

BAY AREA. EVERYTHING.

SUMMER 2018

PLACE

PAMPERING PLACES

A Spa for Every Body and Soul

ANGEL ISLAND

A Ferry Ride Back in Time

SMART HOMES

The Technologies of a
Modern Lifestyle

PLUS

16

**LOCAL LUXURY
LISTINGS**

**UNIQUE SPACES
+ PLACES**

THE EAST BAY



WOODHOUSE DAY SPA

"Welcome, and here are your reflexology sandals." This first-class luxury spa in Walnut Creek takes stress-release seriously. Your visit begins with a cup of tea in the Quiet Room. Next you might choose to embark upon a signature service such as the Woodhouse Minkyti, an 80-minute "age-defying facial" replete with organic seaweed and utter relaxation. The family of Woodhouse Spas were voted "America's Favorite Day Spa" by American Spa Magazine's Professional Choice Awards—among many other accolades and awards—the Woodhouse Day Spa is the place to relax and unwind in posh style.

PRICE: Starts at \$105 for a 50-minute Swedish massage

HOW TO RESERVE: woodhousespas.com



CLAREMONT CLUB & SPA

Simply known as "The Claremont" to its devoted fans, this hotel and spa sits high in the Berkeley Hills overlooking the Bay. Built in 1905, the grand white building, surrounded by palms, gives an elegant impression at the outset, but the spa experience is remarkable. There are 32 treatment rooms, a full-service hair-and-nail salon, a eucalyptus steam room, saline whirlpools, a full menu of healing therapies... and childcare services available every day of the week.

PRICE: Starts at \$165 for a 50-minute Therapeutic Relaxation massage treatment

HOW TO RESERVE: fairmont.com



THE SPA AT THE PARK

The Lafayette Park Hotel & Spa (in Lafayette) has old-world charm that starts with the European decor and extends to the exceptional treatments delivered in a secluded spa. Signature treatments include hot stone massage, aromatherapy massage, and couples' candlelight massage. Or consider the Lush Vanilla Fig Wrap, the Blossom Exfoliation, or the Organic Enzyme Facial. Make sure to save time to sit by the outdoor pool in an atmosphere reminiscent of the French Countryside.

PRICE: Starts at \$105 for a 50-minute Park Classic Massage

HOW TO RESERVE: lafayetteparkhotel.com