

# FULL SPA EXPERIENCE

CALM

## MASSAGE

MONDAY - THURSDAY

FRIDAY - SUNDAY

### PERSONAL RETREAT MASSAGE

50 MINUTES	————	\$170	——	\$180
80 MINUTES	————	\$200	——	\$215
110 MINUTES	————	\$320	——	\$330

### NURTURING PREGNANCY MASSAGE

50 MINUTES	————	\$165	——	\$175
80 MINUTES	————	\$195	——	\$205

### SLEEP DEEPLY

50 MINUTES	————	\$155	——	\$165
80 MINUTES	————	\$185	——	\$195

## BODY

MONDAY - THURSDAY

FRIDAY - SUNDAY

### BAMBOO SCRUB

50 MINUTES	————	\$155	——	\$165
80 MINUTES	————	\$185	——	\$195

## FACIAL

### PERSONAL RETREAT CUSTOMIZED FACIAL

50 MINUTES	——	\$175	——	\$185
80 MINUTES	——	\$205	——	\$210

### SKIN COMFORT FACIAL

50 MINUTES	——	\$155	——	\$165
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INVIGORATE

## MASSAGE

### RE ENERGIZE MASSAGE

50 MINUTES	————	\$165	——	\$175
80 MINUTES	————	\$195	——	\$205

## BODY

### BIG RIVER BRIGHTENING BODY SCRUB

50 MINUTES	————	\$155	——	\$165
80 MINUTES	————	\$185	——	\$195

### CITRUS DRENCH BODY WRAP

50 MINUTES	————	\$165	——	\$175
80 MINUTES	————	\$195	——	\$205

## FACIAL

### FIRMING FACIAL

50 MINUTES	——	\$165	——	\$175
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### EYELIFT ENHANCEMENT

25 MINUTES	——	\$65	——	-
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### CITRUS DRENCH FACIAL

50 MINUTES	——	\$165	——	\$175
80 MINUTES	——	\$195	——	\$205

INDULGE

## MASSAGE

### ULTIMATE AROMATHERAPY EXPERIENCE

50 MINUTES	————	\$155	——	\$165
80 MINUTES	————	\$185	——	\$195

### BASALT STONE MASSAGE

50 MINUTES	————	\$165	——	\$175
80 MINUTES	————	\$195	——	\$205

## BODY

### LIPOCELL SCULPTURE

50 MINUTES	——	\$165	——	\$175
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## FACIAL

### LIFTING AND BRIGHTENING FACIAL

80 MINUTES	——	\$195	——	\$205
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### THE ESSENTIAL SHOCK FACIAL

50 MINUTES	——	\$165	——	\$175
80 MINUTES	——	\$195	——	\$205

RENEW

## MASSAGE

### IMMUNE BOOST MASSAGE

50 MINUTES	————	\$155	——	\$165
80 MINUTES	————	\$185	——	\$195

### INTENSIVE MUSCLE RELEASE

50 MINUTES	————	\$165	——	\$175
80 MINUTES	————	\$195	——	\$205

### PERFECT HARMONY COUPLES MASSAGE

50 MINUTES	————	\$165 per person	——	\$175 per person
80 MINUTES	————	\$195 per person	——	\$205 per person
110 MINUTES	————	\$330 per person	——	\$340 per person

## BODY

### HYDRO RENEWAL

50 MINUTES	——	\$165	——	\$175
80 MINUTES	——	\$195	——	\$205

### BODY PERFECTION DETOX

50 MINUTES	——	\$155	——	\$165
80 MINUTES	——	\$185	——	\$195

## FACIAL

### URBAN CURE DETOX

50 MINUTES	——	\$155	——	\$165
80 MINUTES	——	\$185	——	\$195

# EXPRESS & ESSENTIALS

## CALM

MONDAY - THURSDAY

FRIDAY - SUNDAY

### RELAXING SCALP MASSAGE

12 MINUTES \_\_\_\_\_ \$45 \_\_\_\_\_ \$50  
25 MINUTES \_\_\_\_\_ \$85 \_\_\_\_\_ \$95

### URBAN NECK AND SHOULDER

12 MINUTES \_\_\_\_\_ \$45 \_\_\_\_\_ \$50  
25 MINUTES \_\_\_\_\_ \$85 \_\_\_\_\_ \$95

## INDULGE

MONDAY - THURSDAY

FRIDAY - SUNDAY

### RELAXING MASSAGE

12 MINUTES \_\_\_\_\_ \$45 \_\_\_\_\_ \$50  
25 MINUTES \_\_\_\_\_ \$85 \_\_\_\_\_ \$95

## INVIGORATE

### ENERGY BOOST MASSAGE

12 MINUTES \_\_\_\_\_ \$45 \_\_\_\_\_ \$50  
25 MINUTES \_\_\_\_\_ \$85 \_\_\_\_\_ \$95

## RENEW

### TENSION RELEASE MASSAGE

12 MINUTES \_\_\_\_\_ \$45 \_\_\_\_\_ \$55  
25 MINUTES \_\_\_\_\_ \$85 \_\_\_\_\_ \$95

## HANDS AND FEET

### NASHVILLE SIGNATURE HAND RETREAT

50 MINUTES \_\_\_\_\_ \$65 \_\_\_\_\_ \$75

### GEL POLISH MANICURE

50 MINUTES \_\_\_\_\_ \$75 \_\_\_\_\_ -

### NASHVILLE SIGNATURE FOOT RETREAT

50 MINUTES \_\_\_\_\_ \$75 \_\_\_\_\_ \$85

### NAIL SHINE MANICURE

25 MINUTES \_\_\_\_\_ \$40 \_\_\_\_\_ \$50

### HYDRATING HANDS MANICURE

50 MINUTES \_\_\_\_\_ \$55 \_\_\_\_\_ \$65

### ACHING FEET PEDICURE

25 MINUTES \_\_\_\_\_ \$50 \_\_\_\_\_ \$60

### ULTIMATE HYDRATION PEDICURE

50 MINUTES \_\_\_\_\_ \$65 \_\_\_\_\_ \$75



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