

STANFIELD REAL ESTATE GROUP PRESENTS

SPRING 2019

Pacific Coast

ICONIC CALIFORNIA LIVING

Festival Season

Spring festivals in the Coachella Valley have lured a new generation of design-driven hotels and restaurants.

Lofty Ideas

Behind the scenes with Thom Mayne, the architect behind the innovative Orange County Museum of Art

Hit the Road

Explore the Pacific Coast from British Columbia to the top of Washington's Olympic Peninsula to the Baja border.

Agents of Change

Pacific Sotheby's International Realty and World Housing partner to build homes for the underserved in Tijuana, Mexico.

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Top: yoga and meditation at VeraVia at the Park Hyatt Aviara; bottom: Cat Club owner Shana Martin offers novel services at OC's first boutique luxury hotel and resort for cats.

FOR THE HEALTH AND WELLNESS TRAVELER

■ For those wanting to kick start their fitness, wellness or detox, the Park Hyatt Aviara Resort Golf Club & Spa, set in the temperate, sunshine-coated hills overlooking Carlsbad, houses the world renowned **VeraVia**, an all-inclusive health and weight loss resort with individualized programs as short as one day or as long as four weeks. Nutrition is vital to the program, which features nutrient-dense, organic farm-to-table meals that support each individual's detoxification process and help balance macronutrient intake—proteins, fats and carbohydrates necessary for optimal blood sugar regulation. Founded by an award-winning, former architect who was seeking renewed health, helmed by a holistic integrative medical doctor and staffed with compassionate, non-judgmental humans, this is the place to rev up, heal and find your Zen. (veraviafit.com) —*Suzette Lipscomb*

FOR PAMPERED CATS AND THEIR TRAVELING HUMANS

■ In the spring of 2012, Irvine resident Shana Martin was teaching a management class at Orange Coast College, during which she showed a video featuring Heidi Ganahl, founder of Camp Bow Wow, who spoke of how her vision for dog boarding transformed the industry. “It really made an impact on me,” says Martin, a mother of four (two humans and



two cats). “I promised myself that, one day, I would create something as wonderful, only for cats.” Now, eight years later, **Club Cat**, Orange County’s first boutique luxury hotel and resort exclusively designated for the day and overnight care of domestic cats, has opened in Irvine. As a high-end alternative to traditional cat boarding, Club Cat boasts a wide array of novel services, such as CatChat (an app like FaceTime but for cats and their owners), Catflix (like NetFlix, but for cats) and CatCast (like Ring, but for cats). Spacious Club Cat suites are named after classic books—you can book The Great Gatsby, Meowby Dick and A Tail of Two Kitties, to mention a few. Spa offerings include Fur Therapy; a derriere trim; a calming treatment using Feliway, a pheromone spray to help ease the transition; and a Paw-icure. Built especially for the vertically inclined, private suites come with a comfy bed, toys (sanitized for each new guest prior to their arrival), a multi-level lounging apparatus and a private, enclosed litter box. Sorry, humans and dogs—cats only. (clubcatusa.com) —*Justine Amodeo*



FOR THE TRAVELER OBSESSED WITH “BIG LITTLE LIES”

■ Meryl Streep may be joining Nicole Kidman, Reese Witherspoon, Laura Dern and the rest of the cast of “Big Little Lies” for its second season, but the true leading lady remains the location—specifically, the Monterey Peninsula. If you’ve got the travel bug after watching the first season, check into the newly renovated **Monterey Plaza Hotel & Spa** in Cannery Row, where you’ll be close to some hot spots from the show, like Lovers Point Park, Del Monte Beach, Garrapata State Park or Point Lobos State Natural Reserve. Walk, bike or skate around the town of Monterey to either the Salvador Dali expo, the Monterey Bay Aquarium or Paluca Trattoria on Fisherman’s Wharf to try and sneak a glimpse of the stars filming their new season (the restaurant is called The Blue Blues Cafe in the series). With a new rooftop spa deck, the hotel, set upon pylons, feels more like

being on the bow of a ship over open water; the suites some of which have four balconies, jet out over Monterey Bay. The award-winning Vista Blue Spa is adjacent to the state-of-the-art fitness center with ocean view treadmills. Schooners Coastal Kitchen & Bar provides locally sourced items for breakfast, lunch, dinner and cocktails while Tidal Coffee is a new hip destination for excellent brews and artisanal pastries. (montereyplazahotel.com) —*S.L.*

Top: Monterey’s Cannery Row; bottom: overlooking the Monterey Bay at Monterey Plaza Hotel & Spa

