

# LUNCH

## STARTIN GROUNDS

TENNESSEE CHICKEN & CRISPY TORTILLA SOUP.....\$8.00  
FRESH AVOCADO, CHARRED LIME, JALAPEÑO SEA SALT, CHIVE OIL

LOADED BAKED POTATO CHOWDER.....\$8.00  
SWEETWATER VALLEY FARM CHEDDAR, SPRING ONION,  
BENTON'S COUNTRY HAM (GF)

NASHVILLE HOT CHICKEN & BISCUIT..... \$11.00  
SHARP CHEDDAR BISCUIT, GREEN SLAW, RED PEPPER JELLY,  
BLACK PEPPER GRAVY

FRIED GREEN TOMATO B.L.T..... \$12.00  
SMOKED BERKSHIRE PORK BELLY, PIMENTO CHEESE SCHMEAR,  
SPICED PEACH CHUTNEY

LOADED NACHOS..... \$14.00  
BBQ BRISKET, SALSA ROJA, AVOCADO CREMA, PICO DE GALLO,  
JALAPEÑO, CHEESE FONDUE, CILANTRO (GF)

THE LOVERS DIP..... \$12.00  
CREAMED SPINACH & ARTICHOKE, FRESH LOVAGE,  
AGED GOUDA, CORN CHIPS (v)

## STOMPIN TOAST

SMASHED MARKET VEGETABLES SERVED ON GRILLED SOUR DOUGH  
OR SPROUTED GRAIN TOAST

SPICED BUTTERNUT SQUASH & C.C GARDEN'S SPROUTS \$12.00  
MOROCCAN SPICE, PINOT POACHED PEAR, PARMESAN SNOW, CITRUS YOGURT,  
POMEGRANATE SEEDS, FRISEE (v)

AVOCADO & OLIVE OIL..... \$10.00  
FRIED EGG, FETA CHEESE, ROASTED CORN, BLACK BEAN,  
TOMATO, FRESNO CHILI OIL, CILANTRO CRESS (v)

CHARRED SOUTHERN PEACH & PIMENTO .....\$12.00  
GRILLED TENNESSEE PEACH, WHIPPED AGED PIMENTO CHEESE SPREAD,  
SHAVED RADISH, HOTHOUSE WATERCRESS, WILLIAMS HONEY DRIZZLE (v)

ADD SMOKED SALMON OR SMOKED TURKEY \$4.00  
(GF AVAILABLE UPON REQUEST)

## MARKET SALAD

PERSONALIZE YOUR OWN MARKET SALAD..... \$15.00

## ORGANIC GRAIN BOWLS

QUINOA BOWL.....\$10.00  
CHILI MARINATED TOFU, GARLIC CONFIT SPINACH, KIMCHI,  
CILANTRO, SOY MISO SAUCE (v) (GF)

★ BROWN RICE BOWL.....\$15.00  
AHI TUNA POKE, BOK CHOY, SESAME, SCALLION,  
AVOCADO, TERIYAKI DRESSING (GF)

PEARL BARLEY BOWL.....\$13.00  
MESQUITE GRILLED CHICKEN BREAST, TUSCAN KALE,  
BLUE CHEESE, BALSAMIC MUSHROOM

FARRO BOWL.....\$14.00  
SRIRACHA GRILLED SHRIMP, CUCUMBER, EDAMAME,  
FETA CHEESE, MINT, ARUGULA, CITRUS YOGURT

ADD SOFT POACHED EGG \$3.95

## CRUST

★ THE STOMP BURGER.....\$15.00  
AMERICAN WAGYU, GIFFORD'S SMOKED BACON,  
CHEESE FONDUE, WHISKEY ONION MARMALADE

ALABAMA STYLE PORK SLIDERS.....\$14.00  
BBQ BRAISED SHOULDER, 'BAMA WHITE BBQ SAUCE,  
SOFT ROLL, RED SLAW, DILL PICKLES

FRIED FISH SANDWICH.....\$14.00  
BEER BATTERED ATLANTIC COD, TARTAR SAUCE,  
ICEBERG LETTUCE, BREAD & BUTTER PICKLES

PORTOBELLO MUSHROOM FRENCH DIP..... \$13.00  
BAGUETTE, CHEESE FONDUE, CARAMELIZED ONIONS,  
MUSHROOM AU JUS (v)

(GF AVAILABLE UPON REQUEST)

## SWEETS

MARKET SELECTION.....\$6.00  
PLEASE INQUIRE WITH YOUR SERVER

HOUSEMADE GELATOS & SORBETS (GF)..... \$8.00

★ CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.