

THE SPA AT HOTEL CONTESSA



HOURS
WEDNESDAY - SUNDAY | 10 AM - 6 PM

RESERVATIONS
210-298-8038 | SPA@THEHOTELCONTESSA.COM

GETTING BACK TO THE GOODNESS OF LIFE

The Spa at Hotel Contessa is your gateway to transformational wellness. We offer a wide range of inventive treatments in a tranquil setting from the top floor of San Antonio's crown jewel on the riverwalk, Hotel Contessa.



CONTESSA SIGNATURE SERVICES

CONTESSA SIGNATURE MASSAGE

80 min | \$220

Ease away the day's stresses and strains and bring body and mind back into balance. As you indulge in this relaxing treatment, you'll feel stress and tension melt away.

CONTESSA JEWEL

100 min | \$310

Enjoy our most popular combination of 50 minutes of coconut quench body wrap or dry brush exfoliation and moisturizing treatment ending with 50 more minutes of our signature Contessa massage. Indulge in the ultimate relaxation spa experience to leave you feeling like royalty.

CONTESSA SIGNATURE FACIAL

80 min | \$220

Pure, active cold-pressed botanical extracts and cutting-edge natural cosmeceuticals combine in this revolutionary facial to help moisturize, soothe, nourish, improve skin tone and texture and fight the appearance of fine lines and wrinkles for unparalleled results.

MASSAGES

SWEDISH MASSAGE

Promotes relaxation, enhances circulation, relieves muscle pain and tension, improves flexibility and stimulates lymphatic flow to flush out toxins.

50 min | \$150
100 min | \$300

STONE MASSAGE

Warm, Himalayan salt stones are used as an extension of the therapist's hands with organic coconut oil to increase blood circulation, reduce inflammation, induce relaxation and may help improve sleep.

50 min | \$150
100 min | \$300

DEEP TISSUE MASSAGE

Everything you'll need to recover from chronic stress and sore muscles. Our healing massage focuses on easing overused muscles, reducing inflammation and promoting healing. Perfect for post-workout, long flights or a stressful day.

50 min | \$150
100 min | \$300

MOTHER-TO-BE MASSAGE

Pamper, relieve tension, reduce swelling, improve circulation and any discomforts associated with pregnancy. An organic coconut oil is used which may help reduce the appearance of stretch marks. *Must be out of the first trimester.

50 min | \$150
100 min | \$300

HERBAL CBD MASSAGE

Elevate your journey with the regenerative properties of CBD and active botanicals with a luxurious blend of nutrient rich oils and therapeutic plant extracts, infused with water-soluble CBD to elevate your mind and body to pure bliss. Immediate relief from aches, pains, sore muscles, arthritis, sprains, strains, and inflammation.

50 min | \$150
100 min | \$300

REFLEXOLOGY

An ancient Chinese technique that uses pressure-point massage on the feet to restore the flow of energy throughout the entire body while alleviating stress and reclaiming balance

50 min | \$150

FACIALS

REGAL RADIANCE

Enjoy a powerful antioxidant customized treatment that combines active vitamin C, natural fruit acids, botanical extracts and coenzymes to brighten skin, noticeably improve tone and texture, and minimize the appearance of fine lines and wrinkles to leave skin noticeably radiant, hydrated, and glowing.

50 min | \$150

ROYAL BEAUTY HYDRAFACIAL RITUAL

This intensive, advanced treatment soothes and invigorates, creating a lasting glow with no discomfort or downtime. This treatment combines the elements of a peel with a wet microdermabrasion to extract pores with a gentle vortex suction. Exfoliate away the dry dead layer of skin at the surface, taking your skin from dull to glowing. Antioxidants, hydraulic acid and peptides nourish, protect, and hydrate your skin leaving you with a radiant new youthful appearance.

30 min | \$175

50 min | \$250

MAKE LIKE NEW

A synergistic harmony of orchid stem cells, mineralized glacier tonics and cold pressed oils to reduce signs of aging skin while improving tone and texture.

50 min | \$150

BLUE POPPY

The facial begins with a signature opening relaxation ritual—a deep cleanser—and includes highly-mineralized Argentière ice cap water, carrot seed oil, cocoa butter, black cumin seed oil, Kakadu plum extract and the unique raspberry seed, avocado, kaolin, and pumice dual mask/gommage treatment to gently exfoliate and nourish, leaving skin glowing.

50 min | \$150

A WALK IN THE WOODS

This facial includes a physical and enzymatic face polish with papaya, raspberry, and mushroom enzymes as well as blue poppy seeds to remove dead skin cells and brighten skin gently and effectively. Cutting-edge peptides, kombucha, tea extracts, and wide variety of natural ingredients will leave skin vibrant, hydrated, and glowing.

50 min | \$150

BODY TREATMENT

COCONUT QUENCH

Rejuvenate and restore dry skin or skin overly exposed to the sun. This treatment begins with a full body bamboo dry brush exfoliation, followed by a hydrating organic coconut oil application. The dry brush is yours to keep continuing your wellness journey at home.

50 min | \$160

ENHANCEMENTS

REVITAL EYES

Awaken tired and fatigued under-eyes in minutes! Our eye treatment technique featuring the use of cold stones to hydrate, brighten, and tone. Perfect choice to alleviate under-eye puffiness, pigmentation, dryness, fine lines, and wrinkles.

\$25

STEAM & EXTRACTIONS **Facials Only*

Add a deep cleansing treatment to your favorite facial. This detoxifying cure includes a pre-treatment with meticulous extractions to purify your skin and provide it with a luminous appearance.

\$25

AYURVEDIC SCALP TREATMENT & MASSAGE

Healing technique involving a gentle massage in alignment with the anja chakra. Stimulate hair growth, strengthen hair follicles and nourish the scalp leaving healthy, smooth and strikingly shiny hair.

\$25

DRY BRUSHING TREATMENT **Massage Only*

Promotes skin renewal and other benefits including cellulite reduction, lymphatic drainage, skin tightening, and boosting circulation. The dry brush is yours to keep continuing your wellness journey at home.

\$25

SPA REMINDERS

ARRIVAL

Please arrive 15 minutes prior to the start of your treatment experience.

AGE

All guests must be eighteen years or older to enjoy spa services.

COURTESY

The Spa at Hotel Contessa is a technology free environment to ensure we offer a serene wellness experience for every guest. Please place cell phones on silent during your service. For the privacy of our guests, please refrain from using electrical devices or cameras inside the relaxation room.

ATTIRE

For your comfort, robes and slippers are available for you during your wellness experience.

PRICING

Prices are exclusive of tax and for your convenience will be assessed a 23% service charge. All pricing is subject to change.

CANCELLATION POLICY

We kindly request that any changes or cancellations to your treatment experience be made (24) hours in advance of your appointment in order to avoid penalties. Any cancellations made inside of (24) hours prior to scheduled treatment time will be assessed a cancellation penalty equal to 100% of the scheduled treatment cost.

HEALTH

A consultation is conducted prior to your treatment. Please inform our spa professionals of any health concerns or current ailments you may be experiencing.

GIFT CARDS

Please ask about our gift card options, which are perfect for any occasion.

GROUP AND PRIVATE PARTIES

The Spa can service groups of up to eight guests for private events. Available upon request.