

# Kanuga Trails LEGEND

## DAISY'S LAKE TRAIL

- easy • White Blaze
- 1.25 Miles short loop
- 1.75 Miles long loop

## RUFUS MORGAN/ HIGH ROCKS

- moderate • Blue Blaze • 1 Mile\*

## DOUG STIRLING/ WOLF MTN

- difficult • Yellow Blaze • 2 Miles\*

## GEYER LONG ROCKS

- moderate • Yellow Blaze • 1.3 Miles\*

## JIM REDD

- difficult • Red Blaze • 2 Miles\*

## BALDWIN'S REACH

- moderate • Orange Blaze • 1.5 Miles\*

## CORN MTN LOOP

- moderate • White Blaze • 1.5 Miles\*

## SUNSET POINT TRAIL

- easy • Blue Blaze • Less than .25 mile

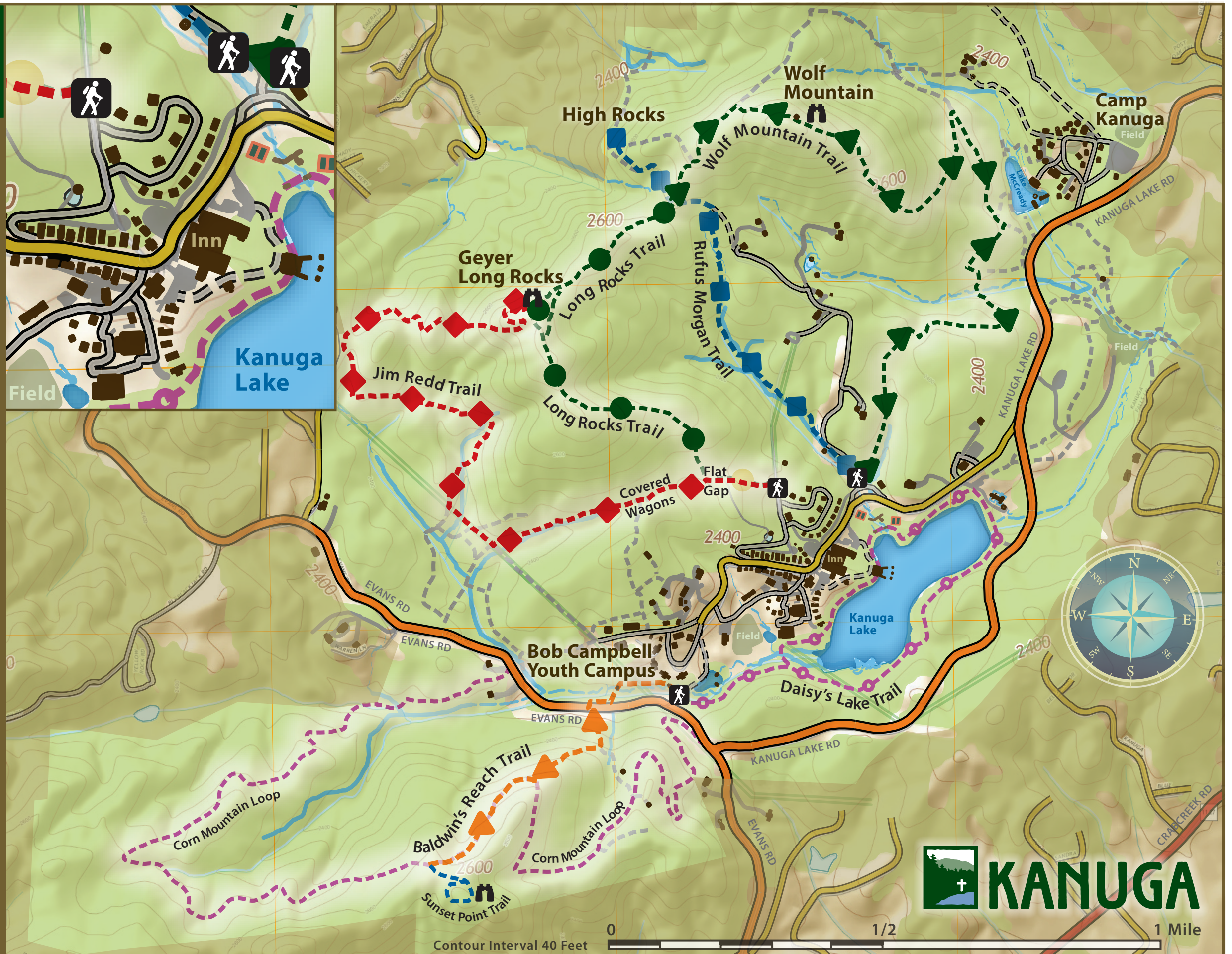
## UNMARKED TRAILS

- unmaintained

\* Indicates trail length one way

- Trail Head
- Scenic view

Evans Road and Kanuga Lake Road are state roads and hikers should use caution when walking beside these roads.



# Kanuga Trails HIKERS GUIDE

**Kanuga covers 1,400 mountain acres near Hendersonville, N.C. Most of the property is undeveloped and heavily wooded. Many of the trails consist of foot paths and old logging roads with over 20 miles of maintained and blazed trails for hiking. Maintained trails are marked with colored blazes. A double blaze of the same color indicates a turn or junction. Be careful and enjoy!**

## Trail Guidelines

- Please stay on marked trails.
- No bikes, vehicles or horses permitted.
- Please leave only footsteps and take only memories. There are some unique and rare plants on the property; please refrain from picking flowers and plants. Leave them for others to enjoy.
- Help keep Kanuga clean by not littering. If you happen to find litter, please pick it up and discard in the nearest trash receptacle.
- Respect other hikers' experiences. They wish to enjoy it as much as you.

From the pond you can cut through to Harold House and the gym, or continue on the gravel road until you reach the entrance to the Bob Campbell Youth Campus. Turn right to follow the paved road back to the Inn.

## RUFUS MORGAN TRAIL TO HIGH ROCKS

**Rating:** Moderate      **Distance:** 1.1 miles (one way)  
**Blaze:** Blue      **Elevation Change:** 340'  
**View:** Winter views of Blue Ridge Mountains to the north  
**Tip:** Look for pink lady slippers on the lower end in the spring and early summer  
**Lower End:** Inn/St. Francis Outdoor Chapel  
**Upper End:** High Rocks

From the Inn follow the main road down the hill towards the tennis courts and turn left onto the gravel road. Just past the outdoor Chapel of St. Francis, turn left and cross the footbridge near the mailboxes. Walk up the gravel road about 20 yards until you reach the trailhead on the left. Please do not follow the gravel road as it is a vehicle route and has several blind curves. The trailhead for the Doug Stirling/Wolf Mtn. Trail is on the right about 10 yards after the footbridge. The Rufus Morgan Trail is fairly level for almost a half mile (an unmarked trail to the left takes you back above the Outdoor Chapel and to Guest House F). After several footbridge stream crossings and a short climb, turn left following on an old road bed. Pass through Hungry Dog Gap (to the left is the trail to Long Rocks and to the right is the trail to Wolf Mtn.) and continue straight going downhill gently. Turn right following a sign and blazes to reach the bench and fireplace at High Rocks. A trail marked with a sign continues straight ahead at the final turn to High Rocks leads to Brown's Cove .25 mile one way. Stay to the right as any left takes you off Kanuga property.

## DOUG STIRLING/WOLF MTN. TRAIL

**Rating:** Most difficult      **Distance:** 2 miles (one way)  
**Blaze:** Yellow      **Elevation Change:** 560'  
**View:** Overlooks Kanuga Lake to the south  
**Lower End:** Inn/St. Francis Outdoor Chapel  
**Upper End:** Hungry Dog Gap

The trail begins on the right between High Rocks Rd. and the outdoor Chapel of St. Francis (follow instructions for starting the Rufus Morgan Trail). The Doug Stirling Trail takes several sharp turns into the first mile. Stay on the yellow-blazed trail and watch for double blazes indicating a turn ahead. The trail passes near Camp Kanuga before it climbs steeply to the top of Wolf Mtn. At the top, enjoy the view of Kanuga Lake and Pinnacle Mtn. across the valley. To the northeast is a view towards Hendersonville. From the top, continuing on the yellow blaze, it is a steep half mile down (220') to Hungry Dog Gap and junction with the Long Rocks and Rufus Morgan Trails.

## GEYER LONG ROCKS TRAIL

**Rating:** Difficult      **Distance:** 1.3 miles (one way)  
**Blaze:** Yellow      **Elevation Change:** 360'  
**View:** Mount Pisgah to the north

**Tip:** At the top, you're standing on remnants of an ancient volcano

**Lower End:** Inn/Carter Lodge  
**Upper End:** Hungry Dog Gap

From the Inn go up to Carter Lodge (accessible by going up the steps near Cottage #26 following the gravel road back to the paved road which goes by Carter on the left). Continue past Carter to a large gravel lot, turn left and go up gently to Flat Gap where the Geyer Long Rocks Trail turns sharply to the right (continue straight to follow the Jim Redd Trail) then climb steeply for .6 miles to reach the top of Long Rocks. The upper end of the Jim Redd Trail comes in on the left just before you reach Long Rocks. To reach the end of the Long Rocks Trail continue to the right and descend .3 miles (140') to Hungry Dog Gap and the junction with the Wolf Mtn./Doug Stirling Trail and the Rufus Morgan/High Rocks Trail.

## JIM REDD TRAIL

**Rating:** Most difficult      **Distance:** 2 miles (one way)  
**Blaze:** Red      **Elevation Change:** 360'  
**View:** Occasional views to the south and at the top is a view of Mount Pisgah to the north  
**Lower End:** Inn/Carter Lodge  
**Upper end:** Long Rocks

Follow the directions for the Long Rocks Trail up to Flat Gap. Stay on the red blaze and reach an open field with covered wagons. Continue straight through the field and at the other end you will find a sign for the Jim Redd Trail. The trail goes down to a power line clearing, turns right to follow the power lines, then turns right again following an old logging road. The road climbs gently for almost half a mile then takes a sharp right onto a primitive trail. Be sure to look for the blazes from this point. The trail climbs and descends several times before the final climb to reach the Long Rocks Campsite and Long Rocks. The view is to the left of the campsite.

## BALDWIN'S REACH

**Rating:** Difficult      **Distance:** 1.5 miles one way  
**Blaze:** Orange      **Elevation Change:** 360'  
**Lower End:** Foster Organic Garden  
**Upper End:** Sunset Point Trailhead

Facing the gazebo in the Foster Organic Garden, the trailhead begins to your right. Cross the bridge over Little Mud Creek and continue past the garden. You will cross over the creek again and find the trail continues directly across Evans Road from the bridge. After a steep climb through the rhododendron, the trail will level out to the left. From here the surrounding forest becomes more of an oak/beech mix as the trail climbs until it meets with the Corn Mountain Loop. Take a right at this intersection and follow the trail to the top of Corn Mountain where you can access the Sunset Point trailhead. **Do not follow the trail as it spurs to the left toward Eagle Rock. Eagle Rock is not on Kanuga property. It is private property and access is not currently granted to Kanuga guests.**

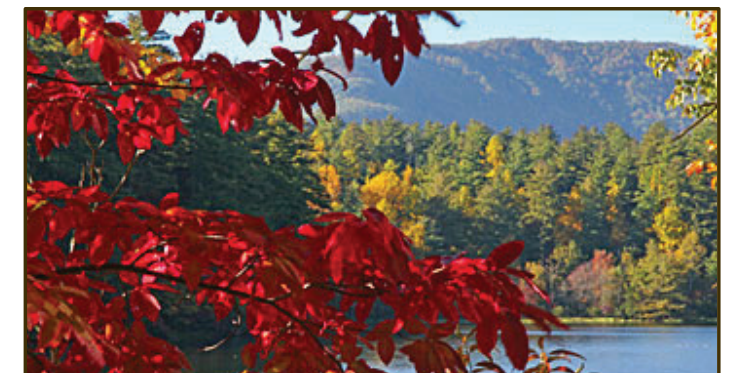
## CORN MOUNTAIN TRAIL LOOP

**Rating:** Moderate      **Distance:** 3 miles (loop)  
**Blaze:** White      **Elevation change:** 300'  
**Lower End:** Lake Loop near Ned Ball Pond  
**Upper End:** "Blackjack" Campsite near Rock Quarry

Start by taking the Lake Loop by Ned Ball Pond. When the trail makes a hard left, turn right and cross Evans Road. Follow the road to the left until you see a red gate. Walk through the gate and follow the trail into the woods. The Corn Mountain Loop follows an old logging road, and in several places you can see remnants of old growth, row plantings of pine, campsites used by summer camps and a diversity of wildflowers in the spring. In a saddle, the Corn Mountain Loop is joined by the Baldwin's Reach Trail for about .25 mile up to the pinnacle of Corn Mountain. You can elect to take the spur to the left to Sunset Point Trail or continue down the Corn Mountain Loop to the right. At this point the loop turns to more of a single track trail following the contours of the mountain back down to Evans Road. You can cross the road and make your way back to Kanuga via the trail through the Bob Campbell Youth Campus.

## SUNSET POINT TRAIL

**Rating:** Easy      **Distance:** Less than .25 mile  
**Blaze:** Blue      **Elevation:** Negligible  
**View:** Henderson County view to the northeast, winter views into Crab Creek Valley



828-692-9136 • www.kanuga.org

You must be a guest of Kanuga or obtain written permission from Kanuga for use of trails on Kanuga property.