Massages

## Cielo Massage

A restorative experience tailored to your individual needs. Your customized therapeutic massage will focus on relaxation and relief of muscle tension.

55 Minutes \$145 / 85 Minutes \$190 Add aromatherapy \$10

## Cielo Couples Massage

Not just for couples! Relax side by side with a significant other, close friend or family member while two therapists perform simultaneous massages.

55 Minutes \$300 / 85 Minutes \$390 Add aromatherapy \$10

## Santa Fe Stone Balancing

Our warm stone massage initiates a profound state of relaxation and grounding. Combing stones with massage will offer deeper pressure, increased circulation and healing warmth to support balance in body, mind and spirit.

80 Minutes \$200

# Neck & Shoulder Massage

A targeted stress relieving treatment focused on the upper back and neck. Effective on its own or a perfect addition to any of our other services.

25 Minutes \$100 (fully clothed)

# East Indian Massage

Traditional "Abhyanga" massage with soothing, rhythmic strokes stimulates the lymph and calms and balances the nervous system for a replenished sense of well-being.

Warm aromatic oil will compliment your "dosha" body type.

55 Minutes \$190

# Spa Rituals

#### Land of Enchantment

Begin your spa ritual with an aromatic mineral replenishing body polish to awaken and smooth your skin. This is followed by a nurturing warm stone massage, relaxing to your deepest core.

115 Minutes \$275

## **Healing Earth**

Our healing package opens with a calming lavender foot bath. After a light body brushing to exfoliate the skin and stimulate the lymph, the ritual continues with a detoxifying and purifying ancient volcanic clay body mask infused with harmonizing and soothing oils of lavender and sandalwood. A customized massage completes this healing ritual.

115 Minutes \$265

# Sacred Indulgence

Indulge your spirit in the sacred scents of the high desert. Your treatment begins with an aromatic cedar, wild sage body polish to exfoliate and sooth dry, dehydrated skin. Following this, we apply a hydrating body mask blended with oils of juniper, pinon and cedar to regenerate and further nourish parched skin. A full body massage completes this sacred journey.

115 Minutes \$265

# White Sage

The relaxing power of massage combined with the ceremonial scent of native sage will clear away travel fatigue and stress. Special attention is given to tired feet with a concentration on reflexology points. Our sage infused herbal wrap grounds and detoxifies, allowing you to enrich your Southwest experience.

115 Minutes \$265

#### Wind & Mountain

Purify and restore with the rebalancing elements of nature and massage. Your treatment will begin with a gently exfoliating body scrub of your choice, then finish with a therapeutic massage. Emerge feeling radiant from head to toe.

Choose one:

Lavender Mineral Salt Scrub

Brown Sugar Scrub

85 Minutes \$205

## Squash Blossom Body Scrub & Wrap

Reflexology

A powerfully effective way to exfoliate and soften skin. We use our brown sugar scrub to restore smoothness, then we apply a vitamin-rich pumpkin mask. You are warmly wrapped allowing the products to further replenish your whole body.



An ancient healing art focusing on your feet and lower legs. Emphasis is on reflex points using a traditional wooden tool, along with a combination of stretching and massage, to stimulate and increase energy flow throughout your entire body.

55 Minutes \$145

#### Moccasin Dance

Relieve aching and tired feet with this treatment. Attention given to specific pressure points will activate your body's healing energy, the result is deeply restorative.

25 Minutes \$100



# **Epicuren Signature Facial**

Often described as a natural face-lift, this facial utilizes a unique enzyme that stimulates cell metabolism to improve your skin's appearance. The result is a glowing and radiant complexion.

60 Minutes \$170 / 90 Minutes \$200

### Ultimate Anti-Oxidant Facial

This facial combines the age-fighting ingredients of Alpha Lipoic Acid, vitamin A, C, E and Hyaluronic Acid leaving your skin infinitely more youthful. These super anti-oxidants are deeply absorbed into the skin with a unique Silver Ion Mask.

60 Minutes \$160

## **Pumpkin Spice Facial**

The perfect treatment for addressing acne, hyperpigmentation, fine lines and wrinkles. This facial will promote a brighter younger appearance.

60 Minutes \$160

# High Altitude Hydrating Facial

Incorporate natural elements to produce soothing skinquenching results. Featuring Noni Fruit, which has outstanding anti-oxidant benefits. This facial's key ingredients build the health of the skin.

60 Minutes \$160

# White Sage Men's Facial

A deep cleanse and clay mask refreshes and revitalizes your skin. Stress and tension are massaged out of your neck, shoulders and scalp with our White Sage Purifying Oil.

60 Minutes \$160

# **Facial Waxing**

Waxing services only available with a facial treatment. Chin, Lip, Brow \$20 Each