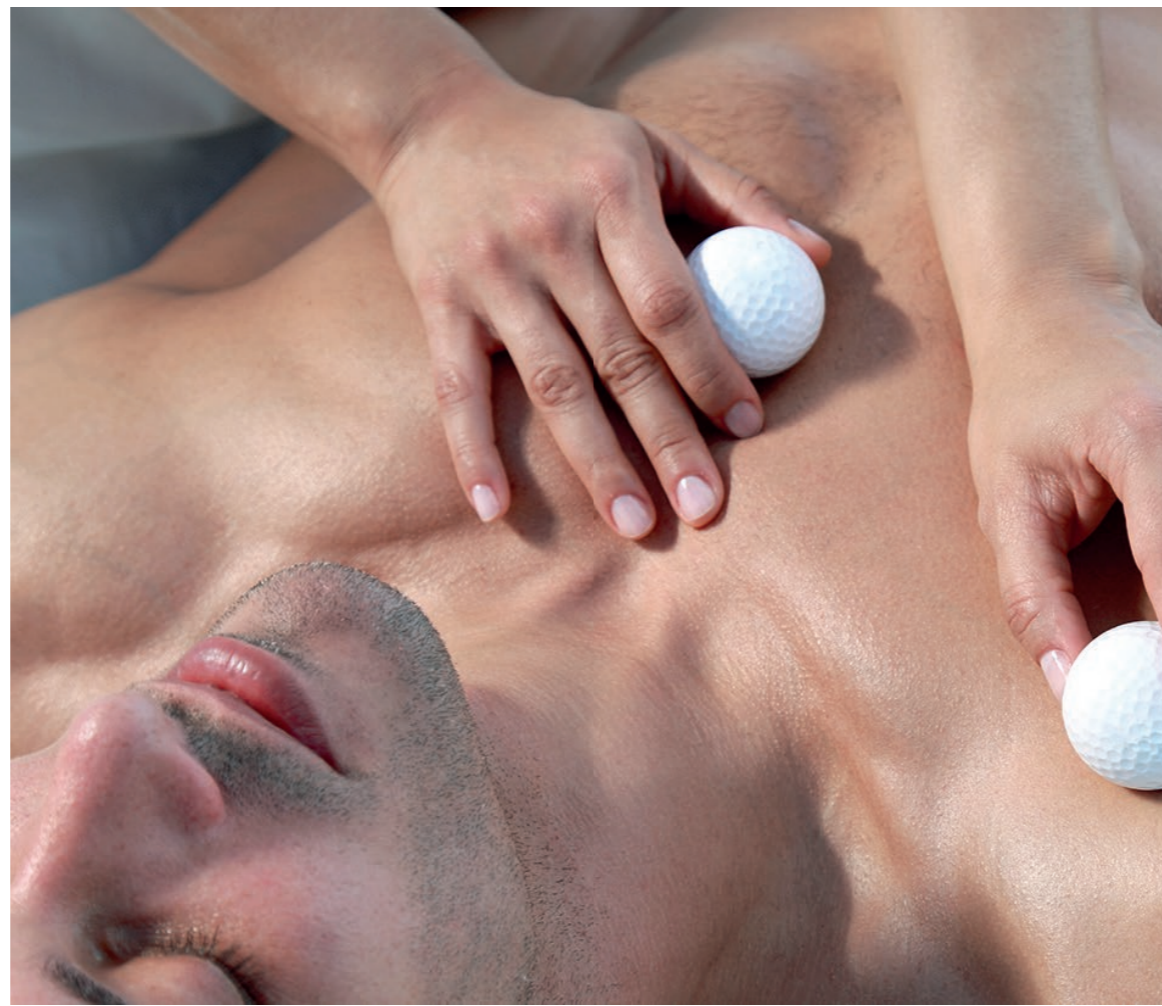
EYE PLUS TREATMENT

Drains – Nourishes

Infuse your skin with all the benefits of marine algae with a treatment that relieves puffiness and dehydration around the eye contour area with a cocktail that includes draining, nourishing and decongestant ingredients.

Add this treatment to the 50 or 80 minutes facial of your choice

 *Popular treatment.*  *Armonia Spa Organic.*



Massages by Natura Bissē

LUXURY MASSAGE C+C VITAMIN AROMA BALM

Firmness - Tones

Recharge the vitality of your skin with this treatment based on the benefits of vitamin C. Enjoy a powerful infusion of antioxidant properties in a true sensory treatment and immerse yourself in a wonderful citric atmosphere while immersed in a lymphatic drainage massage. **80 minutes**

QUIROGOLF MESSAGE

Improves Flexibility

A deep massage that is ideal for relieving and reducing muscle tension, joint pain and stiffness. Unique technique with golf balls to help release trigger points and roll out sore muscles. Available at Sunset Beach, Pacifica & Montecristo Armonia Spa. **80 minutes**

**Only available Pueblo Bonito Pacifica*

QUIROSPORT MESSAGE

Invigorates

A targeted treatment for the sports enthusiast to relieve muscle tension. A unique massage ideal for total body recovery after an intense exercise session. It includes therapeutic stretching.

**Recommended for those who practice sports.*

Couples option available. **50 minutes & 80 minutes**

Massage Therapies

DEEP TISSUE MESSAGE

Relieves Fatigue

Its main function is to work deep in the muscle aimed at relieving stress, fatigue, pain and muscle spasms utilizing pressure points and forearm.

**Recommended for those who take massages frequently.*

Couples option available. **50 minutes & 80 minutes**

SWEDISH MESSAGE

Relaxes

A full-body massage designed to promote wellness. This classic technique of muscle manipulation eases tension and greatly improves blood and lymphatic circulation. The result is a sensation of enhanced relaxation and an overall sense of well-being. Couples option available.

Recommended for those who do not take massages frequently.* **50 minutes & 80 minutes

 *Popular treatment.*

ORGANIC MASSAGE

Natural Skin Sensation – Harmony

This unique Massage combines a 100% Certified Organic Handmade Mousse with a relaxing, sport or deep tissue technique of your preference. Mousses available:

- Relaxing Mousse.
- Fatigue Mousse.
- Natural Mousse.

The result is a feeling of relief and total relaxation, leaving in your skin a velvety hydration sensation. **50 minutes & 80 minutes**

ULTIMATE STRESS RELIEF

Localized Stress Areas

Our massage is designed with a combination of techniques that provide the ideal relaxation in body areas more prone to stress.

Available selection:

Back, Neck & Foot Massage – 50 minutes

Cranial & Foot Massage – 50 minutes

Leg & Foot Massage – 50 minutes

ARMONIA SIGNATURE MASSAGE

Tailored to Your Needs

Our expertly trained massage therapists will tailor this session to reflect your body's needs. Combining different techniques with deep or light pressure throughout the massage. **80 minutes**

THERAPEUTIC STONE MASSAGE

Soothes

A wonderful soothing treatment that includes a variety of massage techniques combined with the healing properties of heated stones to relax, relieve tension, stimulate circulation, soothe and harmonize the body and mind. This massage is designed to take you into a deep state of relaxation. **80 minutes**

SHIROABHYANGA MASSAGE

Energy Balance

This is a classic ancient Ayurveda ritual from India to detoxify and rebalance the body's energy channels. A delicate stream of warm sesame and herbal essential oils is poured over the third eye applying a gentle but stimulating cranial massage. This relaxing therapy will leave you with a comforting sensation of harmony of mind, body and spirit. **80 minutes**

**Temporarily not available.*

 Popular treatment.  Armonia Spa Organic.



FOUR HANDS MASSAGE

Unique Experience

Two massage therapists work in gentle and perfect coordination, focusing simultaneously on the upper and lower parts of the body. This treatment is recommended for those who wish to experience total relaxation. Constant manipulation of muscle tissue creates a deep sense of well-being.

50 minutes & 80 minutes

EXPECTANT MOTHER MASSAGE

Comforts - Relaxes

This caring massage is designed to promote total relaxation of fatigued muscles, particularly in the back and legs, improving blood circulation, alleviating swelling in hands and feet, while giving special and respectful care to you and your baby. Recommended after second trimester of pregnancy. **50 minutes**

RECOMMENDED PROFESSIONAL COMPLEMENTS

Hypoallergenic Massage Cream

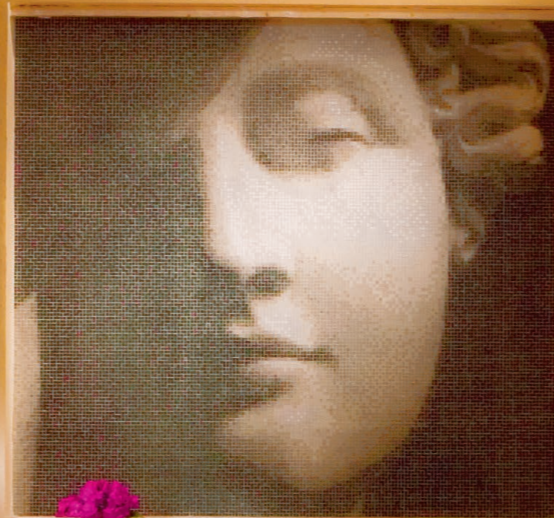
Our VIP Spa Suite offers an intimate environment and luxurious amenities for a memorable experience. Available at Sunset Beach, Pacifica & Emerald Bay Armonia Spa

Please consider a special fee and make reservation in advance.



LADIES
LOUNGE

MEN'S
LOUNGE





Spa 4 Kids (under 10 years old)

BALANCE TREASURE

Soothes

A soothing and relaxing massage for children who begin their Spa experience. **25 minutes**

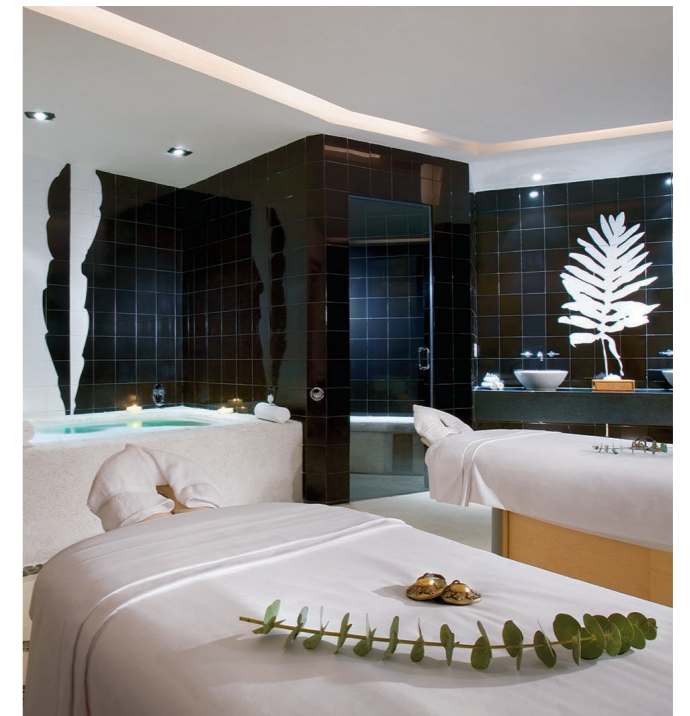
BEAUTY TREASURE

A basic personalized mini facial cleansing for young skin. **25 minutes**

MAGIC HANDS & HAPPY FEET

A gentle treatment including exfoliation and conditioning creams with delicious aromas.

50 minutes – Includes manicure & pedicure



Spa Express

A special selection of express treatments that can be combined according to personal preferences, or selected individually as a short escape for time-challenged guests.


EXPRESS RENEWAL 25 minutes

Available selection:
Back & Neck Massage
Leg & Foot Massage
Reflexology

EXPRESS FACIAL CARE 25 minutes

Prepares Skin
Perfect for moisturizing and preparing the skin before a special occasion makeup session or for those who only need an express skin rehydration returning a sense of cleanliness and brightness effect.

Beauty Parlor

****ORGANIC MANICURE OR PEDICURE** 
The ultimate restorative hands or feet treatment which exfoliates with dead sea salts, lemon, arnica and essential oils helping remove impurities from the skin. Includes a reflexology massage with a camphor, eucalyptus and shea butter fusion 100% organic. Skin emerges radiant and glowing.

***CLASSIC MANICURE OR PEDICURE**
A gentle exfoliation to remove dead cells from the skin, allows greater hydration when applying a conditioning cream rich in amino acids, to provide the last blast of nourishment. Available for manicure or pedicure.

**** Includes a non-alcoholic drink from our Spa refreshment menu.**

 Popular treatment.

 Armonia Spa Organic.



HAIR TREATMENTS

Shampoo & Blow-Dry
Shampoo & Style (curling iron or hair rollers)
Bride's Hairstyle
Haircut Women
Haircut Men
Hair Treatment

MAKEUP

BRIDE & GROOM PACKAGES

Relaxation and pampering for the most important day of your life.

Ask for our packages at the Spa front desk.



Spa Information

SPA HOURS

- Spa therapies are available from 8:00 am to 7:00 pm daily.
- Gym and Spa facilities are open from 6:30 am to 8:00 pm daily.

SPA GUIDELINES

- We encourage you to make Spa reservations as far in advance as possible to ensure the availability of your preferred treatments and times.
- For your comfort, the use of the Spa facilities is subject to advance reservation and availability.
- In order to assure the proper experience, 24 hour advance reservations are required for any Spa class.
- Spa guests must be at least 16 years of age to use the Gym, the Spa facilities and to experience a Spa treatment. There are some special Spa programs for parents and their children under the age of 16.
- For your safety, proper clothing and athletic shoes are required to workout.
- We recommend our guests to arrive at least 30 minutes prior to the scheduled appointment time, in order to enjoy our facilities.
- If you have health concerns or are pregnant, please be sure to notify when booking your treatment. Our staff members can offer guidance as to which treatments will be the most beneficial and those that should be avoided due to physical limitations or sensitivity.
- Use of the Spa facilities and treatments involving heat are not recommended if pregnant or for guests with health concerns or those currently undergoing treatment by a physician for certain medical conditions. All guests will be asked to sign a waiver prior to services and Spa facilities use. Please respect the timing recommendation for the Spa facilities use in order to prevent dehydration, dizziness and assure your safety and well-being.
- Robes, slippers and amenities are provided for your Spa experience as well as disposable undergarments for privacy during body treatments.

- All therapists are highly trained professionals and you will be properly draped throughout your treatment. We suggest you undress to your level of comfort and communicate any concerns to your therapist.
- We invite you to communicate all personal preferences to your therapist: room temperature, level of pressure, specific areas of concern, soreness or tension or music selection. All of our therapists are certified under the Spa Mexican Law NMX-TT-009-IMNC-2004 as Esthetician, Masseur and Cosmetologist.
- The Spa is a serene zone where we invite you to shed stress and immerse in deep relaxation. For a tranquil environment, please respect each Spa guest's right to privacy and peace.
- For your safety, treatments will not be rendered to any guest under the influence of alcohol or drugs.
- Smoking, food, beverages, cellular phones and bare feet are not allowed inside the Spa.
- Please leave all valuable personal items in your hotel safety deposit box. The Spa is not responsible for lost or forgotten valuables.
- We recommend that you allow at least one hour between your last meal and your Spa experience.
- Generally, shaving is not recommended prior to any treatment. However, it is recommended that men shave prior to a facial treatment at least 2 hours before the scheduled appointment time.
- Timeshare certificates are not valid with any other promotions.
- For cancellations or rescheduling, please notify the Spa twenty-four hours in advance. Otherwise, a 50% penalty fee will apply.
- Sunburn may prevent you from enjoying a Spa treatment. Always use safe sun protection.

