

LUNCH

STARTIN GROUNDS

LOADED BAKED POTATO CHOWDER.....\$8.00
SWEETWATER VALLEY FARM CHEDDAR, SPRING ONION,
BENTON'S COUNTRY HAM (GF)

NASHVILLE HOT CHICKEN & BISCUIT..... \$11.00
SHARP CHEDDAR BISCUIT, GREEN SLAW, RED PEPPER JELLY,
BLACK PEPPER GRAVY

FRIED GREEN TOMATO B.L.T..... \$12.00
SMOKED BERKSHIRE PORK BELLY, PIMENTO CHEESE SCHMEAR,
SPICED PEACH CHUTNEY

LOADED NACHOS..... \$14.00
BBQ BRISKET, SALSA ROJA, AVOCADO CREMA, PICO DE GALLO,
JALAPEÑO, CHEESE FONDUE, CILANTRO (GF)

THE LOVERS DIP..... \$12.00
CREAMED SPINACH & ARTICHOKE, FRESH LOVAGE,
AGED GOUDA, CORN CHIPS (v)

STOMPIN TOAST

SMASHED MARKET VEGETABLES SERVED ON GRILLED SOUR DOUGH
OR SPROUTED GRAIN TOAST

ROASTED SQUASH & TENNESSEE HONEY.....\$10.00
GRILLED PEACH, PARMESAN, POMEGRANATE,
SUMAC YOGURT, ALFALFA SPROUTS (v)

AVOCADO & OLIVE OIL.....\$10.00
FRIED EGG, FETA CHEESE, ROASTED CORN, BLACK BEAN,
TOMATO, FRESNO CHILI OIL, CILANTRO CRESS (v)

ENGLISH PEA & MINT..... \$10.00
POACHED EGG, WHIPPED CREAM CHEESE,
CRACKED BLACK PEPPER, LEMON VINAIGRETTE, PEA SHOOTS (v)

ADD SMOKED SALMON OR SMOKED TURKEY \$4.00
(GF AVAILABLE UPON REQUEST)

SWEETS

MARKET SELECTION..... \$6.00
PLEASE INQUIRE WITH YOUR SERVER

HOUSEMADE GELATOS & SORBETS (GF)..... \$8.00

ORGANIC GRAIN BOWLS

QUINOA BOWL.....\$10.00
CHILI MARINATED TOFU, GARLIC CONFIT SPINACH, KIMCHI,
CILANTRO, SOY MISO SAUCE (v) (GF)

BROWN RICE BOWL..... \$15.00
AHI TUNA POKE, BOK CHOY, SESAME, SCALLION,
AVOCADO, TERIYAKI DRESSING (GF)

PEARL BARLEY BOWL.....\$13.00
MESQUITE GRILLED CHICKEN BREAST, TUSCAN KALE,
BLUE CHEESE, BALSAMIC MUSHROOM

FARRO BOWL.....\$14.00
SRIRACHA GRILLED SHRIMP, CUCUMBER, EDAMAME,
FETA CHEESE, MINT, ARUGULA, CITRUS YOGURT

ADD SOFT POACHED EGG \$3.95

MARKET SALAD

PERSONALIZE YOUR OWN MARKET SALAD.....\$15.00

CRUST

THE STOMP BURGER.....\$15.00
AMERICAN WAGYU, GIFFORD'S SMOKED BACON,
CHEESE FONDUE, WHISKEY ONION MARMALADE

ALABAMA STYLE PORK SLIDERS..... \$14.00
BBQ BRAISED SHOULDER, 'BAMA WHITE BBQ SAUCE,
SOFT ROLL, RED SLAW, DILL PICKLES

FRIED FISH SANDWICH.....\$14.00
BEER BATTERED ATLANTIC COD, TARTAR SAUCE,
ICEBERG LETTUCE, BREAD & BUTTER PICKLES

PORTOBELLO MUSHROOM FRENCH DIP..... \$13.00
BAGUETTE, CHEESE FONDUE, CARAMELIZED ONIONS,
MUSHROOM AU JUS (v)

(GF AVAILABLE UPON REQUEST)