



Octopus

KITCHEN AND BAR

BREAKFAST MENU

HOURS OF SERVICE

BREAKFAST 7AM -12PM | DINNER 4PM -10PM

VISIT OUR COFFEE HOUSE, BEAN & BARNACLE
AND OUR BEACH BAR, BACKFLIP

BREAKFAST AT OCTOPUS

Cakes · Waffles · Breads

PLUNGE TOAST 11

Extra thick French Brioche dipped in egg wash, pan fried, Key Lime Custard, fresh Strawberries. Pecan Wood Smoked Bacon, Breakfast Sausage or Seasonal Fruit, Real Maple Syrup or Organic Agave Nectar

FRENCH TOAST 10

Extra thick French Brioche dipped in egg wash and pan fried. Pecan Wood Smoked Bacon, Breakfast Sausage or Seasonal Fruit, Real Maple Syrup or Organic Agave Nectar

PANCAKES 9

Plain or Blueberry | Pecan Wood Smoked Bacon, Breakfast Sausage or Seasonal Berries, Real Maple Syrup or Organic Agave Nectar

BELGIAN WAFFLE 10

Fresh Whipped Cream, Seasonal Berries, Real Maple Syrup or Organic Agave Nectar

COCAO CHIP WAFFLE 11

60% Cacao Chips in Belgian Waffle Batter. Fresh Whipped Cream, Seasonal Berries, Real Maple Syrup or Organic Agave Nectar

· Yogurt & Grains ·

GREEK YOGURT

SEASONAL FRUIT & BERRIES 10

Honey or Organic Agave Nectar
Add Granola .75

ORGANIC STEEL CUT OATMEAL 10

Fresh Berries or 60% Cacao Chocolate Chips & Raisins.
Organic Agave Nectar or Real Maple Syrup

ASSORTED CEREALS 8

Whole, 2% or Skim Milk, fresh Seasonal Berries or Bananas
Add Organic Agave Nectar .50

· A La Carte ·

SIDES

Scrambled Eggs 5
Pecan Wood Smoked Bacon 6
Turkey Sausage Patties 6
Breakfast Sausage 5
Potatoes Lyonnaise or Low Country Grits 5
Seasonal Fruit 6

TOAST & SPREADS 5

Butter, Orange Marmalade, Strawberry Preserve

BAGEL & SPREADS 6

Plain or Herb Cream Cheese or Butter,
Orange Marmalade or Strawberry Preserve

· From The Farm ·

THE GO TO 11

Two Eggs, Toast & Spreads, Pecan Wood Smoked Bacon, Breakfast Sausage or Seasonal Fruit. Low Country Grits or Potatoes Lyonnaise

DIXIE EGGS 13

Two Eggs Sunny Side Up, Pecan Wood Smoked Bacon on Sausage & Jalapeno Cornbread, covered in Chicken Gravy. Low Country Grits, Potatoes Lyonnaise or Seasonal Fruit

3X3 OMELET 12

Three Egg Omelet with three fillings. Toast & Spreads, Fresh Seasonal Fruit, Potatoes Lyonnaise or Low Country Grits. Fillings...Bell Pepper, Cremini Mushrooms, Red Onion, Kalamata Olives, Arugula, Tomato, Pecan Wood Smoked Bacon, Cheddar, Swiss, Provolone, Parmigiana, Feta, Cream Cheese... Egg Whites...\$3 Smoked Salmon...\$5

PROTEIN PLUNGE 12

Three Scrambled Egg Whites, Canadian Bacon, Turkey Sausage, Whole Wheat Toast

Toast | 35g Protein, 11g Fat, 42g Carbs, 425 Calories
No Toast | 29g Protein, 9g Fat, 20g Carbs, 283 Calories

· Other Favorites ·

GOOD MORNING BURRITO 11

Scrambled Eggs, Papas Con Chorizo, Pico de Gallo, Flour Tortilla, Salsa Verde. Low Country Grits or Seasonal Fruit

NYC BREAKFAST SANDWICH 11

Two Eggs fried or Scrambled, Pecan Wood Smoked Bacon, local Tomato, Brioche Bun
Add Avocado .75

SMOKED SALMON PLATE 16

Plain or Herb Cream Cheese | Capers, Red Onions, local Tomato, toasted Bagel

· Beverages ·

FRESH SQUEEZED JUICES 5

Orange
Grapefruit

COFFEE | TAZO TEAS 2.75

COCKTAILS 9

Mimosa
Bloody Mary
Bloody Bull