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HOW DOES FEMALE DIRECTOR LAW AFFECT S.D. FIRMS?

Public companies must have at least one woman on boards by end of 2019

BY MIKE FREEMAN

Just over a quarter of San Diego's largest publicly traded companies have all-male boards of directors. But that may change soon under a law signed last week by Gov. Jerry Brown.

The law requires publicly traded corporations headquartered in California to include at least one woman on their boards of directors by the end of 2019.

The goal of the law is to close the gender gap in the corporate world, but it could face legal challenges. Brown acknowledged potential legal flaws in a signing statement.

In San Diego, 13 of the 46 companies listed on the Russell 3000 index have all-male boards as of June 30, said Annalisa Barrett, a lecturer at the University of San Diego who studies corporate governance.

That's an improvement from 2017, when 20 of 48 San Diego Russell 3000 companies had no women on their boards.

The progress is a bit misleading, said Barrett, who is also chief executive and founder of Board Governance Research LLC.

While a few local companies added women to their all-male boards last year, including Viasat, Bridgepoint Education and Pico Holdings, the improvement stems largely from changes in the mix of local companies on the Russell 3000, an index of the largest publicly traded companies in the U.S. based on market capitalization.

"San Diego is home to many publicly traded companies that are too small to be included in the Russell 3000 index," said Barrett. "There are many microcap companies in San Diego that do not have women on their boards."

Many of San Diego's largest com-
SEE **BOARDS** • A6



FRED SCHILLING U.S. SUPREME COURT VIA AFP/GETTY IMAGES

Surrounded by his wife and daughters, Judge Brett Kavanaugh is sworn in Saturday by Chief Justice John Roberts (right).

KAVANAUGH SWORN IN AFTER NARROW CONFIRMATION VOTE



ANDREW HARRER BLOOMBERG

Demonstrators opposed to Judge Brett Kavanaugh's confirmation protest Saturday in Washington, D.C. More than 150 people were arrested. Story, A4

#METOO-KAVANAUGH ERA DRIVING INCREASED AWARENESS ON CAMPUSES

BY KRISTINA DAVIS

When the topic of sexual consent used to roll around during new student orientation at San Diego State University, the giggles and crude jokes were sure to follow.

That was a few years ago. No one is giggling now.

"We're seeing people engaged in conversations. It's obvious to us these conversations are happening before they get here," said

SDSU Associate Vice President Jessica Rentto, the university's coordinator under the anti-discrimination law known as Title IX. "It's a great sign. Just three years ago, for the most part they weren't happening."

Today's high school and college students are more aware of sexual violence than any other generation.

Not only are they getting more awareness training than ever before at school, but they are sexu-

ally maturing in the #MeToo era that is empowering victims and drawing clear boundaries of acceptable behavior.

To them, the latest controversy over Brett Kavanaugh and allegations of an alcohol-fueled, sexually aggressive youth comes as an exclamation point on an ongoing conversation.

"It gets everyone's mind turning toward what is acceptable and what is not," said Alexis Wall, SEE **AWARENESS** • A4

Senate approves rise to high court 50-48, one of smallest margins ever

BY SHERYL GAY STOLBERG

WASHINGTON

Judge Brett Kavanaugh was confirmed to the Supreme Court on Saturday by one of the slimmest margins in U.S. history, locking in a solid conservative majority on the court and capping a rancorous battle that began as a debate over judicial ideology and concluded with a reckoning over sexual misconduct.

As a chorus of women in the Senate's public galleries repeatedly interrupted the proceedings with cries of "Shame," somber-looking senators voted 50-48 — almost entirely along party lines — to elevate Kavanaugh. He was promptly sworn in by both Chief Justice John Roberts and retired Justice Anthony Kennedy — the court's longtime swing vote, whom he will replace — in a private ceremony.

For Trump and Senate Republican leaders, who have made stocking the federal judiciary with conservative judges a signature issue, the Senate vote was a validation of a hard-edge strategy to stick with Kavanaugh, even after his nomination was gravely imperiled by al-

SEE **KAVANAUGH** • A5

STATE PREPARES TO VOTE

■ **A5** • Kavanaugh dispute is fresh in California voters' minds, columnist Michael Smolens writes.

SPORTS



AZTECS STUN BOISE STATE

San Diego State chalked up a 19-13 upset win on the blue-turf home field of Mountain West rival Boise State. The Aztecs are now 4-1 on the season and 1-0 in conference play. **D1**

IN DEPTH

Cashing in on California's carbon credits

Program often pays for greenhouse-gas cuts that would've happened anyway

BY JOSHUA EMERSON SMITH

On a dairy farm in California's Central Valley, Wesley Patterson squinted under a dusty baseball cap as he explained, over the roar of its natural gas-burning engine, the advantages of installing a methane digester.

He pointed to several football field-sized ponds of cow manure covered in industrial-strength tarps. The methane coming off the animal waste is trapped, he said, and sucked into a generator that creates more than enough power to run the 4,000-cow operation.

"It's basically like solar, but we make power all the time, and we don't have to use 5 acres of land for panels," said the 27-year-old diesel mechanic. "Saving money is making money."

SEE **CARBON** • A16



JOSHUA EMERSON SMITH U-T

"It's basically like solar, but we make power all the time, and we don't have to use 5 acres of land for panels. Saving money is making money."

Wesley Patterson • standing in front of industrial-strength tarps covering manure on the GJ Te Velde Ranch dairy farm in Tulare County

FENTANYL FEARS HAVE POLICE CHANGING HOW THEY TEST NARCOTICS

Handheld device IDs drugs without opening packages

BY KAREN KUCHER

Wearing gloves and working under a hood that vents fumes from the evidence room, La Mesa police Sgt. Katy Lynch pushed a button on the scanner in her hand and shined a laser on the plastic baggie in front of her.

In less than a minute, the device, which is about the size of a Nintendo Game Boy, identified the white powder, flashing the word "methamphetamine" on its small screen.

The demonstration illustrated how quickly and easily the department's new tool can determine what officers are dealing with without ever opening a package.

That hands-off approach has become more critical as dangerous opioids like fentanyl have shown up in illicit pills and powders sold on streets, potentially putting officers at risk of accidental exposure.

Concerns over those kinds of accidents have spurred dramatic changes in the ways police test and handle narcotics locally and across the country.

Fentanyl, a drug that's been around since the 1950s
SEE **FENTANYL** • A17

TRAVEL



A COLORFUL CULTURE

A visitor basks in Turkey's unique architecture, rich history and friendly people. **E10**

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TRAVEL DEALS

BARGAIN ROOM RATE, EXTRAS FORM OLYMPIA'S FALL PACKAGE

BY ALISON DAROSA

Celebrate fall in the Pacific Northwest. Escape to Olympia, Washington's state capital, to enjoy an old-time change of seasons. For as little as \$79 a night, the "Falling for Oly" package includes accommodations for two at Hotel RL (by Red Lion), a pair of ales at Top Rung Brewing and your choice of either two passes for fun and games at a nearby corn maze (\$40 value, available until Oct. 31) or a \$20 dining credit valid at the hotel's restaurant through November. The hotel is set on 12 wooded acres near the heart of Olympia. There's no resort fee, and parking and Wi-Fi are free. Go to www.experienceolympia.com to check out a plethora of other seasonal activities offered in the area. Book the "Falling for Oly" package through November at www.redlion.com/olympia/packages/falling-for-oly-a-pacific-nw-get-away.

Mention the San Diego Union-Tribune's "Scary Good Deal" and get 20 percent off best available rates through November at **Hotel Modera in Portland, Ore.** Without our discount, rates start at \$159 a night. The U-T deal includes free parking (a \$42 value), plus two coffees and pastries at the nearby Revolution Coffee House. There's a \$24 daily resort fee; it covers Wi-Fi, daily passes to 24 Hour Fitness, use of bicycles and a \$15-per-stay food and beverage credit valid for the in-room minibar and/or the hotel's sundry shop. The hotel offers 174 newly renovated rooms in the heart of Portland's theater district. Check it out at www.hotelmodera.com, but our deal must be booked by phone: (503) 484-1075.

Going the distance for fall color? Then consider Philadelphia, where the "Visit Philly Overnight" package offers some cool perks and discounted rates at 48 participating hotels. Along with accommodations for two, you'll get free hotel parking, two general admission tickets good for two consecutive days at the



PAUL DYER COURTESY PHOTO

Monterey Plaza Hotel & Spa has a discount just for U-T Travel Deals readers.

Philadelphia Museum of Art (a \$40 value), a \$25 gift card valid at Reading Terminal Market (the nation's oldest continuously operating farmers market), two tickets for an 18-hole round of miniature golf at Franklin Square (an \$18 value) plus a \$10 Lyft credit. Rates range from about \$120 a night at the Rodeway Inn Center City to about \$385 nightly at the Rittenhouse Hotel. The package is available through November. Book online at www.visitphilly.com/features/visit-philly-overnight-hotel-package.

Closer to home, **Monterey Plaza Hotel & Spa** is offering U-T Travel Deals readers 30 percent off regular rates through Dec. 25. Rates start at \$239 at this time of year — cut to \$168 with our exclusive deal. Be forewarned that there's a \$29-per-night resort fee; it covers valet parking and Wi-Fi. The hotel is ideally situated for exploring Monterey, perched on the edge of the bay, directly on iconic Cannery Row. The hotel has a rooftop spa and a popular indoor/outdoor seafood restaurant. Enjoy free use of hotel bicycles and for those who'd rather ride than bike, there's a free shuttle around town. All Fridays and Saturdays require a two-night stay. To get the U-T deal, book online at <https://montereyplazahotel.com> using the code SDTFALL18.

Copper Mountain is back with one of the best deals in the country for those 18 and older who want to learn to ski or snowboard — and are completely new to the sport. The resort's Ski and Ride University offers three ski or snowboard lessons with lift tickets and equipment rentals. You'll start with a half-day lesson; on days 2 and 3, you'll get an all-day lesson and lunch. Grads get a free Copper Mountain Season Pass, a \$479 value, valid through the end of the 2018/19 ski season, plus the opportunity to buy

a 2019/20 pass for half price. SRU tuition is \$269, less than the cost of two peak-season adult lift tickets at Copper. Availability is limited, and enrollment is required in person. Learn more at www.coppercolorado.com/plan-your-trip/lessons-rentals/lessons/adult-lessons?season=winter

Las Brisas resort in Acapulco has a sweet deal for American Express card users. Book a casita with a private pool and a balcony overlooking Acapulco Bay for as little as \$133 a night. The deal, valid through early December, requires a five-night stay. It includes a light breakfast delivered daily to your casita. There's no resort fee, and Wi-Fi is free for I Prefer Hotel Rewards members (it's free to join). Check out the resort and book online at www.lasbrisashotels.com.mx/en/acapulco.

World Spree is offering a 7-night **Exotic Vietnam tour**, including round-trip air from LAX or SFO, accommodations in modern 4-star hotels, daily breakfast and sightseeing with English-speaking guides. Rates start at \$999 per person, based on double occupancy. You'll spend three nights in busy Saigon (Ho Chi Minh City) and four nights in graceful Hanoi. The package includes ground transportation, baggage handling and entrance fees. Pay extra for optional tours to the Mekong Delta and Halong Bay. The \$999 rate is available for departures in 2019: May 5 and 9, Sept. 5, 12 and 19. Departures on other dates cost \$50 to \$300 more per person. Learn more at www.worldspree.com/tour/overview?TourID=2019065 or phone (866) 652-5656.

DaRosa is a freelance travel writer. Find more of her articles at www.AlisonDaRosa.com. Prices quoted here are subject to change. Restrictions and blackout dates may apply, and all deals are subject to availability.

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For all offers, unless otherwise indicated: Rates quoted are accurate at time of publication & are per person, based on double occupancy. Gratuities, transfers, excursions and, for non-inclusive offers, airfare, taxes, fees & surcharges, are additional. Advertised rates do not include any applicable daily resort or facility fees payable directly to the hotel at check-out; such fee amounts will be advised at the time of booking. Rates, terms, conditions, availability, itinerary, taxes, fees, surcharges, deposit, payment, cancellation terms/conditions & policies subject to change without notice at any time. Cruise rates capacity-controlled. Advance reservations through AAA Travel required to obtain Member Benefits & savings which may vary based on departure date. Rates may be subject to increase after full payment for increases in government-imposed taxes or fees and, except for air-inclusive offers, for supplier-imposed fees. Blackout dates & other restrictions may apply. **As to Air-Inclusive Offers Only:** Other restrictions may apply, including, but not limited to, baggage limitations & charges for first & second checked bag, standby policies & fees, non-refundable airfare/airline tickets, advance purchase requirements & supplier & airline-imposed change/cancellation fees up to & including the price of the fare plus any applicable fare differential (which may involve pre-notification deadlines). Air component of packaged offers may be non-refundable; refunds are subject to supplier & airline terms & conditions. Supplier & airline fees & policies may vary. Contact your supplier & ticketing airline for more information; for baggage fees & other details, see www.italybags.com. Rates involving round trip air transportation for travel dates or from gateways other than those advertised may differ. Not responsible for errors or omissions. The Automobile Club of Southern California acts as an agent for Pleasant Holidays™. CST 1016202-80. © 2018 Automobile Club of Southern California. All Rights Reserved.

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November 20-23, 2018
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Travel with us "over the river and through the woods" to a rustic getaway nestled in the scenic Sierra Foothills to celebrate Thanksgiving at Wonder Valley Ranch in Sanger, CA. You'll experience a down-home holiday at this peaceful 75-acre country resort where you'll unpack only once and settle in for a delightful 3-night stay. Gather in the cozy lodge with a rock fireplace blazing while you sip hot cider amongst good company and the friendly Wonder Valley staff. During your stay you'll enjoy a horse-drawn hayride, daily ranch activities along with entertainment, nightly hosted happy hours and bountiful ranch meals, including a traditional turkey dinner with all the trimmings on Thanksgiving Day.

3-day Vintage Christmas at Hearst Castle

Dec 16-18, Dec 17-19, Dec 18-20, or Dec 19-21, 2018
\$659 per person, double occupancy

Come along on a special 3-day excursion to Hearst Castle and experience the magnificence of this legendary mansion fully decorated for the holidays as it would have been in the 1920s and '30s. Spend two nights in San Luis Obispo at the charming Apple Farm Inn, a Victorian-style inn where each room is unique and features a cozy gas fireplace. Your excursion includes five meals, a special guided holiday tour of Hearst Castle and visits to Santa Barbara, the artisan village of Cambria and the Danish village of Solvang.

6-day Yuletide Christmas in Scenic Yosemite

December 23-28, 2018
\$1,695 per person, double occupancy

Experience an enchanting winter wonderland and old-fashioned holiday on this 6-day journey to Yosemite National Park for Christmas. Spend two nights at the elegant Tenaya Lodge located just outside the park where you'll enjoy such winter delights as a horse-drawn sleigh ride through the snow-covered forests, a bountiful Christmas dinner, and lunch in the Majestic Yosemite Hotel's magnificent dining room overlooking a wintry Yosemite Valley. You'll also spend two nights at Wonder Valley Ranch Resort where you'll experience some down-home hospitality and an old-fashioned Christmas Eve celebration.

2-day New Year's Eve Big Band Celebration & Rose Parade Getaway

December 31, 2018 - January 1, 2019
\$685 per person, double occupancy

Join us for this fabulous 2-day getaway that pairs the traditions of Pasadena's Rose Parade with a New Year's Eve Big Band celebration at the Candlelight Pavilion. Check in at the DoubleTree hotel in Claremont and celebrate New Year's Eve with a gourmet dinner and entertainment by a full Big Band orchestra at the neighboring Candlelight Pavilion. The next morning you'll ring in the new year at the world-famous New Year's Day Rose Parade. Settle into excellent reserved north facing grand stand seating (with the sun at your back) and watch this spectacular parade with fully unobstructed views. Your tour includes hotel accommodations, four meals, reserved seating at the Rose Parade, and more!

Baja calendar

Fiestas del Sol Mexicali 2018: Through Oct. 14. Since 1975, Mexicali's Fiestas del Sol has featured typical fair attractions in a family-friendly atmosphere: foods, rides, mechanical games, music concerts, merchandise vendors and libations. General admission costs about \$2. More information: fiestasdelsol.com.mx

International Mariachi and Ballet Folklorico Festival: Oct. 3-6. Held at the Rosarito Beach Hotel, the festival features workshops, competition and performances, with net proceeds from this annual event benefiting the Boys and Girls Club of Rosarito. Tickets for the Oct. 6 Concierto Espectacular, featuring performances by two Grammy Award-winning groups — The Mariachi Divas and Mariachi Garibaldi — begin at \$25. More information: rosaritobeachmariachifolkloricofestival.com

Entijuanarte 2018: Oct. 5-7. This cultural festival at Centro Cultural Tijuana (CECUT) focuses on contemporary art and includes painting, sculpture, photography, drawing, engraving, digital media, performance and more. Free admission. More information: fundacionentijuanarte.org

18th annual Tequila Expo: Oct. 11-14. Agave-based spirits are the main act at this cultural festival. You'll find some tequila and mezcal representatives offering free samples, and plenty available for purchase. Mariachi musicians, ballet folklorico dancers and food and merchandise vendors round out the expo on Avenida Revolucion in Tijuana. More information: facebook.com/expo.tequilatijuana/

Baja Culinary Fest 2018: Oct. 18-20. Local, national and international chefs gather in Tijuana to present three days of culinary lectures, cooking workshops and dinners. The Culinary Summit on Oct. 20 features wine and craft beer tastings plus tastings of dishes pre-

pared by chefs from Baja California, San Diego and Los Angeles. Admission to the Sunday event costs about \$45. More information: bajaculinaryfest.com

Baja Ha-Ha Cruisers Rally: Oct. 28-Nov. 10. Nearly 475 crew and 130 boats participated in last year's annual rally, a 750-mile two-week trek from San Diego to Cabo San Lucas. The cruise draws sailors of all ages and experience levels, in a variety of vessels, and from as far away as Europe. More information: baja-haha.com

Festival del Camaron: Nov. 2-4. The annual Shrimp Festival is one of the most important events in San Felipe. Live music plays, fishermen unload their daily catch along the sandy beaches of the Sea of Cortez, and chefs compete to create the best shrimp dish. Admission is free. More information: sanfelipe.com.mx

Baja Sandboard 2018: Nov. 3-4. International competitors hit the slopes — as in the dunes of Cuervitos in Los Algodones, located just 40 minutes from Mexicali — for the extreme sport of sandboarding. More information: sandboardmexico.com

Tijuana: Centro Cultural Tijuana (CECUT): Tijuana's cultural center is open Tuesdays through Sundays. \$4 admission; special event tickets vary; admission to the aquarium is about \$1.50 to \$2.50; botanic garden admission is free. Paseo de los Héroes and Francisco Javier Mina, Zona Rio, Tijuana. More information: cecutojib.mx

Events are subject to change or cancellation. Confirm information with event organizer before booking your trip. To submit Baja California events information, email at cynthia.zanone@suniontribune.com

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