

# LAKESIDE SPA & SALON

MISSION POINT, MACKINAC ISLAND



MISSION POINT

**AVEDA**  
THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES

# nails

<b>spa manicure</b>	\$40	<b>children's manicure</b>	\$25
includes cuticle and nail maintenance, choice of soak, aveda hand relief massage and polish of choice.		includes nail shaping and polish of choice for those under the age of thirteen.	
<b>gel polish manicure</b>	\$55	<b>express pedicure</b>	\$55
LED light cured polish that lasts up to two weeks with no chipping and high shine.		customize your experience with your choice of aveda aroma.	
<b>gel polish removal with manicure</b>	\$20	<b>signature spa pedicure</b>	\$65
a soak to remove gel polish.		the ultimate experience for tired toes and dry skin. based your choice of aveda aroma: beautifying, stressfix, rosemary mint, or shampure and complete with a customized foot mask and extended foot and leg massage.	
<b>polish change</b>	\$25		
includes nail shaping and polish of choice.			



## enhancements

*add any of the following to your nail services to enhance your experience for \$10 / each. please allow up to 15 minutes of additional time per enhancement.*

### hot stones

revive tired feet with a hot stone massage. a stone is placed between each toe and then a hot towel wraps around each foot to relax and revive tired toes.

### exfoliating polish

this invigorating salt scrub will wash away any dead skin and help tired hands and feet glow. followed by a hydrating massage, and infused with your favorite aveda aroma.



*A 15% gratuity and 5% spa fee will be added to your services. We require a 24 hour notice for all reservations or a full charge of your services will be applied.*



# freshwater spa packages

*please arrive 30 minutes prior to your spa appointment*

- |  |       |
|--|-------|
| <b>lake huron</b><br>30 minute facial, 60 minute massage with hot stones.          | \$220 |
| <b>lake superior</b><br>30 minute facial, 30 minute massage, and express pedicure. | \$185 |
| <b>lake michigan</b><br>spa manicure and spa pedicure.                             | \$105 |

# body

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*please arrive 30 minutes prior to your spa appointment*

## **customized aveda massage**

a customized massage experience using techniques to relax and soothe sore muscles. choose from light to medium pressure and infused with your favorite aveda aroma. this massage will increase circulation, eliminate toxins and reduce stress.

30 minutes: \$65  
60 minutes: \$125  
90 minutes: \$185

*for couples:*  
60 minutes: \$225  
90 minutes: \$350

## **momma bee**

relief from physical stress unique to your body during pregnancy, this full body therapeutic massage will relax and give your body the special attention it deserves with a focus on the feet and honey mask.

60 minutes: \$125, 90 minutes: \$185

## **aveda body treatment**

our therapists rejuvenate your skin with a sea salt body scrub infused with your choice of aveda aroma. after showering, let your body relax with a full body soothing massage followed by a hydrating body masque.

75 minutes: \$190

*for couples: 75 minutes: \$355*

## **great lakes stone massage**

hot basalt stones from the great lakes gently melt away stress with this relaxing massage that focuses on balancing and restoration. infused with aveda rosemary mint, this rejuvenating massage is followed with cold stone therapy to revive and awaken.

75 minutes: \$190

*for couples: 75 minutes: \$355*

## **customized aveda facial**

from dry and dehydrated to sensitive and oily, this is truly a personalized treatment for your skin. 60 minute facials include a refinement mask and 90 minute facials include treatment mask and a refinement mask.

30 minutes: \$65, 60 minutes: \$125, 90 minutes: \$185

## **lavender fields body treatment**

this total relaxation package includes an express facial, upper body massage, foot massage with a hydrating foot mask, and hot towels all performed with stressfix aroma, infused with lavender to melt away stress.

75 minutes: \$190

## **lilac facial & body treatment**

the best of mackinac island, including an express facial, scalp massage, upper body massage, foot massage and a hydrating foot mask and hot towel service all performed with lilac essential oil and shampure flower aroma, to tighten and firm skin and relax the mind.

75 minutes: \$190

## **aveda balancing body treatment**

a relaxing body treatment featuring a customized aveda chakra blend of aromas. this treatment includes hot stones and a gentle massage on the back, scalp, and feet, leaving your body feeling refreshed and balanced.

75 minutes: \$190

*A 15% gratuity and 5% spa fee will be added to your services.*

*We require a 24 hour notice for all reservations or a full charge of your services will be applied.*



## enhancements

*add any of the following to your spa services to enhance your experience for \$30 / each. please allow up to 15 minutes of additional time per enhancement.*

### **scalp and facial massage**

increase circulation and relieve tension with a 15 minute scalp and facial massage.

### **hot or cold stones**

hot stones are massaged over the back to melt away any unwanted tightness or tension and relax tired muscles and cold stones are massaged gently on the face to reduce puffiness and swelling.

### **express facial**

a gentle cleansing followed by a toner and relaxing facial massage make the perfect addition to any massage.

### **perfecting plant peel**

using the power of plants, this treatment acts like a glycolic peel and removes years of dead skin while reversing the aging process.

### **foot scrub and massage**

relax tired toes and revive dry feet with this spa experience for the feet. a moisturizing exfoliating scrub is gently applied to the feet, followed by a revitalizing foot massage. an island favorite!

### **reflexology**

pressure placed on trigger points on the feet that correlate to different body organs to help benefit overall health.

### **blow out**

after relaxing in the steam room or sauna, refresh your body with a shower and visit our salon for a professional blow out to look and feel your best.

### **makeup touch up**

a mini makeup application is the perfect finishing touch to any spa service. concealer, light face powder, mascara, and lip color will compliment any facial or massage.



### **cbd oil**

enhance your massage with all natural cbd oil to reduce inflammation, increase circulation, and speed muscle recovery.

### **bamboo massage**

reach a deeper level of relaxation and release body tension with heated bamboo sticks.

### **deep tissue**

for extra pressure your therapist can perform deep tissue massage on tense muscles.

### **cupping**

silicone cups are placed with suction on the skin to offer a non-invasive approach to deep tissue massage and increase circulation to hard to reach areas.



# events

prices are listed for in-salon, travel fee may be applied if off-location is requested

## hair

<b>bridal trial run</b>	\$95
a one-hour session to review styles and try different looks to help you decide on a look for your wedding day. this is not a finished look, rather a great opportunity to meet your stylist, try varied looks, and allow your stylist to learn what works and doesn't work with your hair texture as well as instructions on how to prepare your hair for your big day.	
<b>bridal style</b>	\$105
an hour and a half session of any style that uses irons, including a veil or headpiece fitting.	
<b>updo</b>	\$95
any style up with curl or flat iron work.	
<b>half up</b>	\$90
any style half up with curl or flat iron work.	
<b>blow out</b>	\$35
a wash, blow out, and thermal style. with curls or thermal setting, an additional \$20.	
<b>flower girl updo</b>	\$75
including half up, available for ages 12 and under.	



## makeup application

<b>eyelash enhancements</b>	\$15-\$25
glued on lashes, either fans or strips. included with all makeup applications.	
<b>makeup application</b>	\$85
traditional application using aveda mineral-based makeup. includes eyelash enhancements.	
<b>airbrush makeup application</b>	\$95
a flawless and full coverage base application with aveda mineral makeup to finish. includes eyelash enhancements.	

## bridal packages

<b>somewhere in time</b>	\$285
bridal style, makeup application, spa manicure and spa pedicure.	
<b>a day to remember</b>	\$300
bridal style and makeup application and a 60 minute bridal glow facial or 60 minute customized massage.	
<b>the perfect match</b>	\$280
couple's 60 minute massage with hot stones to melt away stress.	

A 15% gratuity and 5% spa fee will be added to your services.  
We require a 24 hour notice for all reservations or a full charge of your services will be applied.



# hair

*additional time and color may change the price of service*

<b>woman's haircut</b>	\$45	<b>base color</b>	\$60
<b>men's haircut</b>	\$30	new growth touch up.	
<b>teen haircut</b>	\$35	<b>pull through</b>	\$10/20g
<b>children's haircut</b>	\$25	refresh the ends.	
no wash included, parent presence required.		<b>partial foil</b>	\$75
		top and sides.	
<b>blow out</b>	\$35	<b>full foil</b>	\$100
wash and dry.		whole head.	
		<b>accent color</b>	\$10/foil
		single process color.	



## enhancements

*add any of the following to your hair services to enhance your experience for \$15 / each. please allow up to 15 minutes of additional time per enhancement.*

### botanical hair treatment

let the power of pure botanicals infuse your hair and increase moisture and protein while you relax with a hand and arm massage. this treatment will instantly improve the condition of your hair.

### invigorating scalp massage

let our therapists address your oily to dry scalp conditions with this customized scalp treatment and relaxing head massage.

### facial wax

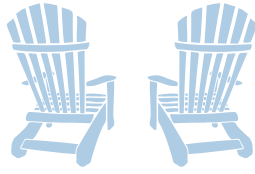
refresh your brows, lip, or chin with an express facial waxing. \$15 per chosen area.

### scalp and neck massage

relax and unwind with a 15 minute scalp and neck massage, infused with your favorite aveda aroma. this is a great way to start your experience at lakeside.

### makeup touch up

leave the salon looking your best with a mini makeup application. includes concealer, light facial coverage, mascara, and lip color.



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