

Fruit & Grain

Cereal - selection of breakfast cereals and choice of milk	7
Steel Cut Oatmeal - topped with golden raisins, brown sugar and choice of milk add locally sourced seasonal berries	8+3
Yogurt Parfait - organic vanilla yogurt, locally sourced seasonal berries, topped with house made granola	12
Acai Bowl – anti-oxidant rich acai berry, locally sourced seasonal berries, chia seeds, topped with house made granola, finished with a dusting of bee pollen add toasted coconut and sliced banana	12 +2
Griddle	
Buttermilk Pancakes - served with butter and maple syrup	13
add locally sourced seasonal berries add toasted coconut and sliced banana	+3
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French Toast - sprinkled with cinnamon and powdered sugar served with butter and maple syrup	13
add locally sourced seasonal berries	+3
add toasted coconut and sliced banana	+2
Eggs Egg Benedict – poached farm fresh eggs, canadian bacon, english muffin finished with hollandaise served with herb roasted breakfast potatoes	17
Breakfast Burrito – scrambled farm fresh eggs, pepper jack cheese, choice of meat, avocado served with herb roasted breakfast potatoes	16
Egg Sandwich – scrambled farm fresh eggs, bacon, avocado, sliced tomato served on a warm croissant served with herb roasted breakfast potatoes add cheese	16 +2
All American - farm fresh eggs cook to order, choice of meat served with herb roasted breakfast potatoes	17
Omelet - build your own omelet with any three items served with herb roasted breakfast potatoes	17
Sides	
Egg - one farm fresh egg prepared to order	3
Veggies - sautéed tomato, spinach and mushrooms	6
Meats - bacon turkey sausage pork sausage black forest ham	6
Potatoes – herb roasted breakfast potatoes Fruit – bowl of locally sourced seasonal berries	5 8
Bread – toast of choice served with seasonal butter	3
Assorted Pastries	4
Whole Fruit	2

Montrose Green Smoothie

spinach - mango - pineapple - banana - coconut water

Santa Monica Smoothie

greek yogurt - strawberry - orange - coconut water

Sunset Smoothie

blueberry - blackberry - raspberry - banana - honey - coconut water

small 7 medium 9 large 10 add whey or soy protein for +2

 ${\sf Coffee} \; \cdot \; {\sf Cappuccino} \; \cdot \; {\sf Espresso} \; \cdot \; {\sf Macchiato} \; \cdot \; {\sf Americano} \; \cdot \; {\sf Latte} \; \cdot \; {\sf Cold} \; \; {\sf Brew} \; \cdot \; {\sf Selection} \; \; {\sf of} \; \; {\sf Teas} \; \cdot \; {\sf Juices}$