

ATOXELENE: THE ULTIMATE FACIAL

This facial is the “ultimate” targeted treatment ... the serums firm, lift, tone and plump your skin for dramatic results. The appearance of fine lines and wrinkles is reduced, and dry skin is hydrated. This facial is ideal for prematurely aging skin and is the treatment to have before an important event. 100 minutes, \$325

TEEN CLEAN FACIAL

This facial is a specialized experience targeting teens’ specific skincare concerns. Our esthetician performs an analysis to determine skincare needs and offers tips on maintaining luminous skin throughout adulthood. Using products suited for your skin, this facial includes light exfoliation, extractions (if necessary) and a specialty mask. The result is naturally beautiful, glowing, youthful skin. 50 minutes, \$170

GENTLEMAN’S FACIAL

Using botanic products designed for men, this targeted, solution-based, cleansing and exfoliating treatment will leave skin feeling soft and smooth. 50 minutes, \$170

ADD ON TO ANY FACIAL

Lip Wax \$20 | Chin Wax \$20

GRATUITIES for your provider(s) may be added to your spa bill upon check out.

CANCELLATION POLICY Appointments must be cancelled 24 hours in advance of your scheduled appointment to avoid nonrefundable charges.

AVAILABLE FACILITIES

As we progress through the phases of re-opening, in conjunction with State and County guidance, certain amenities will not be available initially.

- Showers and steam rooms will not be open to clients at this time.
- Restrooms will be available for spa clients only.
- Regretfully, we will be unable to provide our communal refreshments in the lounge area at this time.
- Social distancing and facial masks are required in all areas of the spa and retail areas.

Our Buddha Pond sanctuary access may be limited in order to maintain safe social distancing.

SPA GUEST CONSIDERATIONS

- All guests are required to wear masks at all times.
- Temperature testing and health screening will be done upon entry to the spa.
- A waiver will be given to you to sign prior to treatments.

STAFF CONSIDERATIONS

- Spa staff will wear masks at all times.
- Staff will adhere to all protocols.
- All staff will have a health screening done prior to the start of their shift.

HEALTH & SAFETY CONSIDERATIONS

- HEPA/UV filters are utilized in all treatment rooms.
- We have modified booking practices to ensure social distancing and allow extra time for enhanced sanitization practices.
- Sanitizing stations are located throughout the facility.

PLEASE NOTE Spa treatments subject to change based on current California and Napa County guidelines.



THE SPA

INDIAN SPRINGS HAS A LONG TRADITION OF SPA TREATMENTS USING THE HEALING WATERS AND NATURAL ELEMENTS SOURCED ON OUR PROPERTY.

We have created a spa menu that carries on the tradition of “taking the waters” in new ways along with our massage and facial treatments. All of our massage therapists and estheticians are highly trained and dedicated to embodying our core values of care and attention to our guests’ well-being.

Our spa has always been a place of rest and relaxation and now more than ever we recognize the importance of self-care. We are dedicated to providing the safest experience for our guests and our staff. We have established protocols based on the recommendations of healthcare professionals, the CDC, industry associations, and the California Department of Health. We look forward to welcoming you and insuring a safe and stress free visit. Come ... take the waters and return often.



INDIAN SPRINGS
CALISTOGA

PERFECT PRELUDE TO A MASSAGE

INDIAN SPRINGS CLASSIC MINERAL SOAK

Immerse yourself in a deep tub of our pure Indian Springs geyser water and relax. Complete the experience wrapped in soft flannel blankets and take time to cool down and really relax. 45 minutes, \$80

WINE COUNTRY SOAK

Treat yourself to some well-deserved pampering by soaking in our Indian Springs geyser water with a chardonnay twist. This luxurious, nutrient-rich soak rejuvenates body and soul. The scent of pomegranate combined with the essence of chardonnay will delight all your senses. The soak is followed by our traditional cool down blanket wrap and rest. 45 minutes, \$85

MILK & ROSES SOAK

(Good for Everyone—Suggested for Expectant Mothers)

This is a divine bathing experience designed to pamper and ease tired, sore muscles, as well as relax and hydrate the body. Cleopatra soaked in goat milk and understood that the luxurious properties of milk would soothe dry skin and leave it silky smooth. After you soak, you will be wrapped in blankets for a cool-down period. Take time to rest and relax. 45 minutes, \$85

ROSEMARY SOAK

Enjoy the detoxing and rejuvenating properties of our estate-harvested rosemary, infused with our geyser-fed mineral water. This soak is followed by our cool-down blanket wrap and rest. 45 minutes, \$85

CBD SOAK

In this soak, we infuse Indian Springs geyser water with CBD. Our CBD is a combination of nutrient-rich oils and therapeutic plant extracts that will elevate your mind and body to pure bliss. Followed by our cool-down blanket wrap and rest. 45 minutes, \$95

ADD ON TO ANY SOAK

Apply our volcanic ash facial mask, to polish the complexion. \$20

MASSAGE

SIGNATURE MASSAGE

Our signature medium-pressure Swedish massage is designed to relax and rejuvenate. Using natural oils, this massage is tailored to your needs and will leave you in a state of deep relaxation and balance. Our massage therapists are professionally trained and skilled in several modalities. The foundation of our massage is Swedish, but each therapist uses other techniques based on your body's needs to create a restorative massage just for you. 50 minutes, \$170 | 100 minutes, \$340

DEEP TISSUE

Recharge your body with this firm massage designed to alleviate tension and muscular stress. Strong movements and techniques concentrate on specific areas of concern while arnica balm is incorporated for deep tension relief. 50 minutes, \$195 | Add CBD, \$220

CBD MASSAGE

Elevate your senses with a harmonious blend of active botanicals with 400 mg of broad-spectrum CBD. Indulge in the

scent of lavender and sage while you relax in knowing that our CBD is paraben and THC free. 50 minutes, \$195

HAND AND SOLE MASSAGE

This is the perfect treatment for those wishing to focus “solely” on their hands and feet. A balancing treatment using aromatic oils and calming creams to help tension and increase blood and oxygen flow. 50 minutes, \$170

BODY TREATMENTS

Our therapists combine the skin-smoothing qualities of a body scrub with the soothing elements of massage to remove dry skin, increase circulation and aid detoxification.

INDIAN SPRINGS SALT GLO

This salt scrub is a handcrafted blend of ancient sea salt and essential oils, adjusted seasonally. We follow the scrub with a hydrating Shea butter moisturizer application to seal in moisture and nourish your skin. 50 minutes, \$180

WINE COUNTRY SUGAR SCRUB

This all-natural sugar scrub is a rich blend of organic herbs and oils that exfoliate and nourish your skin. After exfoliation, a hydrating moisturizer is applied to protect and heal your newly smooth skin. 50 minutes, \$180

VERDE SALT SCRUB

California sun-evaporated sea salt is enriched with a blend of organic olive, sweet almond and jojoba oils. Enjoy the scent of basil, tomato leaf and freshly cut grass while this treatment exfoliates and moisturizes your skin. 50 minutes, \$180

CBD, COFFEE & HIMALAYAN SALT SCRUB

The entourage effect of CBD, coffee antioxidants and mineral-rich Himalayan salt alleviates problematic skin conditions, reducing inflammation and the appearance of cellulite. An application of broad-spectrum CBD lotion leaves your skin glowing and hydrated. 50 minutes, \$200

FACIALS

ALL FACIALS INCLUDE A COMPLIMENTARY BROW CLEAN UP

SIGNATURE FACIAL

Our signature facial starts with a skin analysis in order to customize your experience and address your specific needs. Deep cleansing, mild exfoliation, gentle extractions, and special serums and masks are all part of this curative treatment using Osmosis products. Whether your skin needs hydration or brightening, the transformation will be evident. Your skin will feel refreshed, revitalized and pampered. 50 minutes, \$170 | 100 minutes, \$320

OXYGEN INFUSION FACIAL

Oxygen infusion facials use the unique delivery system of hyperbaric oxygen. Moisture, vitamins and antioxidants are infused into the skin. Our estheticians will analyze your skin and prescribe condition-specific serums depending on your skin's needs. Whether hydration or brightening, your skin will receive the nourishment it needs. 50 minutes, \$205