GUIDE TO FUN ? ADVENTURE

NDEPENDENCE DAY WEEKEND ACTIVITIES | June 29-July 4

Fri, June	29
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- 6a-8p Daily Buzz Brainteasers Grab & Go
- Power Walk Elements Wellness Center
- 11am Pool Yoga Main Pool
- 11-3p Poolside Games Main Pool
- Poolside Taco Bar*
- El Con Kids Club* Reservations req.
- 5:30p Native Flute with Larry Redhouse Main Courtyard
- Live Music: Pianist Sly Slipetsky Colibri Lounge
- Dusk S'mores* Desert Springs
- Dusk Dive-In Movie: Main Pool

Sat, June 30

- 6a-8p Daily Buzz Brainteasers Grab & Go
- 9a-9p El Con Kids Club* Reservations req.
- 11-5p Poolside DJ & Games Main Pool
- Cookie Baking* 12p See Front Desk for reservations
- Weird Science Workshop for Kids* See Front Desk for reservations
- Poolside Taco Bar*
- Painting Workshop* Desert Shadow Box Call 520.422.2000 for reservations
- 5:30p Native Flute with Larry Redhouse Main Courtyard
- 6-9p Live Music: Pianist Sly Slipetsky Colibri Lounge
- Dusk S'mores* Desert Springs
- Dusk Dive-In Movie: Main Pool
- 8-10p Stargazing Main Courtyard

Sun, July 1

- 6a-8p Daily Buzz Brainteasers Grab & Go
- 9a-1p El Con Kids Club* Reservations req.
- DIY Body Scrub* See Elements Spa for reservations
- 10-2 Holiday Carnival* Coronado
- 11-3p Poolside DJ & Games Main Pool
- Dusk S'mores* **Desert Springs**
- Dusk Dive-In Movie: Main Pool

Mon, July 2

- 6a-8p Daily Buzz Brainteasers Grab & Go
- Power Walk Elements Wellness Center
- 11-2p Poolside Games Main Pool
- 4-6p Colibri Social Hour*

Tues, July 3

6a-8p	Daily Buzz
	Brainteasers
	Grab & Go

- 8
- 1:
- 1
- 31
- 4-
- 41
- 5: Main Courtyard

Sa-8p	Daily Buzz Brainteasers <i>Grab & Go</i>	6a-8p	Daily Buzz Brainteasers <i>Grab & Go</i>
Ba	Yoga Elements Wellness Center	8:30a	Morning Stretch Elements Wellness Center
l1a	DIY Body Scrub* See Elements Spa for reservations	10-2p	Holiday Carnival* Coronado
l1-2p	Poolside Games Main Pool	11-2p	Poolside Games Main Pool
Вр	Yoga Elements Wellness Center	3p	Zumba Elements Wellness Center
l-6p	Colibri Social Hour*	4-6p	Colibri Social Hour
lp	Meditation Elements Wellness Center	5:30p	Native Flute with Larry Redhouse <i>Main Courtyard</i>
5:30p	Native Flute with Larry Redhouse Main Courtyard	7:30- 10p	Firework Viewing Front Lawn Food & Drinks* available for sale



Resort Dining

Sundance Café – Serving casual American cuisine for breakfast, lunch and dinner. *Ext.* 1700

Daily Hours:

Breakfast 6:30-11am

Lunch 11am-1:30pm

Dinner 5-9:30pm

Epazote Kitchen & Cocktails -

Whether you're a seasoned connoisseur of Southwest cuisine, or a curious adventurer, you'll be treated to a fresh, inspiring experience every time you walk through our doors. *Ext.* 1705

Open nightly 5-10pm

Colibri Lobby Lounge – Sip on one of our signature cocktails while enjoying a selection of gastropub favorites. *Ext.* 1757

Open daily 10am-midnight Social Hour daily 4-6pm

Desert Springs Bar & Grill -

Enjoy your favorite beverage and relaxed poolside dining. *Ext.* 1187

Open daily 11am-5pm

Grab & Go – For a morning Starbucks, breakfast sandwich or anytime salad or sandwich, try our new lobby outlet for a quick bite, snack or beverage. Wine and beer also available. *Ext.* 1596

Open daily 6am-8pm

In-Room Dining – Unwind, relax and enjoy a meal in the comfort and privacy of your room. *Ext.* 1717

Available daily 6am-11pm

Resort Pools

Desert Springs Oasis – With our mild Tucson weather, you can enjoy our Desert Springs Oasis any time of year.

Daily Hours:

Main Pool 8am-10pm

Hot & Cold Springs 8am-10pm

Slide Rock 9am-7pm

Shallow Springs 9am-7pm

Acacia Pool – Offering a serene retreat from the hustle and bustle of the outside world, our adults-only Acacia Pool offers a quiet, scenic area for guests to relax and unwind.

Open daily 8am-10pm

Well-Being

Elements Wellness Center

Spa Treatments – Relax and rejuvenate at the Spa and Fitness Center at Elements Wellness Center. Call the spa desk to make a reservation or to inquire about spa treatments and seasonal specials. Services include massages, body treatments and energy treatments.

Open daily 8am-7pm

Call ext. 1260 for more information or to book an appointment.

Daily Window to Wellness -

Enjoy our many fitness classes to get you started or to continue on a journey to wellness.

Complimentary with resort fee. Children ages 16-18 years may participate with parental permission; children under age 16 must be accompanied by a parent or guardian. Please remember to bring water, wear a hat and sunscreen and wear appropriate shoes.

Fitness Center – Our state of the art fitness center includes weights and cardio equipment by Life Fitness. The fitness center is located in Elements Wellness Center.

Open daily 24 hours with room key; complimentary with resort fee.

Recreation

Bike Rentals – Bicycles are available for use for 1 or 2 hours during Elements Wellness Center hours starting at 8am. Last available rental time is 5pm, for return by 7pm.

2-hour rental complimentary with resort fee.

Hiking – Miles of paths take you through the beautiful high-desert landscape. Plus, there are hiking trails that enter the adjacent national forest.

See Concierge for maps

Horseback Riding – Enjoy the fresh mountain air and get a real taste of the old West with a trail ride from El Conquistador's newest adventure! With an 18-horse stable located on property, you're just a stroll away from a memorable activity you'll be talking about forever.

Call 928.856.0145 to book your ride.

Kids Club – Half day, full day or by the hour, our team has endless activities for guests ages 4-12. Kids Club reservations must be made at least 24 hours in advance of requested time.

Call 520.544.1186 for details.