



## Fruit & Grain

Cereal – selection of breakfast cereals and choice of milk	7
Steel Cut Oatmeal – topped with golden raisins, brown sugar and choice of milk <i>add locally sourced seasonal berries</i>	8 +3
Yogurt Parfait – organic vanilla yogurt, locally sourced seasonal berries, topped with house made granola	12
Acai Bowl – anti-oxidant rich acai berry, locally sourced seasonal berries, chia seeds, topped with house made granola, finished with a dusting of bee pollen <i>add toasted coconut and sliced banana</i>	12 +2

## Griddle

Buttermilk Pancakes – served with butter and maple syrup <i>add locally sourced seasonal berries</i> <i>add toasted coconut and sliced banana</i>	13 +3 +2
French Toast – sprinkled with cinnamon and powdered sugar served with butter and maple syrup <i>add locally sourced seasonal berries</i> <i>add toasted coconut and sliced banana</i>	13 +3 +2

## Eggs

Egg Benedict – poached farm fresh eggs, canadian bacon, english muffin finished with hollandaise served with herb roasted breakfast potatoes	17
Breakfast Burrito – scrambled farm fresh eggs, pepper jack cheese, choice of meat, avocado served with herb roasted breakfast potatoes	16
Egg Sandwich – scrambled farm fresh eggs, bacon, avocado, sliced tomato served on a warm croissant served with herb roasted breakfast potatoes <i>add cheese</i>	16 +2
All American – farm fresh eggs cook to order, choice of meat served with herb roasted breakfast potatoes	17
Omelet – build your own omelet with any three items served with herb roasted breakfast potatoes	17

## Sides

Egg – one farm fresh egg prepared to order	3
Veggies – sautéed tomato, spinach and mushrooms	6
Meats – bacon   turkey sausage   pork sausage   black forest ham	6
Potatoes – herb roasted breakfast potatoes	5
Fruit – bowl of locally sourced seasonal berries	8
Bread – toast of choice served with seasonal butter	3
Assorted Pastries	4
Whole Fruit	2

### Montrose Green Smoothie

spinach – mango – pineapple – banana – coconut water

### Santa Monica Smoothie

greek yogurt – strawberry – orange – coconut water

### Sunset Smoothie

blueberry – blackberry – raspberry – banana – honey – coconut water

small 7      medium 9      large 10

*add whey or soy protein for +2*

Coffee • Cappuccino • Espresso • Macchiato • Americano • Latte • Cold Brew • Selection of Teas • Juices

These items are prepared to order, guests with food allergy concerns please let server know in advance.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.