A PLAYFUL FLOW ON A BALANCING BOARD!

Yoga

TERRAWAVE

SUNDAYS
8:30 - 9:30 AM
AT THE YOGA DECK

Limited spaces only.

A unique outdoor experience on an Indo YogaFit® Balance Board! This uplifting class is designed to stimulate you to more consciously connect with your core, find focus and build your strength and flexibility.

Reserve your spot via:
- Whatsapp: +297 742 0988
- Facebook message: DushiYoga

$15
PER CLASS

www.manchebo.com