

Robb Report

With the frenzied holiday rush behind us, relaxation is high on the New Year's to-do list. Craving a reset? There's a glittering array of new and renovated spas with ancient practices, cutting-edge techniques, and tailored rituals from beloved brands (Guerlain, anyone?) to get you back on the wellness track. From the urban sprawl of big cities like New York and Los Angeles to out-of-the-way pockets in Big Sur and Napa Valley, these 10 destination spas should be high on your R&R list for 2018.

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The Dewberry Spa



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Charleston's Dewberry hotel launched the [Dewberry Spa](#) last summer, bringing the wellness credentials of spa and skincare guru Lydia Mondavi to the South for the first time. The five-treatment-room spa is filled with Lowcountry delights, from the cypress walls and floral wallpaper to treatments that draw on local botanicals, including the native dewberry plant (known for its anti-inflammatory properties). Don't miss the Carolina Cocoon, featuring a blended mask and scalp and neck treatment.