



THE SPA

INDIAN SPRINGS HAS A LONG TRADITION OF SPA TREATMENTS USING THE HEALING WATERS AND NATURAL ELEMENTS SOURCED ON OUR PROPERTY.

We have created a spa menu that carries on the tradition of “taking the waters” in new ways along with our massage and facial treatments. All of our massage therapists and estheticians are highly trained and dedicated to embodying our core values of care and attention to our guests’ well-being.

Our spa has always been a place of rest and relaxation and now more than ever we recognize the importance of self-care. We are dedicated to providing the safest experience for our guests and our staff. We have established protocols based on the recommendations of healthcare professionals, the CDC, industry associations, and the California Department of Health. We look forward to welcoming you and insuring a safe and stress free visit.

Come ... take the waters and return often.



AVAILABLE FACILITIES

As we progress through the phases of re-opening, in conjunction with State and County guidance, certain amenities will not be available initially.

- Showers and steam rooms will not be open to clients at this time.
- Restrooms will be available for spa clients only.
- Regretfully, we will be unable to provide our communal refreshments in the lounge area at this time.
- Social distancing and facial masks are required in all areas of the spa and retail areas.

Our Buddha Pond sanctuary access may be limited in order to maintain safe social distancing.

SPA GUEST CONSIDERATIONS

- All guests are required to wear masks at all times.
- Temperature testing and health screening will be done upon entry to the spa.
- A waiver will be given to you to sign prior to treatments.

STAFF CONSIDERATIONS

- Spa staff will wear masks at all times.
- Staff will adhere to all protocols.
- All staff will have a health screening done prior to the start of their shift.

HEALTH & SAFETY CONSIDERATIONS

- HEPA/UV filters are utilized in all treatment rooms.
- We have modified booking practices to ensure social distancing and allow extra time for enhanced sanitization practices.
- Sanitizing stations are located throughout the facility.

PLEASE NOTE Spa treatments subject to change based on current California and Napa County guidelines.



INDIAN SPRINGS
CALISTOGA

MASSAGE

SIGNATURE MASSAGE

Our signature medium-pressure Swedish massage is designed to relax and rejuvenate. Using natural oils, this massage is tailored to your needs and will leave you in a state of deep relaxation and balance. Our massage therapists are professionally trained and skilled in several modalities. The foundation of our massage is Swedish, but each therapist uses other techniques based on your body's needs to create a restorative massage just for you. 50 minutes, \$170 | 100 minutes, \$340

DEEP TISSUE

Recharge your body with this firm massage designed to alleviate tension and muscular stress. Strong movements and techniques concentrate on specific areas of concern while arnica balm is incorporated for deep tension relief. 50 minutes, \$195 | Add CBD, \$220

CBD MASSAGE

Elevate your senses with a harmonious blend of active botanicals with 400 mg of broad-spectrum CBD. Indulge in the scent of lavender and sage while you relax in knowing that our CBD is paraben and THC free. 50 minutes, \$195

CBD DEEP TISSUE MASSAGE

Recharge your body with this firm massage designed to alleviate tension and muscular stress. In addition to elevate your senses, we have added a harmonious blend of active botanicals with 400 mg of broad-spectrum CBD. Our CBD is paraben and THC free. 50 minutes, \$220

MOTHERHOOD BLISS

This therapeutic massage soothes the mother-to-be by focusing on the many stressors that the body encounters during pregnancy. Our organic maternity body products are designed to offer relief, comfort and relaxation during all stages of pregnancy. We use pillows and special bolsters to ensure your comfort. 50 minutes, \$175

HAND AND SOLE MASSAGE

This is the perfect treatment for those wishing to focus "solely" on their

hands and feet. A balancing treatment using aromatic oils and calming creams to help tension and increase blood and oxygen flow. 50 minutes, \$170

BODY TREATMENTS

Our therapists combine the skin-smoothing qualities of a body scrub with the soothing elements of massage to remove dry skin, increase circulation and aid detoxification.

INDIAN SPRINGS SALT GLO

This salt scrub is a handcrafted blend of ancient sea salt and essential oils, adjusted seasonally. We follow the scrub with a hydrating Shea butter moisturizer application to seal in moisture and nourish your skin. 50 minutes, \$180

WINE COUNTRY SUGAR SCRUB

This all-natural sugar scrub is a rich blend of organic herbs and oils that exfoliate and nourish your skin. After exfoliation, a hydrating moisturizer is applied to protect and heal your newly smooth skin. 50 minutes, \$180

VERDE SALT SCRUB

California sun-evaporated sea salt is enriched with a blend of organic olive, sweet almond and jojoba oils. Enjoy the scent of basil, tomato leaf and freshly cut grass while this treatment exfoliates and moisturizes your skin. 50 minutes, \$180

CBD, COFFEE & HIMALAYAN SALT SCRUB

The entourage effect of CBD, coffee antioxidants and mineral-rich Himalayan salt alleviates problematic skin conditions, reducing inflammation and the appearance of cellulite. An application of broad-spectrum CBD lotion leaves your skin glowing and hydrated. 50 minutes, \$200

FACIALS

ALL FACIALS INCLUDE A COMPLIMENTARY BROW CLEAN UP

SIGNATURE FACIAL

Our signature facial starts with a skin analysis in order to customize your experience and address your specific needs. Deep cleansing, mild exfoliation, gentle extractions, and special serums and masks are all part of this curative

treatment using Osmosis products. Whether your skin needs hydration or brightening, the transformation will be evident. Your skin will feel refreshed, revitalized and pampered. 50 minutes, \$170 | 100 minutes, \$320

TEEN CLEAN FACIAL

This facial is a specialized experience targeting teens' specific skincare concerns. Our esthetician performs an analysis to determine skincare needs and offers tips on maintaining luminous skin throughout adulthood. Using products suited for your skin, this facial includes light exfoliation, extractions (if necessary) and a specialty mask. The result is naturally beautiful, glowing, youthful skin. 50 minutes, \$170

GENTLEMAN'S FACIAL

Using botanic products designed for men, this targeted, solution-based, cleansing and exfoliating treatment will leave skin feeling soft and smooth. 50 minutes, \$170

ADD ON TO ANY FACIAL

Lip Wax \$20 | Chin Wax \$20

NEW TO FACIALS

Complimentary target area infrared light therapy

BACK FACIAL

Give your back the attention it deserves! Your customized back facial begins with a deep cleanse to remove impurities; applied hot towel compresses will soothe muscles and soften pores. A thorough exfoliation is followed by careful extractions getting to those hard-to-reach spots. Relaxing back massage and a therapeutic mask are included in your treatment. 50 minutes, \$170

PLEASE NOTE This treatment the client will be face down throughout the treatment. Not recommended for sunburned skin.

GRATUITIES for your provider(s) may be added to your spa bill upon check out.

CANCELLATION POLICY Appointments must be cancelled 24 hours in advance of your scheduled appointment to avoid nonrefundable charges.