



# BOARD & BARREL

• BREAKFAST •

301 N WATER ST  
Wilmington, NC

## SHAREABLES

	\$
1. VANILLA HONEY YOGURT PARFAIT layered fresh seasonal berries, house granola.....	6
2. FRESH SEASONAL FRUIT PLATE seasonal selection of chef's choice.....	6
3. STONE ROLLED OATS fresh seasonal berries, brown sugar, pecans, raisins, almond milk.....	8
4. MINI CHEDDAR BISCUITS with country ham.....	8
5. NOLA BEIGNETS tossed in powdered sugar.....	10
6. AVOCADO TOAST* two eggs (your way), grilled wheat berry bread, grilled tomato, fresh avocado spread.....	10

## PRINCIPALS

1. BUTTERMILK CAKES powdered sugar, butter, warm syrup (add sliced bananas, strawberries or chocolate chips \$2).....	8
2. BISCUITS & GRAVY jumbo fluffy biscuits smothered in housemade country gravy.....	9
3. CHICKEN & WAFFLE fresh-malted waffle, golden-brown chicken, bacon jam, cayenne pepper maple syrup.....	10
4. BREAKFAST QUESADILLA* scrambled eggs, chorizo, peppers, onion, blended cheeses in a jalapeño wrap.....	10
5. HIPPIE HASH shredded potatoes, kale, spinach, mushrooms, tomatoes, feta cheese.....	10
6. CHEF'S HASH* local brown ale braised corned beef, red potatoes, peppers, onions, two poached eggs.....	12
7. B&B BREAKFAST* two eggs (your way), bacon or sausage, hash browns, toast or biscuit.....	12
8. BLACKENED SHRIMP & SMOKED GOUDA GRITS diced tomatoes, green onions.....	14.5
9. CREOLE CREAMED EGGS & LOCAL SHRIMP* over an English muffin, hash browns.....	14.5

a sampling of our breakfast buffet items

## BREAKFAST BUFFET

items may vary per the day of the week

EGGS COOKED TO ORDER\*

BISCUIT BAR

DEVEILED EGGS, CHEF'S CROSTINI

SMOKED SAUSAGE, BACON

NOLA BEIGNETS

SLICED FRUITS AND MELON

BAGELS WITH ASSORTMENT OF CREAM CHEESES

BREAKFAST BREADS, PASTRIES, MUFFINS, PECAN CINNAMON ROLLS



## SIDES

BISCUIT/CHEDDAR BISCUIT .....	2/2.5	CEREAL with milk .....	5
TOAST/BAGEL .....	2/3	COUNTRY HAM .....	5
EGGS COOKED TO ORDER* .....	3	FRESH FRUIT .....	5
GRITS .....	3	BACON OR SAUSAGE.....	5
HASHBROWNS .....	3		

\*asterisk denotes items that contain raw ingredients or can be cooked to order  
consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

we proudly feature locally sourced product and micro greens grown on site

WE RESERVE THE RIGHT TO ADD 20% GRATUITY TO PARTIES OF 8 OR MORE