

GUIDE TO FUN & ADVENTURE

WEEKLY ACTIVITIES - April 16-22, 2018

Mon, Apr 16	Tues, Apr 17	Wed, Apr 18	Thu, Apr 19	Fri, April 20	Sat, Apr 21	Sun, Apr 22
6a-8p Daily Buzz Brainteasers <i>Grab & Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab & Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab & Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab & Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab & Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab & Go</i>	6a-8p Daily Buzz Brainteasers <i>Grab & Go</i>
9a Power Walk <i>Elements Wellness Center</i>	8a Hatha Yoga <i>Elements Wellness Center</i>	8:30a Morning Stretch <i>Elements Wellness Center</i>	8a Hatha Yoga <i>Elements Wellness Center</i>	9a Desert Walk <i>Elements Wellness Center</i>	8a Zumba <i>Elements Wellness Center</i>	8:30a Desert Family Hike <i>Elements Wellness Center</i>
11-1p Poolside Games	11-1p Poolside Games	11-1p Poolside Games	9a Zumba <i>Elements Wellness Center</i>	11-3p Poolside Games	9a-9p El Con Kids Club* <i>Reservations req.</i>	9a-1p El Con Kids Club* <i>Reservations req.</i>
4-6p Colibri Social Hour*	2:30p Non-Impact Aerobics <i>Elements Wellness Center</i>	3p Zumba <i>Elements Wellness Center</i>	10a Non-Impact Aerobics <i>Elements Wellness Center</i>	3-6p Poolside Taco Bar*	11-3p Poolside Games	11-3p Poolside Games
	3-6p Poolside Taco Bar*	4-6p Colibri Social Hour*	11a Yoga <i>Elements Wellness Center</i>	5-9p El Con Kids Club* <i>Reservations req.</i>	3-6p Poolside Taco Bar*	
	3:30p Yoga <i>Elements Wellness Center</i>	4-7p Artist Reception <i>Artist Nest</i>	11-1p Poolside Games	5:30p Native Flute with Larry Redhouse <i>Main Courtyard</i>	5:30p Native Flute with Larry Redhouse <i>Main Courtyard</i>	
	4-6p Colibri Social Hour*	5:30p Native Flute with Larry Redhouse <i>Main Courtyard</i>	12p Meditation <i>Elements Wellness Center</i>	6-9p Live Music: Pianist Sly Slipetsky <i>Colibri Lounge</i>	6-9p Live Music: Pianist Sly Slipetsky <i>Colibri Lounge</i>	
	4:30p Meditation <i>Elements Wellness Center</i>		4-6p Colibri Social Hour*			
	5:30p Native Flute with Larry Redhouse <i>Main Courtyard</i>		5:30p Native Flute with Larry Redhouse <i>Main Courtyard</i>			

**MIERA
DESIGNS**

Presents:
Watercolor Student's Art Work

Beginner & Advanced

El Conquistador Artist's Nest

April 19-30

2018

1-520-256-5829

Featured Artist of the Month

Miera Designs
Watercolor

This collection of work can be seen in our Artist's Nest, located just down the main hall from the Tech Lounge, open 9am to 9pm daily.



**EL CONQUISTADOR
TUCSON**
A HILTON RESORT

All activities may be affected by weather and other unforeseen circumstances.
The Hilton Tucson El Conquistador reserves the right to change or cancel any schedule event without notice.
Activities are included in resort fee unless otherwise noted; fees subject to change without notice.

*Additional charges apply.

Resort Dining

Sundance Café – Serving casual American cuisine for breakfast, lunch and dinner. *Ext. 1700*

Open daily 6:30am-1:30pm and 5-9:30pm

Epazote Kitchen & Cocktails – Whether you're a seasoned connoisseur of Southwest cuisine, or a curious adventurer, you'll be treated to a fresh, inspiring experience every time you walk through our doors. *Ext. 1705*

Open nightly 5-10pm

Colibri Lobby Lounge – Sip on one of our signature cocktails while enjoying a selection of gastropub favorites. *Ext. 1757*

Open daily 10am-midnight
Social Hour daily 4-6pm

Desert Springs Bar & Grill – Enjoy your favorite beverage and relaxed poolside dining. *Ext. 1187*

Open daily 11am-5pm

Grab & Go – For a morning Starbucks, breakfast sandwich or anytime salad or sandwich, try our new lobby outlet for a quick bite, snack or beverage. Wine and beer also available. *Ext. 1596*

Open daily 6am-8pm

In-Room Dining – Unwind, relax and enjoy a meal in the comfort and privacy of your room.

Ext. 1717

Available daily 6am-11pm

Resort Pools

Desert Springs Oasis – With our mild Tucson weather, you can enjoy our Desert Springs Oasis any time of year.

Daily Hours:

Main Pool 8am-10pm

Hot & Cold Springs 8am-10pm

Slide Rock 10am-5pm

Shallow Springs 10am-5pm

Acacia Pool – Offering a serene retreat from the hustle and bustle of the outside world, our adults-only Acacia Pool offers a quiet, scenic area for guests to relax and unwind.

Open daily 8am-10pm

Well-Being

Elements Wellness Center

Spa Treatments – Relax and rejuvenate at the Spa at Elements Wellness Center. Call the spa desk to make a reservation or to inquire about spa treatments and seasonal specials. Services include massages, body treatments and energy treatments.

Open daily 8am-7pm

Call ext. 1260 for more information or to book an appointment.

Daily Window to Wellness

Enjoy our many fitness classes to get you started or to continue on a journey to wellness.

Complimentary with resort fee. Children ages 16-18 years may participate with parental permission; children under age 16 must be accompanied by a parent or guardian. Please remember to bring water, wear a hat and sunscreen and wear appropriate shoes.

Fitness Center – Our state-of-the-art facility includes weights and cardio equipment by Life Fitness. The fitness center is located in Elements Wellness Center.

Open daily 24 hours with room key; complimentary use with resort fee.

Recreation

Bike Rentals – Bicycles are available for use for 1 or 2 hours during Elements Wellness Center hours starting at 8am. Last available rental time is 5pm, for return by 7pm.

2-hour rental complimentary with resort fee.

Hiking – Miles of paths take you through the beautiful high-desert landscape. Plus, there are hiking trails that enter the adjacent national forest.

See Concierge for maps

Horseback Riding – Enjoy the fresh mountain air and get a real taste of the old West with a trail ride from El Conquistador's newest adventure! With an 18-horse stable located on property, you're just a stroll away from a memorable activity you'll be talking about forever.

Call 928.856.0145 to book your ride or lesson.

Kids Club – Half day, full day or by the hour, our team has endless activities for guests ages 4-12. Kids Club reservations must be made at least 24 hours in advance of requested time.

Call 520.544.1186 for details.