



# BETLA

BEAUTY DEFINED BY YOU

LOS ANGELES

## THE SUMMER ISSUE

FEATURING  
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## Majestic Monterey Plaza Hotel & Spa

Monterey Plaza Hotel & Spa is one of the most popular and iconic landmarks in the captivating and historic Monterey Bay area. Lovingly known as “The Grand Dame of the Bay,” this waterfront property is perfectly located to enjoy breathtaking 360-degree views and all the great surrounding attractions.

Guests are close to Monterey Bay Aquarium, Pebble Beach, 17-Mile Drive, Big Sur, Carmel-by-the-Sea, and a host of outdoor activities like hiking, kayaking, coastal bike riding, scuba diving, golfing, and more.

The recently renovated 290-room property with four specialty suites, Monterey Plaza Hotel & Spa mixes luxury and grandeur with sophisticated coastal tones.

For casual eats, Tidal Coffee offers great artisan coffee and gourmet sandwiches, while Schooners Coastal Kitchen & Bar is perfect for dinner and specialty cocktails.

A highlight of the hotel is the Vista Blue Spa. Set at the top of the hotel with incredible views of Monterey Bay, the rooftop Jacuzzi and sundeck alone are enough of a draw to lure you in for some serious relaxation and pampering time, with a fireplace to snuggle up to while taking in the ambience.

The European-style treatments are seasonally inspired and draw from their surrounding oceanic elements. Indulge in the Bliss on the Bay signature treatment, which is 80-minutes of pure bliss! It starts with an organic lavender and blue chamomile dry body scrub to remove any dead skin and prep the body for what’s to come. A soothing back massage of relaxing and fragrant oils helps penetrate your pores, leaving your skin feeling hydrated, smooth, and supple. Then go to heaven and back with a head, neck, and shoulder rub to conclude the treatment and relieve all stress and tension. [MontereyPlazaHotel.com](http://MontereyPlazaHotel.com)



## Fun Fine Dining at Beauty & Essex LA

Arriving for dinner at Beauty & Essex LA, be prepared for a lesson in opulence, decadence, and fun fine dining!

Enter through the pawn shop (no, you haven’t come to the wrong address), where your eyes will be drawn to 100 places at once to enjoy the array of vintage guitars, custom jewelry, unique artwork, and lots of other treats for the senses.

The 10,000-square-foot bi-level establishment is fabulous and what you would expect had you also experienced its sister restaurants in New York and Las Vegas. Dripping

chandeliers, dim lighting, and sumptuous upholstery set a perfect stage for the culinary experience to come.

Chef Chris Santos is a master at bringing together elements from different cultures and melding them beautifully so they dance harmoniously on your taste buds.

Standout dishes include the tuna poke wonton tacos and “Jewels on Toast” (which range from avocado, lobster BLT, and Banh Mi), to start. The grilled double cut lamb chops with creamy polenta and port wine glaze or the pan-roasted salmon with lemon gremolata are great entrée choices. And the dessert doughnuts with fudge, berry, and caramel sauces? They’re little, fluffy pillows of delectableness! [BeautyAndEssex.com](http://BeautyAndEssex.com)

