

All Over the Map

What's on our radar this month.



ESCAPE ROUTES

Three wellness retreats with distinctly different vibes are making us pine for a fall getaway. At **GroundSea Fitness** (groundseafitness.com),

in Massachusetts, director Marc Alabanza, the mastermind of California retreats like the Ashram, has helped chart three- and four-day excursions that revolve around hikes on the Appalachian Trail and meditation. At **Kamalame Cay**, a lush private island in the Bahamas, guests at Silver Linings Wellness Retreats (kamalame.com) unplug in beachfront bungalows, enjoy individually tailored movement classes, and sip fresh-pressed drinks by the Radiance Juice Co. Farther afield is the newest Aman resort, the forest village **Amanyangyun** (above, aman.com), just outside of Shanghai. The idyllic escape, built using flood-threatened Ming and Qing dynasty houses, is itself a tribute to mindful rejuvenation. ARDEN FANNING ANDREWS

Mix Master

When she started art native Beijing, Snc was such a fashion i she didn't know who was. "I thought I wa an architect or an ar 25-year-old, who now Van Noten and Ma as influences. An as involved filling slic duce with shredded l an interest in textiles, design competition c to rethink her focus. E landed in Parsons's F and Society M.F.A. p which she graduated i since shown her fall New York Fashion W VFiles Runway; gain in Rihanna; and oper Manhattan's Garmen

It's there that G; her distinctive ense; ups of traditional A; Western clothes th and ties around a liv ally her best friend), developed while wor